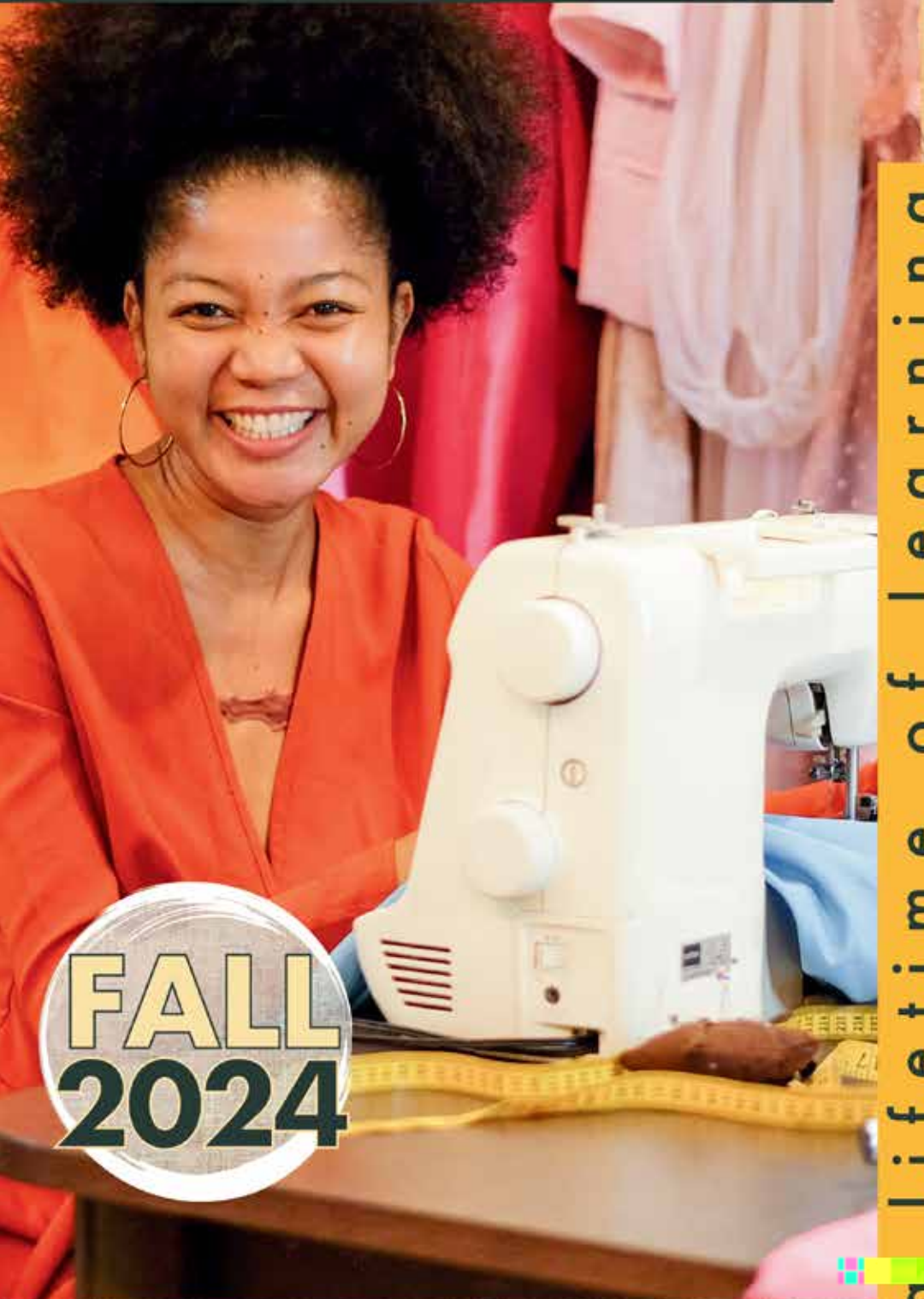


# LAVC

## COMMUNITY SERVICES



**FALL  
2024**

a lifetime of learning



LOS ANGELES  
VALLEY COLLEGE




818-947-2577 x4172

<https://lavalley.augusoft.net>





BUSINESS  
FITNESS  
HEALTH & WELLNESS  
LANGUAGES  
PERFORMING ARTS  
**AND MORE...**

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# DIRECTORY OF COURSES AND PROGRAMS

## ACTING & PERFORMING ARTS

Introduction to Voiceover.....	P. 8
Beginning Improv.....	P. 8
Learn to Read Popular Music.....	P. 8

## ARTS & CRAFTS

3D Hand Embroidery.....	P. 9
Acrylic Pouring Painting.....	P. 10
Basics of Sewing.....	P. 8
Balloon Twisting.....	P. 9
Bath Products.....	P. 9
Candle Making.....	P. 9
Cold Process Soap Making.....	P. 9
Create a Giving Plate.....	P. 11
Dia De Los Muertos.....	P. 10
Henna Art.....	P. 9
Holiday Hair.....	P. 11
Make-Up Workshop.....	P. 9
One Stroke Painting.....	P. 10
Painting with Acrylic.....	P. 10
Painting with Watercolor.....	P. 10
Photography.....	P. 10
Soap Making.....	P. 9
Special Effects.....	P. 10

## BUSINESS & CAREER TRAINING

Blogging For Fun and Profit.....	P. 15
Build an App Business.....	P. 15
Content Creation.....	P. 15
DMV Auto Wholesaler from Home.....	P. 13
E-Commerce Marketing.....	P. 16
Electric Vehicle Charging Station.....	P. 13
How to Write with AI.....	P. 15
Introduction to Internet Marketing.....	P. 15
Landlords: The Basics.....	P. 12
Landlords: Finances.....	P. 12
Landlords: Get Organized.....	P. 12
Landlords: Gain Profits.....	P. 12
Landlords: Move-In/Out Process.....	P. 13
Landlords: The Perfect Tenant.....	P. 12
Making Better Presentations.....	P. 15
Marketing with Social Media.....	P. 16
Medical Billing & Coding Series.....	P. 14
Notary Loan Signing Agent.....	P. 11
Notary Public.....	P. 11
Solar Design & Installation.....	P. 13
YouTube: Creating Channels.....	P. 16

## CLASSES FOR KIDS

Babysitter Training.....	P. 16
Home Alone.....	P. 16
Monarch Camps.....	P. 28-31
Spanish Language for Kids.....	P. 22
Swimming (Youth).....	P. 27
Tennis (Youth).....	P. 19
Young Learner's Writing & Grammar.....	P. 17
Young Learner's Math.....	P. 17

## COOKING

Cake Decorating.....	P. 17
----------------------	-------

## DANCE

Ballet.....	P. 18
Country Western Line Dance.....	P. 18
Not Strictly Country Line Dance.....	P. 18
Salsa.....	P. 18
Scottish Dance.....	P. 25
Swing.....	P. 18

## EXERCISE, SPORTS, & FITNESS

Fitness For Life.....	P. 20
Restorative Yoga.....	P. 20
Stretch & Tone.....	P. 20
Tennis.....	P. 19
Zumba Gold.....	P. 18

## FIRST AID, HEALTH, WELLNESS

Acupressure & Homeopathy.....	P. 21
CPR/AED.....	P. 20
First Aid.....	P. 20
Food For Life.....	P. 21

## LANGUAGES

Italian.....	P. 21
Spanish.....	P. 22

## MUSIC

Beginning Guitar.....	P. 23
Harmony Singing.....	P. 23
Jazz Guitar.....	P. 23
Ukulele.....	P. 23

## OPEN RECREATION

Badminton.....	P. 25
Climbing Wall.....	P. 31
Gymnastics.....	P. 31
Lap Swimming.....	P. 25

## PERSONAL ENRICHMENT

Act 3: The New Retirement.....	P. 23
Caregiving Made Simple.....	P. 23
Earthquake Preparedness.....	P. 24
Emotional Intelligence.....	P. 24
Live, Work, & Retire Abroad.....	P. 24
Self-Publish Your Book.....	P. 24
Tarot Card Reading.....	P. 24
Turn Your Story Into a Book.....	P. 24

## SWIMMING & AQUATICS

Adult Beginning/Intermediate Swim.....	P. 26
Aqua Fit.....	P. 26
Aqua HIIT.....	P. 26
Private Swim Lessons.....	P. 27
Small Group Lessons.....	P. 27
Water Aerobics.....	P. 26

# DIRECTORY OF COURSES AND PROGRAMS

## GENERAL INFORMATION

ADA Information .....	P. 6
Campus Map & Driving Directions.....	P. 7
Disclaimer Policy .....	P. 5
General Information.....	P. 4-7
Refund Policy .....	P. 4



Community Services  
LOS ANGELES VALLEY COLLEGE

## REFUND POLICY

There will be a \$10 charge for each refund OR transfer requested. Refund or transfer requests may be granted if presented in writing at least 5 working days before the first class meeting unless otherwise noted. Please choose classes carefully, as refunds, transfers or credits CANNOT be granted once a class has begun. Refunds or credits WILL NOT be issued for absences or late registrations. If you miss some meetings of a class you cannot make them up in another class. Refunds are not made on the basis of not receiving a confirmation.

Aquatics classes and lessons are offered rain or shine unless: a) It is raining so hard that the bottom of the pool is not visible, b) There is lightning in the immediate vicinity, or c) It is so cold that ice forms on the pool deck. If these conditions are not present and you decide to not attend a swim class or lesson due to inclement weather, there will be no refund, make-up lesson or credit granted.

Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, NO REFUND will be given.

The Community Services Program is not responsible for lost or misdirected mail. There will be a \$10 charge to change a class. If you paid by credit card, your account will be credited. Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, NO REFUND will be given.

## PARKING INFORMATION

Please visit the Community Services website to get the latest updates on parking information.

## REGISTER EARLY

Minimum enrollment is necessary to maintain each class. Unless the minimum is reached before the first meeting of the class, it will be canceled. Some classes fill rapidly and the maximum may be reached before the final registration date. A \$2 per class nonrefundable registration fee as mandated by the Board of Trustees at their Dec. 11, 1985 meeting, is included in class fees.

## SUPPLY AND MATERIAL FEES

Please be aware that some Community Services classes have additional supply, handout or book fees. You MUST purchase the supplies necessary to take the class at the time you register. Supply fees are paid to the Community Services Department. You WILL NOT be able to participate in class unless you purchase the supplies. You will receive the supplies at the first class. Supply fees will only be refunded if class is canceled or the student withdraws from class at least 5 days prior to class start date.

## ATTENDING FIRST SESSION

Preregistration is required for all classes and workshops. If you register late, you must show your receipt to the teacher at the first class meeting. The teacher will verify the program number, date and the student's name. Keep your receipt. Only persons with an appropriate receipt will be considered.

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 818-947-2577 x4172



# REGISTRATION INFORMATION

## LOS ANGELES COMMUNITY COLLEGE

### BOARD OF TRUSTEES

Nichelle Henderson, President (Seat No. 5)  
Kelsey K. Iino, 1st Vice President (Seat No. 7)  
Sara Hernandez, 2nd Vice President (Seat No. 4)  
David Vela, Member of the Board (Seat No. 3)  
Gabriel Buelna, Ph.D., Member of the Board (Seat No. 6)  
Steven F. Veres, Member of the Board (Seat No. 2)  
Andra Hoffman, Member of the Board (Seat No. 1)  
Ambyr C. Baham, Student Trustee

### DISTRICT ADMINISTRATION

Dr. Francisco C. Rodriguez, Ph.D, Chancellor  
Dr. Kathleen Burke, Interim Deputy Chancellor  
Dr. Nicole Albo-Lopez, Ed.D, Vice Chancellor, Educational Programs  
and Institutional Effectiveness  
Carmen V. Lidz, MS, Vice Chancellor & Chief Information Officer  
Maribel S. Medina, J.D., General Counsel  
Jeanette L. Gordon, Vice Chancellor & Chief Financial Officer  
Teyanna Williams, J.D., Vice Chancellor, Human Resources  
Dr. Rueben C. Smith, D.C.Sc., Vice Chancellor & Chief Facilities Executive  
Dr. Jim Lancaster, Ed.D., Vice Chancellor, Workforce and Economic Development

### VALLEY COLLEGE ADMINISTRATION

Barry Gribbons, Ph. D., President  
Matthew Jordan, Ed.D., V. P. of Academic Affairs  
Larry Resendez, Psy.D, V.P. of Student Services  
Sarah Song, V. P. of Admin. Services

### COMMUNITY SERVICES PROGRAM STAFF

Debra Erickson, Community Services Manager  
ChaQuanda Laughlin, Community Services Aide

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### DISCLAIMER POLICY

The Los Angeles Community College District and Valley College have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice by the administration of the Los Angeles Community College District or Valley College for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the District and the College. The District and the College further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures. Note: Students enrolling in business and financial classes are responsible for making their own financial decisions.

### COMMUNITY SERVICES

Classes and workshops are offered to meet community interests. These classes are not given for academic credits and are not part of any degree or certificate program offered by Los Angeles Valley College. The Community Services Program is self-supporting, and classes are not given at taxpayers' expense. Unless indicated, class instructors and workshop leaders are not members of the Los Angeles Valley College faculty. Financial aid is not available for these classes.

**All information listed herein is subject to change at any time without prior notice.**

# REGISTRATION INFORMATION



## ONLINE

**ANY TIME!**

<https://lavalley.augusoft.net>

The easiest and quickest way to register is to visit us Online 24 hours a day at <https://lavalley.augusoft.net> where you can simply search for the class you want, add it to the cart then checkout as you would for other online sites. Once completed, you will be able to print your receipt and confirmation immediately.



## WALK IN

**Monday - Friday  
8:30am - 4:30pm**

Community Services Center

Stop by our office in the south lobby of the Community Services Center Building during our office hours to register using a debit/credit card.



## PHONE

**Monday - Friday  
8:30am - 4:30pm**

818-947-2577 x4172

Enrolling by phone is very simple. Just call 818-947-2577 x4172 during our office hours and be sure to have your credit/debit card handy so we can help you quickly. Receipt and confirmation will be e-mailed once transaction is completed.

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This catalog is published 3 times per year (fall, winter/spring and summer) by the Los Angeles Valley College Community Services Department. It is sent to residences in the nearby zip codes and is available on campus at several locations.

If you'd like to be added to our mailing list please contact us at **818-947-2577 x4172** or send an email to [comm\\_serv@lavc.edu](mailto:comm_serv@lavc.edu).

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Registration indicates that you (1) have read and understand the refund policy (2) understand that the Los Angeles Community College District has no insurance covering medical or hospital costs incurred by participants (3) recognize that there are risks inherent to participation in recreational activities and agree to release, indemnify and hold harmless the Los Angeles Community College District staff, employees, trustees and volunteers from and against any and all liability from bodily injury and/or property damage which may result from participation in the program. (4) fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary. (5) understand that photographs taken of Community Services programs may be used by the Community Services Department for promoting programs, classes, or events and agree that you will not seek compensation of any kind for use of photographic likeness. Receipt will be mailed.

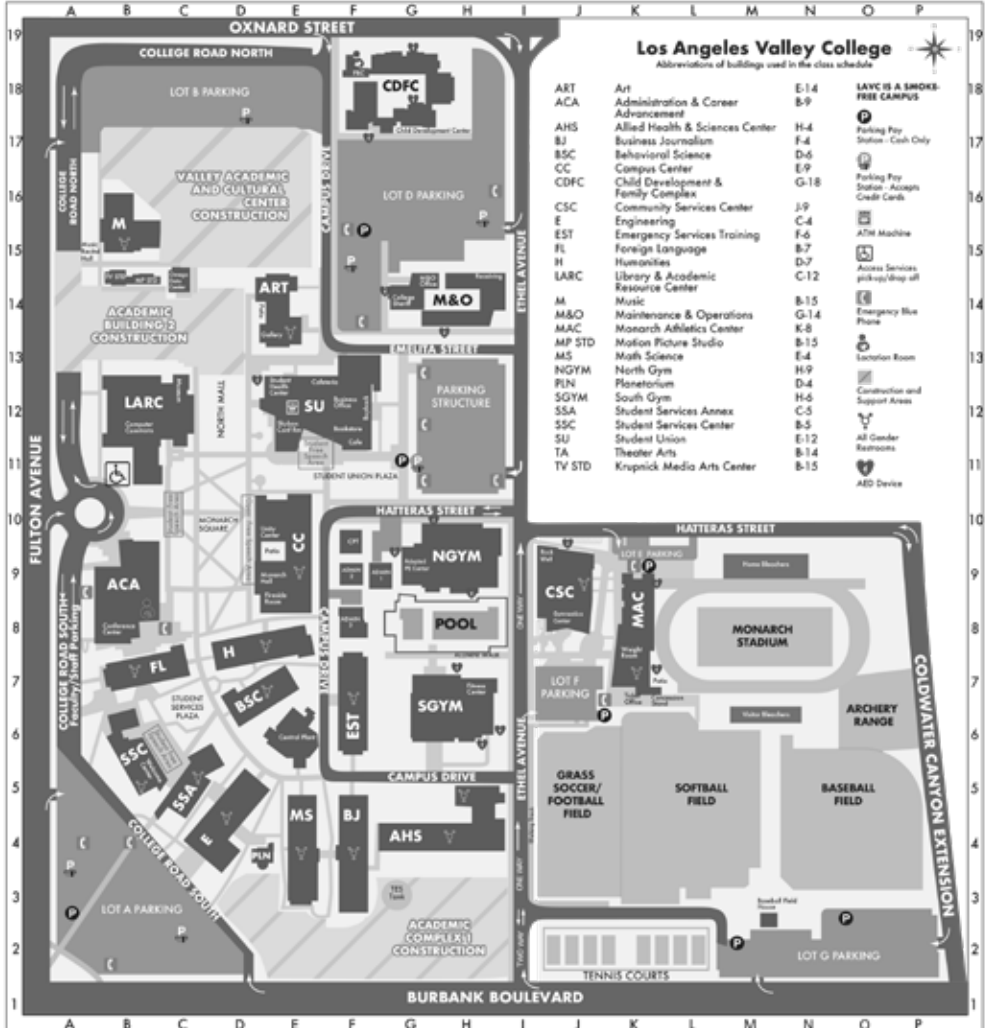
Refund Requests must be presented in writing on the appropriate refund request form and accompanied by original receipt at least 5 working days before 1<sup>st</sup> class meeting unless otherwise noted. This means that if you enroll less than 5 working days before the class begins, there will be no refunds. No Refund after class begins. There will be a \$10 charge for each refund, credit or transfer.

## AMERICAN WITH DISABILITIES ACT (ADA) INFORMATION

All classes and events are wheelchair accessible. Individuals needing sign-language interpreters, assistive listening devices, large print or other alternative format materials, or other accommodations should contact the Community Services Office at 818.947.2577 x 4172 at least two weeks prior to the date of 1<sup>st</sup> class or event.

# REGISTRATION INFORMATION

## LAVC CAMPUS MAP



### DIRECTIONS TO LOS ANGELES VALLEY COLLEGE

Los Angeles Valley College is located at 5800 Fulton Avenue in Valley Glen, CA, 91401. The college is easily accessible from both the 170 and 101 freeways. From the 170 freeway exit at Oxnard Blvd. or Burbank Blvd. and head west. The college is located between Fulton Avenue and Ethel Avenue. From the 101 freeway, exit Coldwater Canyon Avenue and head north to Burbank Blvd. The college is at the corner of Coldwater Canyon Avenue and Burbank Blvd. (The Community Services Office is located on Ethel Avenue.)

# ACTING & PERFORMING ARTS

## INTRODUCTION TO VOICEOVERS (ONLINE)

### Personalized One-on-One Video Conference Class

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on one, video-chat class! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

#### Voices for All

Fee: \$59

# 23159 After registration you will receive a call to set up a time that works best for you.

## BEGINNING IMPROV

Say "Yes and" to facing your fears of performing. "Walk on" to the stage and learn the basics of improv, conquer your fears, awaken your creativity, and make new friends while learning how the professionals make you laugh every week. "Wipe" away your hesitations for the most fun 2 hours of your week.

Michael Heiman

Fee: \$139

# 23060

6 Tuesdays

7:00pm - 9:00pm

Sept. 24 - Oct. 29

## LEARN TO READ AND DECIPHER POPULAR MUSIC

Understand, explore, analyze, and read your favorite music. Students will learn how all popular music is made, constructed, and performed! Some prior music experience will help, but is not required.

Mason Sperling

Fee: \$149

# 23061

8 Mondays

7:00pm - 9:00pm

Sept. 16 - Nov. 4

# ARTS & CRAFTS

## BASICS OF SEWING:

### LEVEL 1: BEGINNING

Learn the basics of sewing! This class will cover both hand sewing and machine sewing techniques for practical use in everyday life. You will learn different types of stitches as well as how to do minor repairs, and by the end of the course you will complete your very own patchwork pillow.

Sewing machines provided in classroom!

Ashley Trutanich

Fee: \$119

# 23171

5 Tuesdays

5:00pm - 7:00pm

Sept. 17 - Oct. 15

# 23172

5 Saturdays

2:00pm - 4:00pm

Sept. 21 - Oct. 19

# 23173

5 Tuesdays

5:00pm - 7:00pm

Oct. 22 - Nov. 19

# 23174

5 Saturdays

10:00am - 12:00pm

Oct. 26 - Nov. 23



## BASICS OF SEWING:

### LEVEL 2: PAJAMA PANTS

Ready to take your sewing skills to the next level? Designed for those with basic sewing knowledge this Sewing Level 2 class teaches you the basics of working with patterns as well as more advanced sewing techniques to create your own clothing. By the end of the class, you'll master essential techniques and complete your own pair of custom-fit pajama pants.

Sewing machines provided in classroom!

Ashley Trutanich

Fee: \$119

# 23170

5 Saturdays

12:00pm - 2:00pm

Oct. 26 - Nov. 23

All information listed herein is subject to change at any time without prior notice.



## BATH PRODUCTS

Why purchase expensive commercial bath products when you can delight in making your own. In this fun interactive class students will discover simple techniques for making one-of-a-kind bath products (shampoo, shower gel, bubble bath, bath salt & exfoliate).

**Quayum Abdul**      **Fee: \$45**  
**# 23064**              1 Saturday  
10:00am - 1:00pm      Nov. 23  
Supply fee: \$30

## COLD PROCESS SOAP MAKING

This class will explain the A to Z of Cold Process Soap Making so that you can create beautiful handmade soaps right in your home. Class is hands on and can be messy, dress accordingly.

**Quayum Abdul**      **Fee: \$45**  
**# 23065**              1 Saturday  
3:00pm - 6:00pm      Nov. 23  
Supply Fee: \$30

## CANDLE MAKING

In this workshop you will get the chance to learn how to make a variety of candles using paraffin wax, essential oils, and candle dyes. You will also get to experiment with dried fruits and flowers to create unique designs. By the end of the workshop, you will have several high-quality candles to take home with you.

**Quayum Abdul**      **Fee: \$45**  
**# 23062**              1 Sunday  
10:00am - 1:00pm      Sept. 29  
Supply fee: \$30

## SOAP MAKING

Making beautiful soaps is easy and enjoyable and expressing your creativity is part of the fun. In this course, students will create different types of soaps while learning how to use colors, molds, fragrances, essential oil, extract, herbs, and, novelties. We will also discuss how to make organic, natural or therapeutic soap.

**Quayum Abdul**      **Fee: \$45**  
**# 23063**              1 Sunday  
3:00pm - 6:00pm      Sept. 29  
Supply fee: \$30

## BUY ONE - GET ONE HALF OFF!

Register for any two craft classes taught by **Quayum Abdul** and get the second class for ½ off! You must register for both classes at the same time over the phone or in person in order to get the discount. Online registration will not receive the discount.

## 3D HAND EMBROIDERY

In this class, you will learn how to use sewing needles and embroidery threads to design 3D flowers, flamingos, and animals in multiple colors. By the end of the session, you will feel confident in designing your own 3D embroidery art for open shows or home decoration.

**Karima Williams**      **Fee: \$169**  
**# 23066**              6 Saturdays  
1:00pm - 4:00pm      Sept 28 - Nov. 2  
Supply Fee: \$30

## HENNA ART FOR NON-ARTISTS

Ever wish you had the skills needed to create a beautiful henna tattoo? This class will teach students about the different kinds of henna, how to mix henna, and most importantly, the techniques needed to use henna to create stunning body art on yourself or others.

**Rosemary May**      **Fee: \$69**  
**# 23068**              3 Tuesdays  
7:00pm - 9:00pm      Nov. 5 - Nov. 19  
Students must purchase the required materials

## INTRODUCTION TO BALLOON TWISTING

Have you ever wanted to do your own balloon, twisting and make some fun animals. This is a beginner class on how to make simple balloon animals and swords, etc. learn how to make simple twist. With 260 long balloons.

**Rosemary May**      **Fee: \$69**  
**# 23067**              3 Mondays              7:00pm - 9:00pm      Nov. 4 - Nov. 25  
Students must purchase the required materials

# ARTS & CRAFTS

## ACRYLIC POURING PAINTING 1

A creative Abstract Acrylic Pour painting class. This is a fun introduction to beautiful fluid acrylics! Demonstrations and guidance will be provided as you create your one-of-a-kind abstract artwork. No previous painting or art background is necessary for you to be successful with this project.

**Carmen MacDonald Fee: \$99**

**# 23076** 4 Thursdays  
7:00pm - 9:00pm Nov. 7 - Dec. 5  
Students must purchase the required materials

## DIA DE LOS MUERTOS HEADPIECE

Learn how to make your own floral headband to wear during Dia de los Muertos and afterwards. You will learn how to create your own design of flowers headband combine colors of flowers, techniques of gluing, adding flowers, that you can wear to all your parties.

**Carmen MacDonald Fee: \$29**

**# 23157** 1 Tuesday  
6:30pm - 9:30pm Oct. 29  
Students must purchase the required materials

## PAINTING WITH ACRYLIC 1

This is a beginning level acrylic painting course. Learn basic skills like brushwork mechanics, how to apply acrylics to achieve the best fluid strokes, valuable color mixing theories, how to use values and end with light on form painting techniques.

**Carmen MacDonald Fee: \$99**

**# 23070** 4 Thursdays  
7:00pm - 9:00pm Sept. 5 - Sept. 26  
Students must purchase the required materials

## SPECIAL EFFECTS 1

Create awesome & gruesome facial effects in this hands-on special effects class. Learn to use professional tools and techniques to accomplish looks worthy of a scare! Topics include: products and tools, burns, wounds, bruising, bullet wounds, and zombies.

**Carmen MacDonald**

**# 23074** 4 Thursdays 7:00pm - 9:00pm **Fee: \$99**  
Oct. 3 - Oct. 24  
Students must purchase the required materials

## PHOTOGRAPHY SHOOTING TO A THEME

Connect with others interested in photography in a relaxed social learning setting. Take photos on your own and on your own schedule, shooting to fit the same class-assigned themes. Held in the LAVC Community Center, share photographs, enjoy the stimulation of seeing how others interpreted the theme, get teacher and peer feedback, view work by master photographers, and be inspired to do more photography. Any camera can be used.

**Nancy Kaye**

**# 23077** 2 Thursdays 10:00am - 12:30pm **Fee: \$49**  
Sept 19 - Oct 17

## DIA DE LOS MUERTOS MAKEUP

Celebrate this Latin traditional day by creating your own one of kind Dia de los Muertos calavera (skull) face painting. Learn how to create Day of the Dead designs onto your face. Get face designing tips and tricks the professionals use, be creative and get that awesome Day of the Dead mask look that stands out and impresses. No experience needed.

**Carmen MacDonald Fee: \$99**

**# 23071** 4 Wednesdays  
7:00pm - 9:00pm Oct 2 - Oct. 23  
Students must purchase the required materials

## ONE STROKE PAINTING 1

This course will teach you the basics of decorative painting techniques to create detailed flowers and leaves in just one stroke. Create beautiful paintings and take them home on canvas, a ceramic vase, glass, fabric, or greeting cards.

**Carmen MacDonald Fee: \$99**

**# 23075** 4 Wednesdays  
7:00pm - 9:00 pm Nov. 6 - Dec. 4  
Students must purchase the required materials

## PAINTING WITH WATERCOLOR 1

This course offers students instruction on basic watercolor techniques in order to bring out their artistic expression. Topics covered in class include: color mixing, color application, brush stroke techniques, plus much more.

**Carmen MacDonald Fee: \$99**

**# 23069** 4 Wednesdays  
7:00pm - 9:00pm Sept. 4 - Sept. 25  
Students must purchase the required materials

# ARTS & CRAFTS

## MAKEUP TECHNIQUES

This workshop will change the way you approach makeup! Moisturizer and sunscreen application, exfoliation, foundation, perfectors, primers, stenciled eyes, blending, brushes and more. This is a hands on workshop like no other!

**Raquel Fournier**      **Fee: \$129**  
**# 23073**                      5 Wednesdays  
5:30pm - 8:00pm      Sept. 18 - Oct. 16

## HOLIDAY HAIR LOOKS MADE SIMPLE

Welcome to our holiday hair styling class! You will learn how to create easy updos and quick braid illusion styles, perfect for any festive occasion.

**Raquel Fournier**      **Fee: \$39**  
**# 23163**                      1 Saturday  
9:00am - 12:00pm      Nov. 16

## ADVANCED MAKEUP TECHNIQUES

This course will teach you advanced make up techniques that will improve and enhance the results of your make up application, making it long lasting. Learn how to improve skin texture, and cover imperfections. Eyeshadow techniques will also be included.

**Raquel Fournier**      **Fee: \$65**  
**# 23072**                      2 Saturdays  
9:00am - 11:30am      Oct. 26 - Nov. 2

## CREATE A GIVING PLATE OR SANTA COOKIES PLATE

Creating a giving plate or a personalized Santa cookie plate is a fun and meaningful family season activity. This is a great activity for adults and children alike!

**Raquel Fournier**      **Fee: \$37**  
**# 23158**                      1 Saturday  
9:00am - 11:30am      Dec. 14  
Supply Fee: \$12

# BUSINESS & CAREER TRAINING

## BECOME A NOTARY PUBLIC OR RENEW YOUR COMMISSION (REMOTE/LIVE VIA ZOOM)

Government institutions, banks, real estate and other companies are seeking notaries. All prospective notaries must complete a course approved by the California Secretary of State. Our approved course will give you the most updated notary information and the knowledge you need to perform the duties correctly and to pass the state exam. Class fee includes certificate of completion, and sample forms notaries use every day. The instructor will provide information about testing during the class.

**PREREQUISITES:** 18 years of Age - Proper Government ID (example: Driver License - DMV Identification Card - Current Passport).

**Rosie Reed**                      **Fee: \$120**  
**# 23078**                      1 Saturday  
8:00am - 4:00pm      Nov. 2

Check-in begins at 7:30am and class begins promptly at 8:00am. Have your current, official photo ID ready. Registration closes the day before class meets.

## NOTARY LOAN SIGNING SEMINAR (REMOTE/LIVE VIA ZOOM)

A Notary Signing Agent is a notary public who has specialized expertise in the handling of mortgage loan documents. With the housing market on the rebound, this will be an in-demand service for notary publics! This class covers: A) In depth information about the main documents that the Notary Loan Signing Agent will notarize, with a loan package hands-on approach; by having each student assemble a loan package. B) A Real Estate (R.E.) Section with a recap of the new types of R.E. sales & loans currently on the market. C) A Marketing and Customer Service Section with a list of potential Sources and practical information on how to start their new business.

**Rosie Reed**                      **Fee: \$105**  
**# 23081**                      1 Saturday  
9:30am - 3:30pm      Nov. 9

Before signing up for these classes, check to see that you meet eligibility requirements for becoming a notary: visit [www.sos.ca.gov/notary](http://www.sos.ca.gov/notary) to check qualifications.

Note: Due to strict State regulations, no one is admitted after class begins.



# BUSINESS & CAREER TRAINING

## LANDLORD CLASSES: RENTAL PROPERTIES MADE SIMPLE

### LANDLORDS: THE BASICS

Do you own a rental property or are you interested in rental property ownership but unsure of where or how to start? This workshop covers the fundamentals of becoming a successful landlord, including finding tenants, managing move-in/move-out processes, essential rental forms, avoiding common mistakes, business and landlord tips, and simple bookkeeping tools. Join us to gain the knowledge and confidence to become a profitable landlord! Join us and learn how simple it is to become a confident, effective, and profitable Landlord!

**Shiral Torres**      **Fee: \$55**  
**# 23085**              1 Saturday  
9:00am - 11:00am    Sept. 28

### LANDLORDS: GET ORGANIZED AND GAIN CONFIDENCE

Are you able to locate your property-related paperwork quickly? Do you have it in a secure location? Among other documents, tenants' rental applications and rental agreements are two forms that have sensitive information. You, as the landlord are required to keep them in a secure location. Reduce stress and save time by learning a simple system to organize your documents. This includes lease agreements, maintenance and repair logs, rent logs, and tenant notices. You'll also learn how to store them by building a binder. Here you'll take control of your paperwork by learning a simple yet effective way to organize your property documents, bills, and more.

**Shiral Torres**      **Fee: \$69**  
**# 23087**              1 Saturday  
12:00pm - 2:00pm    Sept. 28

### LANDLORDS: FIND THE PERFECT TENANT

Are you concerned about finding a new tenant when given a 30-day notice to move out and the potential loss of income? Do you have a process to find tenants who pay rent on time and take care of your property? In this class, you'll develop the confidence to secure ideal tenants. You'll be guided through a systematic, step-by-step approach that you can apply whenever a vacancy arises. From displaying the 'For Rent' sign to identifying qualified applicants, you'll learn how to complete relevant forms, including those required by law. You'll receive valuable tips, updated information, and all the necessary forms to be a successful landlord.

**Shiral Torres**      **Fee: \$69**  
**# 23164**              1 Sunday              9:00am - 11:00am    Oct. 13

### LANDLORDS: TAKE CONTROL OF YOUR FINANCES

Are you making a profit? No one likes bookkeeping; however, it is a necessary task to keep track of income and expenses. Hiring someone to do the work is easy but costly. Would you believe that a worksheet is all you need to do the job? Join us in this lively and inspiring workshop. Discover how to use a simple worksheet to keep track of your income and expenses so that you can have peace of mind and profitable results. Find out how to take control of your finances using a simple, yet effective, way to track your spending. As a bonus, receive Shiral's business tips, landlord tips, and updated landlord information.

**Shiral Torres**      **Fee: \$69**  
**# 23086**              1 Sunday  
9:00am - 11:00am    Sept. 29

### LANDLORDS: 5 STEPS TO GAIN PROFITS AND CONFIDENCE

Do you want to rent to qualified tenants so you can pay your bills on time? Would you like to build a team of experts to help you address tenant issues? Landlords who gain financial freedom from owning rentals know the secrets of good property management. In this class, you'll learn beyond the basics by doing hands-on exercises that will help you understand the importance of being a proactive landlord. Topics include common landlord mistakes and solutions, reducing tenant calls, building revenue, creating a vendors list, and more!

**Shiral Torres**      **Fee: \$99**  
**# 23088**              1 Sunday  
12:00pm - 3:00pm    Oct. 13

# BUSINESS & CAREER TRAINING

## LANDLORDS: THE MOVE-IN PROCESS

Are you concerned about having the right forms, knowing where to get them, and accurately completing them before signing the lease with your new tenant? Do you know the necessary steps to stay compliant with the laws during the move-in process?

In this class, you'll overcome form-related fears and save time by learning about the necessary paperwork, including the forms required by law. Gain insights on pre-meeting preparations and presenting forms effectively for a seamless lease signing day. You'll get valuable tips, updated landlord information, and required forms to become a confident and efficient landlord.

**Shiral Torres**      **Fee: \$69**  
**# 23165**              1 Saturday  
9:00am - 11:00am      Oct. 12

## ELECTRIC VEHICLE CHARGING STATION DESIGN, INSTALLATION, AND TROUBLESHOOTING

One of most growing businesses in USA and worldwide are electrical vehicle and EV charging station installation. Millions of electric cars, SUVs and trucks will be on the road by next 10 years. To offset the carbon load on the environment, the California Government is hoping to make 100% vehicles operating by battery powered by year 2035. This course will offer A to Z of EVCS design, Installation and operation, including troubleshooting the system.

**Quayum Abdul**      **Fee: \$149**  
**# 23079**              3 Wednesdays  
6:00pm - 10:00pm      Sept. 18 - Oct. 2

## DMV AUTO WHOLE DEALER HOME BASED BUSINESS (ONLINE)

Learn how to make extra income by buying and selling wholesale cars as a home-based business. Or, simply buy cars for your friends, family and co-workers at great wholesale prices. Learn how to get your auto dealer license and how to operate a profitable used car business. This class is DMV approved and students receive a DMV certificate of completion at the end of class. With the certificate, students are eligible to take the 40 question dealer license exam with the DMV.

**Ronald "Wayne" Williams**      **Fee: \$119**  
**# 23089**              Tues/Wed              6:00pm - 9:00pm      Oct. 22 - Oct. 23  
Fee includes materials and manual

## LANDLORDS: THE MOVE-OUT PROCESS

Are you worried about the potential loss of rental income when a tenant gives you a 30-day notice to move? Do you know the legal steps and paperwork required when your tenant moves out? Feel at ease when a tenant gives their 30-day notice. This class will guide you through the entire move-out process. You'll gain practical skills, learn to accurately complete all necessary forms, including forms required by law, and understand the security deposit refund process. Plus, you'll receive valuable tips, updated landlord information, and essential forms to confidently manage the move-out process.

**Shiral Torres**      **Fee: \$69**  
**# 23166**              1 Saturday  
12:00pm - 2:00pm      Oct. 12

## SOLAR PV DESIGN, INSTALLATION, AND TROUBLESHOOTING

The State of California now requires that all new homes built have solar panels installed. This rapid expansion and adoption of solar panel installations will result in excellent job opportunities for qualified individuals. Our crash course in solar design and installation can help make you one of those qualified individuals. Great for anyone who wants to install, maintain, inspect, or design solar panels. An Award of Completion issued upon student's achievement of the class.

**Quayum Abdul**      **Fee: \$239**  
**# 23080**              6 Thursdays  
6:00pm - 10:00pm      Oct. 3 - Nov. 7

**All information listed herein is subject to change at any time without prior notice.**

# BUSINESS & CAREER TRAINING

## MEDICAL CODING & BILLING SERIES

Los Angeles Valley College Community Service Department will issue a certificate for the "Medical Insurance Billing Specialist" after the student has successfully completed all 3 classes: Medical Terminology, Coding, and Medical Insurance Billing classes (attendance & examination requirements must be met before each class ends). After completing all 3 classes students are qualified to sit for the exams in either AHIMA or AAPC.

### MEDICAL TERMINOLOGY - CLASS 1 (ONLINE)

This online introductory course is designed for individuals who want to pursue a career in or enhance their potential for advancement in the health care field. Key topics which will be presented, analyzed and discussed include the following: The rules and structure of medical terminology, anatomy, functions of the organ/system being studied, the etiology, diagnostic procedures and management of pathological conditions. There will be weekly quizzes given to keep track of students' progress. ***This course is a prerequisite for Medical Insurance Coding.***

**Required text:** The Language of Medicine by Davi-Ellen Chabner. Purchase or Rent on your own. Instructor also suggests that students purchase a Medical Dictionary.

**Arlyn "Glady" Tagomolila-Que**

# 23082

Monday/Friday

6:00pm - 9:00pm

**Fee: \$199**

Oct. 14 - Nov. 18

Students must purchase the required materials

### CODING FOR MEDICAL INSURANCE BILLING - CLASS 2 (ONLINE)

Coding is required to bill insurance companies. It also is used in the medical records departments of different medical facilities. Students will learn the different rules in coding various diagnoses in ICD-10-CM format. In CPT coding, the students will learn how to code the doctor's or the medical facility's procedures/services. All of these codes are used in order to get the best reimbursement. With the skill set you will obtain in this series, you will be prepared to sit for the license exam for a national certification with AAPC or AHIMA.

***This course is a prerequisite for Medical Insurance Principles.*** **Required text:**

1. ICD-10-CM for Physicians 2024 or 2023 (any publisher). 2. AMA Current Procedural Terminology Professional (Old editions permitted up to 2018 if only to be used for practice only. Current edition if to be used for current year's license exam)

**Arlyn "Glady" Tagomolila-Que** **Fee: \$199**

**Tagomolila-Que**

# 23083

Monday/Friday

6:00pm - 9:00pm

Dec. 12 - Jan. 3

Students must purchase the required materials

### MEDICAL INSURANCE PRINCIPLES/ BILLING - CLASS 3 (ONLINE)

A major part of managing a medical office is billing patients and insurance companies for services rendered. In this fast-paced area, students will learn to understand the procedures of billing, recognize the different forms used by third-party carriers, complete each claim form for reimbursement and define insurance terminology and different types of coverage. Learn the responsibilities of a medical insurance specialist, the life cycle of an insurance claim, and the various templates for billing commercial insurance.

***Prerequisite: Medical Terminology & ICD-10-CM/CPT-HCPCS Coding.***

Purchase or rent text books (These are the same books used for Medical Coding.)

**Arlyn "Glady"**

**Fee: \$169**

**Tagomolila-Que**

# 23084

Monday/Friday

6:00pm - 9:00pm

Jan. 6 - Jan. 31

Students must purchase the required materials

**Enroll in Medical Coding and Medical Insurance Billing together for only \$349!  
Or enroll in ALL THREE COURSES for just \$499!**

\* Must purchase series, adding classes individually to your cart will not activate the discount.



# BUSINESS & CAREER TRAINING

## **BLOGGING FOR FUN AND PROFIT (ONLINE)**

Want to know why creators and marketers say a blog is the best type of website? Whether for personal or professional use, discover how a blog makes it easy to share your products, services, writing, pictures, and videos with family, friends, organizations, and customers. Find out the four most popular ways to use a blog to make money and how it makes your search and social media marketing easier! Topics include blogs for business, blog ads, blogs for marketing, and building blog communities.

**Bob Cohen**                      **Fee: \$69**  
**# 23029**                              1 Tuesday  
6:00pm - 9:00pm                  Oct. 22

## **CONTENT CREATION IN FIVE STEPS (ONLINE)**

Do you want or need to create content for your website, newsletter, or social media but struggle to do so? You'll discover the five steps used by the pros to produce articles, blog posts, product descriptions, social media posts, and more. Starting with the basics, this class will show you the five essential steps to writing, formatting, choosing images, and creating a calendar for scheduling. Learn about writing, photography, audio, and video tools, along with posting content applications.

**Bob Cohen**                      **Fee: \$69**  
**# 23030**                              1 Tuesday  
6:00pm - 9:00pm                  Oct. 29

## **INTRODUCTION TO INTERNET MARKETING METHODS (ONLINE)**

Learn the nine steps professionals use to market any business or organization Online. For beginners and others looking to improve, we'll cover the most popular online tactics from SEO, advertising, social media, channels, affiliates, e-commerce, content marketing, and the #1 marketing approach recommended by Google and others. This course will help you get started and take your marketing up a level, help you learn how to do-it-yourself or hire and manage an agency do the work for you.

**Bob Cohen**                      **Fee: \$69**  
**# 23026**                              1 Tuesday  
6:00pm - 9:00pm                  Oct. 1

## **BUILD AN APP/START A SMARTPHONE APP BUSINESS (ONLINE)**

Apps for iPhones and Android are popular and in demand. Let us teach you to take your app idea from concept to market and turn it into income. Learn to develop your idea using new tools for making apps with little or no programming experience. Discover what makes a successful app and how to find a market for your app. Get your app on the iTunes or Google Play Store and promote and price your app to generate the most revenue.

**Bob Cohen**                      **Fee: \$69**  
**# 23032**                              1 Thursday  
6:00pm - 9:00pm                  Oct. 17

## **HOW TO WRITE WITH AI (ONLINE)**

Learn how AI tools can be used to write, correct, and do almost anything with text. AI tools can write articles, social media posts, emails, website pages, blog posts, scripts, newsletters, and more. Get tips on getting the desired result by choosing the best way to ask your question or "prompt." Find out how what you need to do to evaluate your writing result, what you should check before using it as your own, the copyright ownership, and ethical use.

**Bob Cohen**                      **Fee: \$55**  
**# 23033**                              1 Thursday  
6:00pm - 9:00pm                  Oct. 24

## **MAKING BETTER PRESENTATIONS (ONLINE)**

Dive into the art of captivating audiences. Discover the secrets to delivering impactful presentations, from crafting persuasive content to mastering the latest technology. Gain confidence and learn to engage with any audience through personalized strategies, interactive activities, and expert feedback. Whether online or in-person, transform your speaking skills into a dynamic tool for success. Join us to elevate your influence, inspire action, and leave lasting impressions.

**Bob Cohen**                      **Fee: \$49**  
**# 23034**                              1 Thursday  
6:00pm - 9:00pm                  Oct. 3







# DANCE

## BALLET FOR ADULTS - ADVANCED BEG. - INTERMEDIATE

There is no better way to develop strength, flexibility, musicality, and stamina while practicing a fun and beautiful art form, dating back to the 15th century. You will enhance self-esteem and build self-confidence while getting in shape! Students should wear leotards and tights or leggings. Ballet slippers are required.

**Claudine** Fee: \$69/\$89

**Mason-Marx**

# 23098 \$69 5 Sundays  
9:00am - 10:15am Sept. 8 - Oct. 6

# 23099 \$89 7 Sundays  
9:00am - 10:15am Oct. 20 - Dec. 15

## SALSA FOR BEGINNERS

This beginner class will teach you the basic steps and hip movements to this fun and exciting dance. Burn calories while having fun dancing! Get ready to move and groove to the best Latin music. Couple registration is not required.

**Linda Goldstein** Fee: \$105  
# 23050 8 Sundays  
12:00pm - 1:00pm Oct. 6 - Nov. 24

## NOT STRICTLY COUNTRY LINE DANCE

Line dancing is not just for country music fans anymore! While many dances will be contemporary country pop or classic country, the line dances in this class will be from many different musical genres. You will dance to Hip Hop, R&B, Soul, Rock, Latin & "Oldies" music. There will also be many dancers with original, never before seen choreography. Artist will include Pit Bull, Lady Gaga, Led Zeppelin, Bruno Mars, Bette Middler & Elton John. No partner needed. Wear comfortable shoes (no sandals) It's great low impact exercise & a lot of FUN!

**Sue Reynolds** Fee \$109  
# 23100 8 Thursdays  
6:30pm - 8:00pm Sept. 19 - Nov. 21

## BEGINNING EAST COAST SWING

East Coast Single Time Swing can be done to Big Band, Country or Pop Rock and Roll. This class will teach you basic steps as well as variations. Men will learn how to lead and ladies will learn how to follow.

**Linda Goldstein** Fee: \$105  
# 23048 8 Saturdays  
11:00am - 12:00pm Oct. 5 - Nov. 23

## BEGINNING COUNTRY WESTERN LINE DANCING

If you want to learn Line Dancing or improve your technique, this is the class for you. Simple, slow to moderately paced line dances will be taught in a relaxed, pleasant atmosphere. Come have fun with us and get a great workout!. Two levels: Beginner & Intermediate. No partners required. Cowboy boots or good dancing shoes suggested - no sandals allowed.

**Linda Goldstein** Fee: \$105  
# 23049 8 Sundays  
11:00am - 12:00pm Oct. 6 - Nov. 24

## TAP FOR ADULTS

We will be focusing on the tap basics, developing proper tap technique, rhythm, and percussion. Classes will include a warm up, across the floor exercises, and center work. We will be learning choreography along with creativity and improvising tap techniques. This class will help build the elements of tap dance musicality, vocabulary, and individual style. The goal is to develop coordination and clarity with rhythm in a challenging, but fun way. Must have Tap shoes.

**Alison Haggerty** Fee: \$69  
# 23101 5 Wednesdays  
6:45pm - 7:45pm Oct. 9 - Nov. 6  
# 23102 5 Wednesdays  
6:45pm - 7:45pm Nov. 13 - Dec. 11

## TEACH WITH US!

Does teaching come naturally to you? Do you constantly get asked to tell other people how you do the things that you do? Teaching for LAVC Community Services may be just what you are looking for. A way to promote your craft, educate others, or bring lost arts back into the mainstream. Almost any topic is fair game, so share it with us. For more information give us a call at (818) 947-2577 x4172

# EXERCISE, SPORTS, & FITNESS

## GROUP TENNIS LESSONS

Learn tennis or improve your current game with our long-term teaching pro, Ray Finks. Ray is a member of the National Tennis Academy Professional Tennis Registry. He has played competitive and professional tennis for over 10 years and has won several local tournaments.

### LEVELS:

**BEGINNER:** Very little to no previous experience in playing or lessons.

**INTERMEDIATE:** Dependable and accurate service placement and has some understanding of strategy in singles and doubles.

**ADVANCED:** Has high level of consistency and endurance.

### CHILDREN'S SATURDAY CLASSES

# 23125	Age 6 - 9	5 Saturdays	9:00am - 10:00am	Sept. 14 - Oct. 19	Fee: \$75
# 23126	Age 10 - 14	5 Saturdays	10:00am - 11:00am	Sept. 14 - Oct. 19	Fee: \$75
# 23136	Age 6 - 9	5 Saturdays	9:00am - 10:00am	Oct. 26 - Nov. 23	Fee: \$75
# 23137	Age 10 - 14	5 Saturdays	10:00am - 11:00am	Oct. 26 - Nov. 23	Fee: \$75

### ADULT SATURDAY CLASSES

# 23127	Beginning	5 Saturdays	11:00am - 12:00pm	Sept. 14 - Oct. 19	Fee: \$75
# 23128	Beg-Adv	5 Saturdays	1:00pm - 2:00pm	Sept. 14 - Oct. 19	Fee: \$75
# 23129	Intermediate	5 Saturdays	2:00pm - 3:00pm	Sept. 14 - Oct. 19	Fee: \$75
# 23160	Advanced	5 Saturdays	3:00pm - 4:00pm	Sept. 14 - Oct. 19	Fee: \$75
# 23138	Beginning	5 Saturdays	11:00am - 12:00pm	Oct. 26 - Nov. 23	Fee: \$75
# 23139	Beg-Adv	5 Saturdays	1:00pm - 2:00pm	Oct. 26 - Nov. 23	Fee: \$75
# 23140	Intermediate	5 Saturdays	2:00pm - 3:00pm	Oct. 26 - Nov. 23	Fee: \$75
# 23161	Advanced	5 Saturdays	3:00pm - 4:00pm	Oct. 26 - Nov. 23	Fee: \$75

### ADULT SUNDAY CLASSES

# 23131	Beginning	5 Sundays	9:00am - 10:00am	Sept. 15 - Oct. 20	Fee: \$75
# 23132	Beg-Adv	5 Sundays	10:00am - 11:00am	Sept. 15 - Oct. 20	Fee: \$75
# 23133	Intermediate	5 Sundays	11:00am - 12:00pm	Sept. 15 - Oct. 20	Fee: \$75
# 23134	Beg-Adv	5 Sundays	1:00pm - 2:00pm	Sept. 15 - Oct. 20	Fee: \$75
# 23135	Intermediate	5 Sundays	2:00pm - 3:00pm	Sept. 15 - Oct. 20	Fee: \$75
# 23142	Beginning	5 Sundays	9:00am - 10:00am	Oct. 27 - Nov. 24	Fee: \$75
# 23143	Beg-Adv	5 Sundays	10:00am - 11:00am	Oct. 27 - Nov. 24	Fee: \$75
# 23144	Intermediate	5 Sundays	11:00am - 12:00pm	Oct. 27 - Nov. 24	Fee: \$75
# 23145	Beg-Adv	5 Sundays	1:00pm - 2:00pm	Oct. 27 - Nov. 24	Fee: \$75
# 23146	Intermediate	5 Sundays	2:00pm - 3:00pm	Oct. 27 - Nov. 24	Fee: \$75

### PRIVATE TENNIS LESSONS

Dates and times for private tennis lessons **MUST be arranged with the Community Services Office. Call 818-947-2577 x.4172 to book your private tennis lesson.** Minimum of 4 hours required. Can be eight 1/2 hour lessons or four 1 hour lessons.

**Raymond Finks, Tennis Pro**

**Fee is \$75/hour per person**

## EXERCISE, SPORTS, & FITNESS

### FITNESS FOR LIFE

This class is designed to promote an active lifestyle and all the health benefits associated with exercise through a combination of strength, cardio, balance, and mobility. People of all ages are welcome to join and participate in a moderate intensity, circuit-based group exercise class. You will gain knowledge of how to utilize a variety of exercise equipment and techniques all while becoming stronger and healthier!

**Donald Broisma**      **Fee: Monthly**  
9:00am - 9:45am      Monday  
9:00am - 9:45am      Wednesday

### STRETCH & TONE

This class is designed to promote gentle stretches that help loosen and tone the body, alongside isometric exercises that strengthen muscles, improve blood flow and joint mobility. The class includes a variety of exercises and stretches that alleviate pain and soreness, while also enhancing range of motion and balance.

**Donald Lopez**      **Fee: \$69**  
**# 23103**      6 Mon/Fri  
6:30pm - 7:20pm      Sept. 16 - Oct. 4

**# 23104**      6 Mon/Fri  
6:30pm - 7:20pm      Oct. 14 - Nov. 1

**# 23105**      6 Mon/Fri  
6:30pm - 7:20pm      Nov. 4 - Nov. 22

### RESTORATIVE YOGA

Come and enjoy a gentle journey through the practice of Yoga. Participants can use props to support, balance, or advance a pose. The instructor will provide a series of options for each posture. This class will explore alignment, strength, balance, flexibility, breath, and relaxation. Bring a yoga mat and a willing spirit.

**Margie Thomas**      **Fee: \$105**  
**# 23051**      8 Tues/Thurs  
10:00am - 11:00am      Sept. 17 - Oct. 10

**# 23052**      8 Tues/Thurs  
10:00am - 11:00am      Oct. 15 - Nov. 7

**# 23053**      8 Tues/Thurs  
10:00am - 11:00am      Nov. 12 - Dec. 12

### ZUMBA GOLD

Are you 55 or older and looking for a good workout? Zumba Gold for older adults (ages 55+) blends Latin and International dance rhythms to give a fun, safe and different kind of work out for this age group. This is a great way to get in or stay in shape and meet new friends. It is required that participants wear supportive athletic shoes.

**Linda Goldstein**      **Fee: \$105**  
**# 23047**      8 Saturdays  
9:30am - 10:30am      Oct. 5 - Nov. 23

## FIRST AID, HEALTH, & WELLNESS

### AMERICAN RED CROSS CPR/AED

Learn or review the life-saving skill of CPR on adults, children and infants. This course includes instruction on how to use an AED, and what to do in the event of a Choking Emergency. This interactive and engaging course concludes with an exam. Upon passing, certification is available for an additional \$29, payable to the instructor in class. Ages 18+.

**Margaret Noji**      **Fee: \$45**  
**# 23111**      1 Thursday  
6:00pm - 10:00pm      Sept. 19  
Supply Fee: \$5

### AMERICAN RED CROSS FIRST AID

Learn or review the steps to give aid in Emergencies such as bleeding wounds, burns, and bone injuries; and how to respond to sudden illnesses such as stroke, seizure, allergic reaction, and more. This course is recommended for parents, caregivers, coaches, athletes, and anyone willing to help others in a healthcare emergency. Upon passing the exam, certification is available for an additional \$29, payable to the instructor in class. Ages 18+.

**Margaret Noji**      **Fee: \$40**  
**# 23113**      1 Thursday  
6:00pm - 9:00pm      Sept. 26  
Supply Fee: \$5

# FIRST AID, HEALTH, & WELLNESS

## HOMEOPATHY AND ACUPRESSURE TO REDUCE PAIN & STRESS

Learn the basics of Chinese healing as it relates to acupressure massage. This class will focus on self and couple acupressure massage and specific points to use for common problems such as: lack of energy and mental clarity, low back pain, neck and shoulder pain, etc. You will learn approximately 16 acupressure points you can perform on yourself and others. You will also learn basic head and neck massage techniques. Please have a small hand mirror and water-soluble marker.

**Dr. Randy Martin, Fee: \$35**

**Ph.D, O.M.D.**

**# 23114** 1 Thursday  
7:30pm - 9:00pm Oct. 24

## FOOD FOR LIFE: LET'S BEAT BREAST CANCER

This October, join us for 'Let's Beat Breast Cancer' and discover the power of plant-based nutrition in reducing breast cancer risk. This class offers evidence-based insights, practical skills, cooking demonstrations, and delicious recipes to support your health journey. All participants will receive a free copy of the book "Breasts -the Owner's Manual" by Dr. Kristi Funk (a \$20.00 value).

**Kevin King Fee: \$195**

**# 23168** 3 Wednesdays  
1:00pm - 3:00pm Oct. 9 - Oct. 23

## FOOD FOR LIFE: FOODS FOR A HEALTHY HEART

Discover the secrets to a healthy heart in our 'Foods for a Healthy Heart' cooking class. We'll prepare and sample healthy heart food as well as learn how whole-food plant-based nutrition can significantly impact heart health, without sacrificing flavor or satisfaction. Join us to explore delicious recipes and evidence-based strategies for nurturing your heart through mindful eating and lifestyle choices. Whether you're proactively managing your heart health or seeking culinary inspiration, this class offers valuable insights and practical skills for a vibrant, heart-healthy life.

**Kevin King Fee: \$65**

**# 23167** 1 Wednesday  
1:00pm - 3:00pm Sept. 11

## FOOD FOR LIFE: THE POWER OF FOOD FOR DIABETES PREVENTION AND TREATMENT

Join certified Food for Life instructor Kevin King, for a 4-class series, "The Power of Food for Diabetes Prevention and Treatment." Learn how plant-based nutrition can prevent and treat diabetes through cooking demos, tastings, and expert advice. The participants will receive a free copy of "Dr. Neal Barnard's Program for Reversing Diabetes," a \$20.00 value

**Kevin King Fee: \$220**

**# 23169** 4 Thursdays  
1:00pm - 3:00pm Nov. 7 - Dec. 5

## LANGUAGES

### CIAO VENEZIA - ITALIAN LIVE STREAM FROM VENEZIA, ITALY! (ONLINE)

Learn Italian directly from Venice, Italy!!! Our teacher, Mr. Lombardi will be in Venezia giving you the "real experience" no one else could! The class curriculum is designed for the beginner; with simple idiomatic phrases, you will be able to speak ITALIANO in no time. Divided into ten subject areas, Mr. Lombardi will guide you through the different phases of learning the language: building your vocabulary, grammar, and pronunciation. The program will cover ear-training exercises: greetings and introductions, people and family, numbers and plural, around home, describing things, around town, at the restaurant, at work and socializing.

**Giovanni Lombardi**

**Fee: \$69**

**# 23155** 6 Tuesdays 10:00am - 11:00am Sept. 10 - Oct. 15

**# 23156** 6 Tuesdays 10:00am - 11:00am Nov. 5 - Dec. 10

# LANGUAGES

## SPANISH CLASSES FOR CHILDREN, ADULTS, AND SENIORS

### SPANISH FOR CHILDREN (ONLINE)

Introduce your child to the Spanish language and Latin American culture. We will begin with the Alphabet and the basics of Present Tense. Next, we will concentrate on the basics of Present and Future Tense. In each class your child will learn how to interact in Spanish through in-class exercises, role playing, games, videos, and fun activities.

**Teresa Hito**

**Fee: \$119**

#### Children's Beginners (7 - 10 years old)

# 23123

12 Mondays

5:00pm - 6:00pm

Sept. 16 - Dec. 16

#### Children's Intermediate (7 - 10 years old)

# 23124

12 Tuesdays

5:30pm - 6:30pm

Sept. 17 - Dec. 10

#### Children's Advanced (7 - 10 years old)

# 23147

12 Thursdays

5:30pm - 6:30pm

Sept. 19 - Dec. 19

### BEGINNING SPANISH FOR SENIORS (ONLINE)

This course is targeted for retirees, looking to keep their mind active through language learning. It is a basic language course with an introduction to the Spanish language. Students will learn starting from the alphabet to a basic simple conversation. Each week will cover different topics, and students will be able to practice actively in class what they learned.

**Teresa Hito**

**Fee: \$119**

#### Seniors Beginners

# 23152

12 Fridays

1:00pm - 2:00pm

Sept. 27 - Dec. 20

#### Seniors Intermediate

# 23153

12 Fridays

2:00pm - 3:00pm

Sept. 27 - Dec. 20

### SPANISH FOR ADULTS (ONLINE)

In this course students will use reading, writing, speaking, and listening skills to develop a basic level of proficiency in the Spanish language. Each week will present a topic with grammatical points of interest by using games, drills, and videos to cover all aspects of language learning. General topics will be addressed depending on the what is covered that week.

**Teresa Hito**

**Fee: \$169**

#### Adult's Beginners

# 23148

12 Wednesdays

7:00pm - 8:30pm

Sept. 18 - Dec. 11

#### Adult's Intermediate

# 23149

12 Saturdays

8:00am - 9:30am

Sept. 21 - Dec. 21

#### Adult's Advanced I

# 23150

12 Saturdays

9:35am - 11:05am

Sept. 21 - Dec. 21

#### Adult's Advanced II

# 23151

12 Saturdays

11:10am - 12:40pm

Sept. 21 - Dec. 21

### SPANISH FOR TRAVELERS (ONLINE)

This course is geared to travelers, who are planning to visit a Spanish country, and would like to have a basic Spanish language skill, to be able to communicate effectively with locals. Along with the language skill, students will be exposed to the culture by learning about places they will visit, important festivities and typical ethnic food.

**Teresa Hito**

**Fee: \$119**

# 23154

12 Saturdays

12:45pm - 1:45pm

Sept. 21 - Dec. 21

## ONLINE CAREER TRAINING COURSES

Accelerate your career or find a new one with any of our more than 800 online courses!

### COURSE FEATURES:

- 24/7 Access
- Books and materials included
- Certificate of Completion
- Financial assistance available
- Student Advisors included
- Industry recognized certifications



[careertraining.ed2go.com/lavc](https://careertraining.ed2go.com/lavc)



## THE BASICS OF HARMONY SINGING

In this fun class, you will discover and hone your own vocal sound, learn breath control, experiment working with different ranges, train your ear to better understand pitch, and enhance your singing diction. We'll start with simple popular songs and learn to sing the correct melodies and then the harmonies that go with them in a very easy low pressure environment. This class will help you find your voice.

**Dale LaDuke**                      **Fee: \$99**  
**# 23108**                                5 Saturdays  
 12:00pm - 1:00pm                Sept. 7 - Oct. 5

## JAZZ GUITAR (ONLINE)

The Jazz Guitar 1-on-1 is an affordable college-level jazz education course for intermediate to advanced guitarists. An admission test will determine eligibility. The course focuses on chord voicings, scales, arpeggios, and improvisation with jazz standards. Live streaming classes will be recorded for convenient weekly reinforcement, and a virtual classroom on WhatsApp will provide weekly feedback. The course is taught by Gio Lombardi, an experienced teacher, performer, and composer.

**Gio Lombardi**                      **Fee: \$69**  
**# 23109**                                5 Saturdays  
 9:30am - 10:30am                Sept. 28 - Oct. 26

## BEGINNING GUITAR LEVEL 1

If you are just starting out on guitar this class is for you! The course will teach the basic fundamentals of music, power chords and the notes on the guitar. You will be introduced to guitar tablature which will build the foundation for a lifetime of enjoyment making music. Come join this class and learn how to play songs and make music in no time flat.

**Dan Sindel**                              **Fee: \$149**  
**# 23110**                                6 Mondays  
 6:30pm - 8:30pm                Sept. 16 - Oct. 21

## UKULELE

Learn fundamental skills to get you playing ukulele in this entertaining hands-on class. We will work on rhythm, strumming, patterns, and some finger picking. With a few basic chords you can play along with others and accompany yourself on a multitude of songs. Learn to find the right key for your voice and where the notes are on the keyboard.

**Dale LaDuke**                      **Fee: \$99**  
**Level 1**  
**# 23106**                                5 Saturdays  
 10:00am - 11:00am                Sept. 7 - Oct. 5

**Level 2**  
**# 23107**                                5 Saturdays  
 11:00am - 12:00pm                Sept. 7 - Oct. 5

# PERSONAL ENRICHMENT

## ACT 3 "THE NEW RETIREMENT"

Are you ready for your retirement? "The New Retirement" prepares you for the NON-FINANCIAL aspects of retirement, and the opportunity to rehearse your transition from employment, which is as crucial as financial planning. "The New Retirement" course includes discussions, support materials, activities, resources, a Personality Profile instrument, and your personal strategic plan designed to support a meaningful and rewarding life journey in alignment with your financial goals.

**Devra Korwin**                      **Fee: \$85**  
**# 23115**                                3 Wednesdays  
 6:00pm - 8:30pm                Oct. 9 - Oct. 23

## CAREGIVING MADE SIMPLE

Are you experiencing stress while caring for a loved one or a patient? Are you concerned about what will happen to your aging parent? Are you concerned about how you're going to manage it all? Simplify the caregiving process. Gain the skills you need to save time, money, and reduce stress. As a compassionate caregiver equip yourself to navigate the diverse challenges of a family health crises with grace and resilience.

**Shiral Torres**                      **Fee: \$69**  
**# 23117**                                1 Sunday  
 12:00pm - 2:00pm                Sept. 29

# PERSONAL ENRICHMENT

## EARTHQUAKE PREPAREDNESS

It's always earthquake season in California! Learn what to do BEFORE, DURING, and AFTER an earthquake. Develop your Communication and Evacuation Plans. Build your checklist for an Emergency Supply Kit. Plan your Home Earthquake Drill. Gain peace-of-mind knowing that you are now prepared for the next earthquake.

**Margaret Noji** Fee: \$35  
# 23112 1 Thursday  
6:00pm - 8:00pm Oct. 10

## LIVE, WORK OR RETIRE ABROAD AFFORDABLY (ONLINE)

Enjoy a higher standard of living while living your dream! Learn how you can make your dream of living in a foreign country possible. Find out how to stretch a fixed retirement income, or how to find work overseas that pays your room and board. Discover the top ten countries where you can live better abroad than in the U.S., and how you can do it. Get tips on evaluating your finances, figuring out how far your dollar will go, housing, transportation, food, government discount programs, access to healthcare, job opportunities and more.

**Bob Cohen** Fee: \$49  
# 23031 1 Thursday  
6:00pm - 9:00pm Oct. 10

## NINE STEPS TO SELF-PUBLISH YOUR BOOK

Figuring out how self-publishing works does not have to be a time-consuming, research-laden mission. This course tells you everything you need to know about self-publishing by systematically walking you through the self-publishing process, using practical examples.

**Stacy Dymalski** Fee: \$64  
# 23121 1 Saturday  
10:00am - 12:00pm Oct. 12

# 23122 Online 1 Saturday  
10:00am - 12:00pm Nov. 23

## EMOTIONAL INTELLIGENCE: THE GATEWAY TO PROFESSIONAL AND PERSONAL SUCCESS

Emotional Intelligence (EI) capability is essential, in these challenging and stressful times, to effectively handle the changes and expectations in the workplace and personal life. EI is the Self-Awareness to accurately perceive our emotions as they happen and Self-Manage them to positive outcomes, and Social-Awareness ability to accurately pick up other's emotions and use Relationship-Management skills to manage successful interactions. EI is a learned skill and can be developed. In this course EI competence is developed through discussions, EI assessments and behavior styles, resource materials, activities, and movie clips, concluding with a personal Emotional Intelligence Action Plan.

**Devra Korwin** Fee: \$85  
# 23116 3 Wednesdays  
6:00pm - 8:30pm Oct. 30 - Nov. 13

## INTRO TO TAROT CARD READING

Uncover the mystery and symbolism of tarot cards. Learn how to interpret the cards in a reading, tap into your intuition, and use tarot to support your well being. Bring your own deck - the Rider-Waite deck is highly recommended for beginners.

**Michelle Nieweg** Fee: \$85  
# 23118 6 Tuesdays  
6:30pm - 7:30pm Sept. 17 - Oct. 22  
Students must purchase the required materials

## TURN YOUR STORY INTO A BOOK

Do you have a story idea that should be a book or movie? Unfortunately, an idea not a story. This course shows you how to find your story's message, then how to structure your story so that it supports your message with a beginning, middle, and end.

**Stacy Dymalski** Fee: \$49  
# 23119 1 Saturday  
10:00am - 12:00pm Sept. 21

# 23120 Online 1 Saturday  
10:00am - 12:00pm Nov. 9

All information listed herein is subject to change at any time without prior notice.

## OPEN RECREATION ACTIVITIES

- Open Recreation (drop-in) activities are open to adults ages 18 and up in the community.
- Days and times are subject to change due to location availability.
- There is no instruction for Open Recreation activities.
- Coaching/teaching at any open recreation activity is prohibited.
- Participants must purchase a 10 visit pass for \$50!
- Passes are available at the Community Services office by phone with a credit card or Online.
- No refunds on Open Recreation passes will be issued.
- Lost or stolen cards will not be replaced.

DAY	TIME	PROGRAM	LOCATION
Monday	7:30-10:00 pm	Scottish Dance	CSC MPR 2
Friday	7:00-11:00 pm	Badminton	North Gym
Sunday	2:00-5:00 pm	Adv. Badminton	North Gym

*Please check our website [lavalley.augusoft.net](http://lavalley.augusoft.net) regularly for updates*

### ADULT LAP SWIM (18 AND OVER)

Monday - Thursday	6:00pm - 8:00pm
Friday	5:00pm - 8:00pm

Open to all adults 18 and up for lap swimming. Lap passes have 10 entries. Purchase one pass for \$45, 2 passes for \$70, 3 passes for \$100. No refunds will be given for lap swim passes. Lost or stolen passes will not be replaced.

**Note:** Purchase of the LAVC Community Services Lap Swim Pass does not guarantee that there will be lap space in the pool at all times during our regular lap swim hours. Please understand that we will try our best to find accommodations for lap swimmers but there may be times when it is not possible. Please also be aware that the Aquatic Staff and Lifeguards have the authority to move patrons as necessary.

*All registrations must be done at the Community Services Office*



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# SWIMMING & AQUATICS

## SWIM LESSON POLICIES AND REGISTRATION PROCEDURE

### Classes

- Swim classes are not confirmed until payment is received.
- If you miss a group lesson, there will be no make-up scheduled. If the Community Services Office cancels a class due to inclement weather\*, instructor's schedule, etc. We will provide a make-up class at a mutually agreeable date and time. OR we will provide a class credit or refund.

### Private Lessons

- Swim lessons are not confirmed until payment is received.
- We will do our best to honor requests for instructors but cannot guarantee this.
- If the Community Services Office cancels a class due to inclement weather\*, instructor's schedule, etc. We will provide a make-up class at a mutually agreeable date and time or an electronic voucher.
- Participants in current month private swim lessons have priority registration over others.
- Private Lesson Priority registration for the next month begins on the 1st day of the current month and continues until the Monday immediately after the 3rd Sunday of the month.

\*All classes will be held rain or shine; except in case of thunderstorms, ice on the pool deck or if it is raining so hard that lifeguards cannot see the bottom of the pool. Please read our refund policy on Page 4.

## ADULT SWIM CLASSES (18 YEARS OLD AND UP)

### SHALLOW WATER AEROBICS

This class is for anyone who wants to improve strength, flexibility, and cardiovascular endurance with minimal impact and stress on joints. For beginner to intermediate level

**Monday/Wednesday/Friday**

**\$105/month                      10:00am - 10:55am**

### WATER AEROBICS

A combination of shallow and deep water aerobics. This class is for anyone who wants to improve strength, flexibility, and cardiovascular endurance with a mixture of high and low intensity.

**Tuesday/Thursday**

**\$95/month                      9:30am - 10:30am**

### BEGINNING ADULT SWIM INSTRUCTION

For students who have no previous swimming experience. Basic water safety for adult 18+. Wetsuit Recommended.

**Brian Delach                      Fee: \$75**  
**# 23175                              8 Mon/Wed**  
7:00pm - 7:45pm                      Sept. 23 - Oct. 21

**# 23176                              8 Mon/Wed**  
7:00pm - 7:45pm                      Oct. 23 - Nov. 20

### AQUA FIT

A combination of water aerobics and swimming for a varied, challenging, and fun workout! If you want to get back into shape, keep yourself in shape, or are just looking for something different, then this is the class for you! Class held in deep water.

**Tuesday/Thursday              4:00pm - 4:45pm**  
**\$90/month                      6:00pm - 6:45pm**

### AQUA HIIT

HIIT is a type of interval training exercise. It incorporates several rounds that alternate between several minutes of high-intensity movements followed by short periods of lower-intensity movements. *All participants must be comfortable and water safe in deep water.*

**Monday/Wednesday              4:00pm - 4:45pm**  
**\$90/month                      6:00pm - 6:45pm**

### INTERMEDIATE ADULT SWIM INSTRUCTION

For students who have some previous swimming experience. Stroke instruction for adult 18+. Wetsuit Recommended.

**Brian Delach                      Fee: \$75**  
**# 23177                              8 Tues/Thurs**  
7:00pm - 7:45pm                      Sept. 24 - Oct. 22

**# 23178                              8 Tues/Thurs**  
7:00pm - 7:45pm                      Oct. 24 - Nov. 21

# SWIMMING & AQUATICS

## WE OFFER SWIMMING AND AQUATICS CLASSES YEAR ROUND

All registrations must be done through the Community Services Office

### PRIVATE SWIM LESSONS (YOUTH & ADULT)

25 minutes of one-on-one instruction once a week. Prices based on number of weeks in the month. Children must be at least 5 years old and toilet trained. Call Community Services (818.947.2577 x4172) for times or to schedule a lesson. Lessons are available every half hour, Monday through Friday from 3:30pm - 6:30pm. Please read the registration information/refund on page 26..

### CHILDREN'S SMALL GROUP LESSONS

Our smaller group lessons offer flexible scheduling and are for children of all swimming abilities. Learn to swim or get better with your strokes! For ages 5 through 16½. Group sizes are 4-8 students and lessons are 30-55 minutes long.

**Assessment required for Levels 2 or higher and are by appointment only.**  
**Contact Community Services at (818)947-2577 x4172 to schedule an appointment.**

#### LEVEL 1

Class Size: 4 x 1  
30 min.

\$85/month

Monday/Wednesday 3:50pm - 4:20pm  
Tuesday/Thursday 3:50pm - 4:20pm  
Tuesday/Thursday 5:55pm - 6:25pm

#### LEVEL 2

Class Size: 4 x 1  
30 min.

\$85/month

Monday/Wednesday 4:25pm - 4:55pm  
Tuesday/Thursday 4:25pm - 4:55pm  
Tuesday/Thursday 6:30pm - 7:00pm

#### LEVEL 3

Class Size 6 X 1  
45 min

\$105/month

Monday/Wednesday 4:00pm - 4:45pm  
Monday/Wednesday 5:00pm - 5:45pm  
Tuesday/Thursday 4:00pm - 4:45pm  
Tuesday/Thursday 5:00pm - 5:45pm

#### LEVEL 4

Class Size 6 X 1  
45 min

\$105/month

Monday/Wednesday 5:00pm - 5:45pm  
Tuesday/Thursday 5:00pm - 5:45pm  
Tuesday/Thursday 6:00pm - 6:45pm

#### LEVEL 5

Class Size 8 x 1  
55 min

\$105/month

Monday/Wednesday 5:00pm - 5:55pm  
Monday/Wednesday 6:00pm - 6:55pm  
Tuesday/Thursday 5:00pm - 5:55pm

#### LEVEL 6

#### ADVANCED AQUATICS

A group lesson for intermediate to advanced swimmers who are looking to learn/improve all their strokes, proper lap techniques, and have fun while increasing their strength and endurance. Ages 6 – 16 Tryout is required.  
55 min \$105/month

Monday/Wednesday 6:00pm - 6:55pm

**PLEASE NOTE:** We advance children to the next level based on Instructors recommendation and availability of the class. We cannot guarantee that the next level of class will always be available on your requested day/time, or at all.



# MONARCH CAMPS

**MONARCHCAMPS.COM**

**(818) 304-3016 | INFO@MONARCHCAMPS.COM**

## AFTER SCHOOL PROGRAM

**EVERY DAY UNTIL 6:30PM PICK UP AT LAUC**

**TK through Eighth Grade  
School Year 2024-2025**

- Pick up students from school
- Homework assistance, completion, and correction.
- Enrichment Activities
- Swimming offered seasonally
- Daily Snack
- Open as late as 6:30PM
- Optional Enrichment Classes to add on.

**Monarch Camps After School Camp has passenger vans to pick up students at Burbank, Carpenter, Colfax, Dixie Canyon, Erwin, Kester, Maurice Sendak, Monlux, Elementary Schools, Walter Reed Middle, & Louis Armstrong Middle School**

## SINGLE DAY CAMP (7:30am TIL 6:30pm)

**Fri., Aug. 30, 2024 | Mon., Sept. 2, 2024 Labor Day (Camp Not Available) |  
Thurs., Oct. 03, 2024 | Mon., Nov. 11, 2024 Veteran's Day  
Schools Out, Come to Camp!!!!!!.**

**We offer full day of camp for pupil-free days & holidays when school is out.  
During the day campers will enjoy sports, Arts & Crafts Projects, Special  
Event Activities and swimming if weather permits.**

## THANKSGIVING CAMP

**Monday - Wednesday, November 25 -27 | Rate \$120/Daily**

**Enjoy a classic day of camp, a field trip and a Thanksgiving celebration.**

## SPRING BREAK CAMP

**Monday - Friday, April 14 - 18**

**Each group will have two days of Classic Day Camp,  
two days of field trips, and a Friday Spring Celebration.**

# MONARCH CAMPS

**MONARCHCAMPS.COM**

**(818) 304-3016 | INFO@MONARCHCAMPS.COM**

## WINTER CAMP 2024-2025

**Dec. 16th - Jan. 3rd, 2024 Mon-Fri 7:30am - 5:30pm**

### MONARCH CAMPS MISSION

Monarch Camps provides campers with a fun and enriching environment where growth is a natural outcome of participation. The sports and activities we offer facilitate the development of cooperation, creativity, motor skills and sportsmanship among campers. Camp traditions and inclusion are tools that we use to cultivate a family environment. We strive to be a positive influence on a camper's growth from childhood through their teen and adult years.

### REGISTRATION OPENS NOV. 1ST! REGISTER AT MONARCHCAMPS.COM

Registration closes when camp is full or the Thursday prior to each week.

**LIMITED SPACE and we fill up quickly.**

Daily with snack and food included	Sibling Discount
<b>\$115</b>	<b>\$100</b>
Minimum 3 Days	Minimum 3 Days

	Monday	Tuesday	Wednesday	Thursday	Friday
12/16	Regular Fun Day	Regular Fun Day	Field Trip	Regular Fun Day	Regular Fun Day
12/23	Regular Fun Day	Holiday/Snow Party	No Camp	Regular Fun Day	Regular Fun Day
12/30	Regular Fun Day	Field Trip to Discovery Cube	No Camp	Regular Fun Day	Regular Fun Day

### ABOUT OUR MOST POPULAR PROGRAM - CLASSIC DAY CAMP

This is where it all begins, with our longest running and most popular camp.

Campers participate in arts & crafts, special projects and play a variety of sports (such as Gymnastics, Basketball, Tennis, Soccer and Archery). We build a strong sense of camp tradition and community through singing, dancing, special dress-up and theme days with unique events. Groups are divided by grade level.

Camps We Offer	For Grades	Ages
Classic Day Camp	Kinder - Seventh	5 - 12
Fine Art Camp	Second - Seventh	7 - 12
Theatre Arts Camp	Second - Seventh	7 - 12
Gymnastics Camp	Second - Seventh	7 - 12
Soccer Camp	Second - Seventh	7 - 12
Tennis Camp	Third - Seventh	8 - 12
Tumbling Camp	Kinder - Second	5 - 7

# MONARCH CAMPS

## MONARCHCAMPS.COM/CLASSES

(818) 304-3016 EXT 700 | [CLASSES@MONARCHCAMPS.COM](mailto:CLASSES@MONARCHCAMPS.COM)

Registration opens at 8:00PM  
on the 15th of each month  
for the following month.



### FINE ART CLASSES

Discover the enchanting realm of creativity and self-expression through our captivating Fine Art Classes, thoughtfully designed for children aged 7-13. Within the world of visual arts, budding young talents will flourish as they unlock their imaginations and nurture their artistic abilities. Our skilled instructors are passionate about nurturing and igniting the artistic spark in each child, fostering a supportive atmosphere for their creative exploration. Embracing small class sizes, we ensure individualized attention, empowering every young artist to blossom in their own distinctive style. Join us for an exciting and transformative journey through the mesmerizing world of fine art!

### BASKETBALL CLINICS

Ignite your child's love for basketball at our Basketball Camp and Saturday Clinics! Every Saturday from 5PM-7PM, young athletes will dribble, shoot, and soar on the court. Our experienced coaches provide a supportive environment with personalized attention, helping kids develop skills and confidence. Join us for fun, teamwork, and the joy of the game! They can also stay for Monarch Saturday Nights for an extra fee.

### GYMNASTICS CLASSES

Children will learn basic gymnastics skills which help develop body awareness while working on strength and flexibility. From warming up their muscles to going upside on around the uneven bars, they will experience it all! We focus on knowledge of the equipment and their comfort level with each event they visit.

### ROCK CLIMBING CLASSES

Be brave and adventurous in this challenging physical activity for kids 6-11. Rock climbing encourages problem solving and boosts confidence as they strategize their way to the top. An awesome alternative to competitive sports, rock climbing is a personal journey for climbers, building coordination and strength while staying in shape. Children work with experienced instructors. Class sizes limited..

### THEATRE CLASSES

Unlock the world of creativity and self-assurance in our engaging Theatre Classes, tailor-made for children aged 7-13. Within the realm of performance and storytelling, young minds will thrive as they embrace their imaginations and develop their artistic potential. Our experienced instructors are dedicated to guiding and inspiring each child, providing a nurturing environment for their theatrical exploration. With limited class sizes, we ensure personalized attention, allowing every young performer to flourish in their own unique way. Come join us on this exhilarating and transformative journey through the captivating world of theatre!

**MONARCHCAMPS.COM/PARTIES**

**(818) 304-3016 EXT 6 | PARTY@MONARCHCAMPS.COM**

## SATURDAY NIGHTS

**Register online \$60 for 5PM - 11PM  
Day of Drop off \$85**

5PM - 7 Dinner and Games | 7 - 9 Activities | 9 - 11PM Wind Down Time  
Activities such as: Rock Climbing, Gymnastics, Sports, Art and other fun stuff

## MONARCH PARTIES

Have an easier experience by having the party on campus. We decorate and will clean up after! You'll get the convenience of easy parking and the use of our party room with a refrigerator, freezer, ice maker and sinks.

• You can also have our experienced come to your location for a fun and memorable experience. Our rentals will enhance any party or event.

### PARTIES ON CAMPUS - CHOOSE ACTIVITIES

- Gymnastics
- Sports
- Inflatables
- Rock Wall
- Arts & Crafts
- Water Play

### WE HAVE SERVICES TO ADD TO YOUR PARTIES/EVENTS!

- Airbrush Tattoo Artist
- Face Painting
- Art Instructor
- Sports Coach
- Mobile Rock Wall

**Email: [party@monarchcamps.com](mailto:party@monarchcamps.com) to reserve your party**

## ADULT RECREATIONAL GYMNASTICS CENTER AND ROCK CLIMBING

Adults can use the gymnastics center and the rock climbing wall during the hours below.

**\$20 Day Pass**

**\$60 Monthly Pass**

	Gymnastics Center	Rock Climbing Wall
Tuesday	7:00PM - 10:00PM	7:00PM - 10:00PM
Thursday	Closed	7:00PM - 10:00PM
Friday	7:00PM - 10:00PM	7:00PM - 10:00PM

**5792 Ethel Ave. Valley Glen, 91401**

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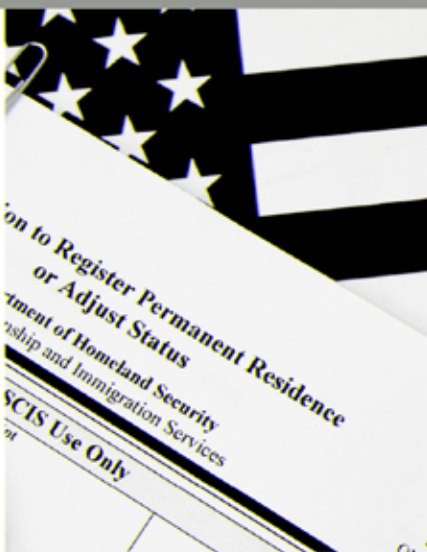


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# WORKFORCE BIOTECH TRAINING ACADEMY



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AUGUST 12 -  
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## DEVELOP SKILLS & EARN CERTIFICATIONS

- Occupational Safety and Health Administration (OSHA) Safety
- Employability Skill Development (Interview, Resume, Cover Letter, Networking)
- Biotechnology Lab Techniques
- Standard Operating Procedures (SOP)
- Biology, Biotechnology, Microbiology & Chemistry for the Workplace; Math for the Workplace

**ABOUT US:** The Biotech Bridge Training Academy is funded by various grants. The Academy is an LAVC Job Training Department sponsored program and is a not-for-credit class.

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🔍 BioTech

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- NO ENROLLMENT/REGISTRATION FEES
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- Enter and exit classes ANYTIME between the start and end date of the class.
- Classes are repeatable; taken over and over again.
- Students who complete a noncredit certificate with passing ("P") grades will have earned a Certificate of Completion on their academic transcripts.
- You must be an adult living in California.

### CLASSES AND CERTIFICATES ARE AVAILABLE IN:

- Community Health Worker
- Media & Cinema Arts
  - Line Producing & Unit Production Management Skills
  - Davinci Resolve Techniques
  - Photography
  - Motion Picture Sound Techniques
- Parent & Family Development
- 21st Century Employability Skills
- Success in Hybrid & Online Classes



Adult Education  
Noncredit  
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🌐 lavc.edu/student-services/adult-education

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## VALLEY FAST TRACK

### Short-term classes for working adults.

Fast Track students can complete their general education transfer requirements and a degree in about two years. Most courses are offered 100% online.

#### You can earn the following degrees:

- Anthropology Associate in Arts for Transfer Degree
- Business Administration Associate in Science for Transfer Degree
- History Associate in Arts for Transfer Degree
- Sociology Associate in Arts for Transfer Degree

#### Fall 2024

1st 8-week classes begin  
August 26

2nd 8-week classes begin  
October 21



**Enroll Now**  
[www.lavc.edu/fasttrack](http://www.lavc.edu/fasttrack)



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