



LAVC Community Services

SUMMER 2021

Virtual Classes Guide

Registration begins:
June 1, 2021

How to Register:
online at lavalley.augusoft.net

KEEP CATALOG THROUGH AUGUST 2021

VIRTUAL GUIDE

JUNE - AUGUST 2021

STUDENT CONTENT

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On-Line Summer 2021 Classes

Registration begins 6/1/21

Register prior to June 15th
and save \$5.00 per class!

REFUND POLICY

There will be a \$10 charge for each refund OR transfer requested. Refund or transfer requests **may** be granted **ONLY** if presented in **writing** on a **refund request form** at least **5 working days before the first class meeting** unless otherwise noted. **This means that if you enroll less than 5 working days before the class begins, there will be no refunds.** Please choose classes carefully, as refunds, transfers or credits **CANNOT** be granted once a class has begun. Refunds or credits **WILL NOT** be issued for absences or late registrations. **If you miss some meetings of a class you cannot make them up in another class.** Refunds are not made on the basis of not receiving a confirmation.

The Community Services Program is not responsible for lost or misdirected mail or email. There will be a \$10 charge to change a class. If you paid by credit card, your account will be credited. If you paid by cash, check or money order, you will receive a check refund (allow 4 - 6 weeks for processing). Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, **NO REFUND** will be given.



This catalog is published 3 times per year (fall, winter/spring and summer) by the Los Angeles Valley College Community Services Department. It is sent to residences in the nearby zip codes and is available on campus at several locations. It is also available at many Los Angeles County Public Libraries as well as all City of Burbank Libraries. If you'd like to be added to our mailing list please contact us at 818-947-2577 x. 4172 or send an email to comm_serv@lavc.edu.



IMPORTANT INFO.

GENERAL & REGISTRATION INFORMATION

LOS ANGELES COMMUNITY COLLEGE

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VALLEY COLLEGE ADMINISTRATION

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Mike Lee, V. P. of Admin. Services
Sarah Song, Associate V. P. of Admin. Services

COMMUNITY SERVICES PROGRAM STAFF

Michael Atkin, Community Services Manager
Selvia Awad, Community Services Aide
Annette Basileo-Ivey, Community Services Aide

DISCLAIMER POLICY

The Los Angeles Community College District and Valley College have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice by the administration of the Los Angeles Community College District or Valley College for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the District and the College. The District and the College further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures. Note: Students enrolling in business and financial classes are responsible for making their own financial decisions.

COMMUNITY SERVICES PROGRAM

Classes and workshops are offered to meet community interests. These classes are not given for academic credits and are not part of any degree or certificate program offered by Los Angeles Valley College. The Community Services Program is self-supporting, and classes are not given at taxpayers' expense. Unless indicated, class instructors and workshop leaders are not members of the Los Angeles Valley College faculty. Financial aid is not available for these classes.

ATTENDING FIRST SESSION

Preregistration is required for all classes and workshops. If you register late, you must show your receipt to the teacher at the first class meeting. The teacher will verify the program number, date and the student's name. **Keep your receipt.** Only persons with an appropriate receipt will be considered.

REGISTER EARLY

Minimum enrollment is necessary to maintain each class. Unless the minimum is reached before the first meeting of the class, it will be canceled. Some classes fill rapidly and the maximum may be reached before the final registration date. A \$2 per class nonrefundable registration fee as mandated by the Board of Trustees at their Dec. 11, 1985 meeting, is included in class fees.

All information listed herein is subject to change at any time without prior notice.

REGISTRATION INFORMATION

ENROLLMENT APPLICATION FORM:

A SEPARATE FORM (OR COPY) IS REQUIRED FOR EACH CLASS AND STUDENT (PLEASE PRINT)

Today's Date: _____ Class Title: _____ Start Date: _____ Class # _____

Date of Birth: _____ E-mail address _____

Name _____

Street _____

City _____ ZIP _____

Phone: Home () _____ Business () _____

Payment Method:

☐ Money Order ☐ Visa ☐ Master Card ☐ Discover Card ☐ American Express

Credit/Debit Card # _____ Expiration Date _____ Auth # _____

Signature Required: _____ Clerk: _____



Mail or bring this form (or copy) to:
Community Services Office
5800 Fulton Ave., Valley Glen, CA 91401
OR, Fax to: 818-947-2930

Office Use Only

Fee \$ _____

Parking Fee \$ _____

Parking Permit # _____

Registration indicates that you (1) have read and understand the refund policy (2) understand that the Los Angeles Community College District has no insurance covering medical or hospital costs incurred by participants (3) recognize that there are risks inherent to participation in recreational activities and agree to release, indemnify and hold harmless the Los Angeles Community College District staff, employees, trustees and volunteers from and against any and all liability from bodily injury and/or property damage which may result from participation in the program. (4) fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary. (5) understand that photographs taken of Community Services programs may be used by the Community Services Department for promoting programs, classes, or events and agree that you will not seek compensation of any kind for use of photographic likeness. Receipt will be mailed.

Refund Requests must be presented **in writing on the appropriate refund request form** and accompanied by original receipt **at least 5 working days** before 1st class meeting unless otherwise noted. This means that if you enroll less than 5 working days before the class begins, there will be no refunds. **No Refund after class begins.** There will be a **\$10** charge for **each refund, credit or transfer.**

SUPPLY/HANDOUT/MATERIAL FEES:

Please be aware that some Community Services classes have additional supply, handout or book fees. **You MUST purchase the supplies necessary to take the class at the time you register. Supply fees are paid to the Community Services Department. You WILL NOT be able to participate in class unless you purchase the supplies. You will receive the supplies at the first class. Supply fees will only be refunded if class is canceled or the student withdraws from class at least 5 days prior to class start date.**

If you require special ADA accommodations, please inform us at least two weeks prior to the start of your class or program.

REGISTRATION INFORMATION



ONLINE

ANY TIME!

The easiest and quickest way to register is to visit us at online 24 hours a day at <http://lavalley.augusoft.net> where you can simply search for the class you want, add it to the cart then checkout as you would for other online site. Once completed, you will be able to print your receipt and confirmation immediately.



PHONE

Monday - Friday
8:00 AM - 4:30 PM

Enrolling by phone is very simple. Just call **(818) 947-2577, X. 4172** during our office hours and be sure to have your credit / debit card handy so we can help you quickly. Receipt and confirmation will be e-mailed once transaction is completed.



BY MAIL

Complete the registration form on page 4 (one per person / class) and mail to:

**Los Angeles Valley College
Community Services Department
5800 Fulton Avenue
Valley Glen, CA 91401 - 4096**

Mail at least TWO weeks prior to first day of class to ensure there is space in the class. Receipt, campus map and confirmation will be mailed. and emailed. Please note that Community Services no longer receives personal checks. Be sure to include all credit card information (card number, expiration date, security code) and a working email address.



BY FAX

ANY TIME!

Fax completed registration form to (818) 947-2930, and be sure to provide all the registration information, include your Visa, Master Card, Discover or American Express card number, expiration date and CVV2/CID number. Receipt, campus map and confirmation will be mailed and/or e-mailed.



COVID-19 isn't done yet...

Although we aren't able to be together at this time, we are still very much together and committed to providing our customers with quality online programming from Instructors you know and love as well as introducing you to new online instructors and great new programming opportunities. This isn't forever, and we are looking forward to being together again soon. Stay healthy.

AMERICAN WITH DISABILITIES ACT (ADA) INFORMATION

All classes and events are wheelchair accessible. Individuals needing sign-language interpreters, assistive listening devices, large print or other alternative format materials, or other accommodations should contact the Community Services Office at 818.947.2577 x 4172 **at least two weeks prior to the date of 1st class or event.**

ACTING/PERFORMING ARTS

INTRODUCTION TO VOICEOVERS (One-on-One Instruction)



Personalized One-on-One Instruction

Explore the voiceover industry! Discover current trends, opportunities, and tools you need to find success. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. Your

Instructor will record you as you read a real script, then offer you coaching so you can improve your delivery. Your Instructor will take notes on your performance. One-time, 90 minute, introductory class. Learn more at <http://www.voicesforall.com/ooo> 18 and over. You owe it to yourself to finally explore the possibilities of this fun and exciting field.

Voices for All
20892

Fee: \$49

After registration you will receive a call to set up a time that works best for you.

ARTS

BEGINNING PHOTOGRAPHY

Learn what goes into making great photos with any camera, whether you're using a DSLR or mirrorless camera. Class will cover the camera control options as well as the creative choices you as the photographer make in creating dynamic images. Class will cover the fundamentals of photography to consistently get great photos. Topics include: getting the correct exposure, understanding photography terminology, making photos that are beautiful and tell the story you intend. Take creative control of your photography. With classes via Zoom you'll have a unique opportunity to see camera details and photo examples up close. Small class size and teacher's style allows for individual attention. Open to teens 15 years up and adults. **No class July 3rd.**



Nancy Kaye
20905

4 Saturdays

9:00 AM - 11:00 AM

June 26 - July 24

Fee: \$70

PHOTOSHOP (Introduction to)



This hands-on workshop is geared towards those new to working with photos and wanting to learn the basics of Adobe Photoshop to edit and enhance digital images. Topics include downloading files, cropping, adjusting colors, brightness, and contrast, working with selection tools and layers, adding text, and more. Techniques will be demonstrated and participants will be sent photo files to practice technique being demonstrated by the teacher. Students using any camera with any level of skill are welcome, but please note that class does not include instruction on camera operation. Each participant will need a computer equipped with Adobe Photoshop.

Nancy Kaye
20906

5 Saturdays

9:00 AM - 11:00 AM

July 31 - August 28

Fee: \$65

ARTS & CRAFTS/HOBBIES

CANDLE MAKING

Decorative candles may have caught your eye in pricey boutiques and gift shops. Now you can decorate quality candles and make a beautiful addition to any home! In this workshop you will learn how to make several different kinds of candles, tips to work with paraffin wax, essential oils and candle dyes and how to incorporate dried fruits and flowers into your candles. You'll also find out where to get materials and supplies. You will leave with several high-quality candles. This is a hands-on class and can be messy!



Quayum Abdul

20893

Saturday

9:00 AM - 12:00 PM

June 26

Fee: \$39

SOAP MAKING

Do you love the sensual pleasure of beautiful, aromatic soaps but hate the high prices shops charge? Why not learn to make your own for a fraction of the retail cost? It's easier than you think! Custom-made soaps are perfect for gifts, bathroom decor and people with sensitive skin. You will create different kinds of soaps while learning how to layer colors, use molds, and add fragrances, herbs and toys. Express your creativity and join the fun! This is a hands-on workshop and can be messy!

Quayum Abdul

20894

Saturday

2:00 PM - 5:00 PM

June 26

Fee: \$39

BATH PRODUCTS (Shampoo, Shower Gel, and Bubble Bath)

In this fun hands-on class students will discover simple techniques for making one of a kind bath products (shampoo, shower gel, bubble bath, bath salts, exfoliates, etc.) Topics include: -Where to Obtain Supplies, -Tips For Making Bath Gels, -Adding Herbs and Extracts, -Aroma Therapeutic Effects of Oils and much more! This is a hands-on workshop and can be messy! Please dress accordingly.

Quayum Abdul

20895

Saturday

9:00 AM - 12:00 PM

July 31

Fee: \$39

BODY BUTTER (Cream)

Don't you agree that the hurried, stressful pace of your daily life oft en makes it difficult to find ways to relax? In this online virtual presentation, you will find a way to create a restful retreat in your home – one in which you can relax and rejuvenate your mind, body and soul. Making your own body butter lotion is not at all difficult. It is really a very simple process using the same tools you already have in your kitchen. Most body butter recipes include just a handful of ingredients – you can make them with whatever scent and therapeutic qualities you desire to add to make your unique product. Body butter is awesome in any form. It is so rich and luxurious that you just can't help but love it. Each participant will receive zoom link and ingredient list via email a week before class start date.

Quayum Abdul

20896

Saturday

2:00 PM - 5:00 PM

July 31

Fee: \$39

Buy One - Get One Half Off

Register for any two craft class taught by Quayum Abdul and get the second class for ½ off! You must register for classes at same time to get the discount.

If you call to register we will give you the discount at the time of registration.

If you register online we will contact you to see if you would like a refund or a credit voucher once we verify your registration.

ARTS & CRAFTS/HOBBIES

FIZZY BATH BOMBS

These bath bombs make fantastic gifts – they are just dropped into a hot bath & they fizz & dissolve releasing a beautiful fragrance! Surprisingly easy to make, let your imagination run WILD & experiment with different oils & colors – I also like to add dried rose petals, dried lavender & fine glitter. The possibilities are endless! All it takes to make delicately scented tablets is a little mixing, some gradual spiriting, and a few minutes of molding. Though, it is online virtual presentation session but when you are finished you will have dozens of effervescent treats in a variety of shapes and colors that will scent and soften bath water as they bubble. Each participant will receive zoom link and ingredient list via email a week before class start date.



Quayum Abdul
20897

Saturday

9:00 AM - 12:00 PM

Fee: \$39
August 7

COLD PROCESS SOAP MAKING

Want to know how to use the Cold process soap making method to create soap completely from scratch? Well, this online virtual presentation session will explain to you A to Z cold process soap making, so that you can create beautiful handmade soaps right in your kitchen. Oh, and don't worry about your experience level, it really doesn't matter. This class ranges from beginner to advance. So, whether you are a complete novice or a soap making pro, stick around, have fun and maybe you will learn something new about making soap at home. Each participant will receive zoom link and ingredient list via email a week before class start date.

Quayum Abdul
20898

Saturday

2:00 PM - 5:00 PM

Fee: \$39
August 7

FACE PAINTING

This course is an introduction to face painting. Participants will learn freehand stroke skills necessary to create swirls, teardrops, curlicues, dots, and teardrop flowers. Topics will also include tools and makeup selection, loading your brush with multiple colors, using split cakes, and proper hygiene. The skills learned in this class can be used for children's parties, family gatherings, school events, or to make extra money as a face painter. Please provide a valid email address at time of registration for the instructor to send you handouts prior to class. Students will be expected to print and have handouts at each class meeting. No use of personal cameras, cell phones, or any other like device to record the lectures provided in class is allowed.

Carmen MacDonald
20899

4 Wednesdays

7:00 PM - 9:00 PM

Fee: \$120
July 7-28

SPECIAL EFFECTS

Create awesome & gruesome facial effects in this hands-on special effects class. In just 4 short weeks students will learn to use professional tools and techniques to accomplish looks worthy of a scare! Topics include: products and tools, burns, wounds, bruising, bullet wounds, and zombies. Please request a list of required materials for this class at the time of registration.



Carmen MacDonald
20900

4 Wednesdays

7:00 PM - 9:00 PM

Fee: \$120
August 4 -25

ARTS & CRAFTS/HOBBIES

ONE STROKE PAINTING 1

This course will teach you the basics of decorative painting techniques to create detailed flowers and leaves in just one stroke. Create beautiful paintings and take them home on canvas, a ceramic vase, glass, fabric, or greeting cards.

Carmen MacDonald

20901

4 Fridays

7:00 PM - 9:00 PM

Fee: \$65

July 9 - 30

ONE STROKE PAINTING 2

This course will focus on learning and perfecting brush strokes. Last class you will paint an individual project using strokes learned during class. You must have taken One-Stroke Painting 1 or have instructor's permission to enroll in this class.

Carmen MacDonald

20902

4 Fridays

7:00 PM - 9:00 PM

Fee: \$65

August 6 - 27

Maquillandote así te verás mejor en Zoom y en persona.

Aplicación de crema hidratante y protector solar, exfoliación, base, correctores, ojos con plantilla, difuminadores, cepillos y más. ¡Este es un taller práctico como ningún otro! Raquel te enseñará técnicas y consejos de temporada, que incluyen contorno, ojos con plantilla y base sedosa. ¡Los estudiantes pueden esperar aprender la guía personal de Raquel para una aplicación impecable! ¿Estás interesado en actualizar tu look? ¿No sabes por dónde empezar? ¡Este taller cambiará tu forma de ver el maquillaje! Este taller de aplicación de maquillaje personalizado de la A a la Z se llena rápido ya que los cupos son limitados. Se necesitará un espejo de pie, una botella pequeña de agua y su propio maquillaje (humectante, protector solar, base, corrector, brochas, sombras de ojos, lápiz labial, polvos sueltos, rubor, iluminador, rímel (pestañina) delineador de ojos, etc.

Raquel Fournier

20903

6 Wednesdays

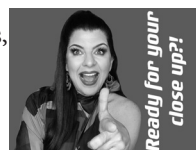
6:00 PM - 8:30 PM

Fee: \$75

July 21 - August 25

ZOOM READY & IN-PERSON MAKEUP: SUMMER

Moisturizer and sunscreen application, exfoliation, foundation, perfectors, primers, stenciled eyes, blending, brushes and more. This is a hands on workshop like no other! Raquel will teach you seasonal techniques and tips, including, contouring, stenciled eyes and silky foundation. Students can expect to learn Raquel's personal guide to a flawless application! Are you interested in updating your current look? Don't know where to start? This workshop will change the way you approach makeup!



Raquel Fournier

20904

6 Saturdays

9:00 AM - 11:30 AM

Fee: \$75

July 24 - August 28

EARLY BIRD REGISTRATION

Did you know that we will take \$5 off each class you register for by June 15th? Well, we will!

BUSINESS & CAREER TRAINING

Marketing series with Bob Cohen

INTERNET MARKETING METHODS

Learn the nine steps professionals use to market any business or organization online. For beginners and others looking to improve, we'll cover the most popular online tactics from SEO, advertising, social media, channels, affiliates, e-commerce, content marketing, and the #1 marketing approach recommended by Google and others. This course will help you get started and take your marketing up a level, help you learn how to do-it-yourself or hire and manage an agency to do the work for you. Your fee includes a PDF file of the class workbook and online web membership for a year. This is an introductory level class.

Bob Cohen

Fee: \$69

20907

Tuesday

6:00 PM - 9:00 PM

July 6

MARKETING WITH SOCIAL MEDIA

Learn how to use Facebook, Twitter, Instagram, and other social media sites to market just about anything from businesses and non-profits to books and bands! Discover how Likes, Follows, Shares, and Comments affect your organic marketing and how to use paid advertising. Find out the audience demographics for the most popular social media sites, and learn about tools like RSS that professionals use to automate their social media marketing. Your fee includes a PDF file of the class workbook and online web membership for a year.



Bob Cohen

Fee: \$69

20908

Tuesday

6:00 PM - 9:00 PM

July 13

SEARCH ENGINE, GOOGLE ADS, EMAIL AND ECOMMERCE MARKETING

We'll explore Search Engine Optimization (SEO) and Google Ads to help drive traffic to your site, how to find and use keywords, and why a landing page is valuable. Gain insight into why you should be using email marketing, what makes a successful opt-in newsletter, and how you can build one for pennies. Find out what the best e-commerce sites are for selling and your options. We'll compare search, social media, and email opt-in so you can understand what each offers for your online marketing. Your fee includes a PDF file of the class workbook and online web membership for a year.

Bob Cohen

Fee: \$69

20909

Tuesday

6:00 PM - 9:00 PM

July 2

BLOGGING

A blog is your best bet for a website for almost any online activity and helps with SEO and social media promotion. Learn what a Blog is, where to find them, and how to get one for free. Find out how you can share your ideas, pictures, video with family, friends, organizations, and customers. Make money with your Blog with Google™ ads, affiliates, and other ways to profit if you have something to show or say to the world! For business owners, learn how to use Blogs to get and keep customers! This course is taught by Bob Cohen, a successful Internet Entrepreneur, who owned and operated his own Internet Company and has worked in the high-tech industry for over 35 years.



Bob Cohen

Fee: \$69

20910

Tuesday

6:00 PM - 9:00 PM

July 27

BUSINESS & CAREER TRAINING

Medical Series has gone on-line!

MEDICAL BILLING & CODING SERIES

Los Angeles Valley College Community Service Department will issue a certificate for the "Medical Insurance Billing Specialist" after the student has successfully completed **all three** classes: **Medical Terminology, Coding, and Medical Insurance Billing classes** (attendance & examination requirements must be met before each class ends). **There will be a \$5 charge for each additional or special request certificate.** After completing all 3 classes students are qualified to sit for the exams in either AHIMA or AAPC. **Additional online Medical classes are offered on page 22.**

MEDICAL TERMINOLOGY (CLASS 1)

This introductory course is designed for individuals who want to pursue a career in or enhance their potential for advancement in the health care field. Key topics which will be presented, analyzed and discussed include the following: The rules and structure of medical terminology, anatomy, functions of the organ/system being studied, the etiology, diagnostic procedures and management of pathological conditions. There will be weekly quizzes given to keep track of students' progress.

This course is a prerequisite for Medical Insurance Coding. Required text: **The Language of Medicine 11th Edition by Davi-Ellen Chabner ISBN: 978-0323370813. Purchase or Rent on your own.** Instructor also suggests that students purchase a Medical Dictionary.

Arlyn "Gladly" Tagomolila-Que
20916 Mondays, Fridays

6:00 PM - 10:00 PM

Fee: \$220

June 21 - July 30

No class July 2 & 5

CODING FOR MEDICAL INSURANCE BILLING (CLASS 2)

Coding is required to bill insurance companies. It is also used in the medical records departments of different medical facilities. Students will learn the different rules in coding various diagnosis in ICD-10-CM format. Those same codes are used for billing insurance companies in order to get the best reimbursement. In CPT coding, the students will learn how to code the doctor's or the medical facilities reimbursement procedures/services.

This course is a prerequisite for Medical Insurance Principles.

Two Books Required:

1. ICD-10-CM for Physicians 2020 (Professional or Expert) any publisher

2. AMA Current Procedural Terminology Professional

Please purchase or rent books on your own. (These books are to be used for Medical Billing so you will not need to purchase additional books if you are taking Medical Coding through LAVC Community Services).

Arlyn "Gladly" Tagomolila-Que
20917 Mondays, Fridays

6:00 PM - 10:00 PM

Fee: \$220

August 2 - September 3

MEDICAL INSURANCE PRINCIPLES / BILLING (CLASS 3)

Students will learn the basic principles of medical billing, recognize the different forms used by third party payers, create a clean claim (1500 form) and define insurance billing terminology and types of coverage. Students will learn the responsibilities of Medical Insurance specialist, the life cycle of an insurance claim, and the various templates. Prerequisite: Medical Terminology & ICD-10-CM/CPT-HCPCS Coding.

Purchase or rent text books on your own. (These are the same books used for Medical Coding.)

Arlyn "Gladly" Tagomolila-Que
20918 Mondays, Fridays

6:00 PM - 10:00 PM

Fee: \$220

September 10 - October 11



BUSINESS & CAREER TRAINING

SOLAR PANEL DESIGN & INSTALLATION

This is an online course on Solar Photovoltaic panel design and installaon. It covers how solar PV energy works and how to assess if PV is feasible in a variety of situations. Topics include calculating and measuring PV power input and output, site assessment, system designing, permitting, battery and PV sizing, panels orientation and radiation calculation, electrical load calculation, system installation, troubleshooting and servicing, analyzing National Electrical Code (NEC), complete familiarization with equipment and installation, wire management and commissioning. Since the beginning of 2020, all new construction and renovation require solar permit and installation. From 2045, residential, commercial, and industrial properties must have solar installation. Solar installation became one of the highest growing industries worldwide.



Quayum Abdul
20915
No class July 4

5 Sundays

9:00 AM - 1:00 PM

Fee: \$199
June 6 - July 11

Register by June 15th and we'll take \$5 off each class!

BUSINESS ETIQUETTE IN THE NEW NORMAL

Are you looking for a new job? Are you changing career paths? This seminar will provide the knowledge needed to improve your social skills and feel confident and in control in any business environment. Social skills are extremely important to on-going success; the way you interact with others, little things like interacting with small talk, greetings, listening and networking will make stronger relationships. Professional image and introductions will be covered among other topics. Seminar fills up fast. Register now! The manual to be used for the Business Etiquette seminar is digital and can be purchased only on Amazon.com. The name is "Business Etiquette: Reference Manual by Raquel Fournier" \$12.

Raquel Fournier
20911

Saturday

10:00 AM - 12:00 PM

Fee: \$35
July 17

DMV AUTO WHOLESALE

Learn how to make extra income by buying and selling wholesale cars as a home-based business; or, simply buy cars for your friends, family and co-workers at great wholesale prices. Learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. This class is DMV approved and students receive a DMV certificate of completion at the end of class. With the certificate, students are eligible to take the 40 question dealer license exam with the DMV.



Ronald "Wayne" Williams
20912

Monday, Tuesday

6:00 PM - 9:00 PM

Class fee includes all materials and a workbook.

Fee: \$114
August 2 & 3

BUSINESS & CAREER TRAINING

NOTARY PUBLIC & LOAN SIGNING SEMINARS NOW AVAILABLE ONLINE

Before signing up for this class, check to see that you meet eligibility requirements for becoming a notary: visit www.sos.ca.gov/notary and click "qualifications." Note: Due to strict State regulations, no one is admitted after class begins. Check-in begins at 7:30 and class must begin promptly at 8:00AM. So have your current, official photo ID ready. Registration closes the day before class meets.

NOTARY PUBLIC TEST PREPARATION

REMOTE THROUGH LIVE VIDEO CONFERENCING from the comfort of your home. Government institutions, banks, real estate and other companies are seeking notaries. All prospective notaries must complete a course approved by the California Secretary of State. Our approved course will give you the most updated notary information and the knowledge you need to perform the duties correctly and to pass the state exam. Class fee includes certificate of completion, and sample forms notaries use every day. The instructor will provide information about testing during the class. PREREQUISITES: 18 years of Age – Proper Government ID (For example: Driver License – DMV Identification Card – Current Passport) Class ends with the State Notary Public exam. A certificate of completion will be issued.

Rosie Reed

20913

Saturday

7:30 AM - 4:00 PM

Fee: \$99

August 7

NOTARY LOAN SIGNING AGENT

NOW REMOTE THROUGH LIVE VIDEOCONFERENCING from the comfort of your home. A Notary Signing Agent is a notary public who has specialized expertise in the handling of mortgage loan documents. With the housing market on the rebound, this will be an in-demand service for notary publics! This class covers: A) In depth information about the main documents that the Notary Loan Signing Agent will notarize, with a loan package hands-on approach; by having each student assemble a loan package. B) A Real Estate (R.E.) Section with a recap of the new types of R.E. sales & loans currently on the market. C) A Marketing and Customer Service Section with a list of potential Sources and practical information on how to start their new business.

Rosie Reed

20914

Saturday

9:30 AM - 3:30 PM

Fee: \$79

August 14

At the present time we do not anticipate offering any in person classes or activities until further notice. When we are able to reopen, we will update our webpage and send email notifications to all students and parents. You can also check the Community Services web site home page at lavalley.augusoft.net for up to date information about reopening. We look forward to being together again, hopefully soon.

CLASSES FOR KIDS

ART WORKSHOP

Explore and learn to use many different art media in this workshop: from charcoal to pastel, watercolor to acrylics, mixed media and more, you will learn all about the artists who used them first! Your art dreams become real as you create the finest art around...YOURS! **No class July 3rd**

Parker Anderson Enrichment

Fee: \$75

# 20952	5 Saturdays	10:00 AM - 10:50 AM	June 5 - July 10
# 20956	5 Saturdays	10:00 AM - 10:50 AM	July 24 - August 21
# 20960	5 Thursdays	5:00 PM - 5:50 PM	June 10 - July 8
# 20961	5 Thursdays	5:00 PM - 5:50 PM	July 29 - August 26

MARINE BIOLOGY

Explore the diversity of ocean life from organisms in hot deep sea vents, to tropical fish, to the astonishing varieties of arctic marine life! Observe dissections of a lamprey eel, a crayfish, and even a shark! Write with squid ink, grow Sea Monkeys, and learn about the largest environment on the planet! **No class July 3rd**

Parker Anderson Enrichment

Fee: \$75

# 20953	5 Saturdays	11:00 AM - 11:50 AM	June 5 - July 10
# 20957	5 Saturdays	11:00 AM - 11:50 AM	July 24 - August 21

MINECRAFT

Come join us to learn about and play the most popular computer game on the planet! Learn Minecraft building techniques, details of command blocks, and how to change the look of the game. Kids learn strategy, team building, and cooperation skills while playing Minecraft in a fun, safe, and supervised environment! **No class July 3rd**

Parker Anderson Enrichment

Fee: \$75

# 20954	5 Saturdays	12:00 PM - 12:50 PM	June 5 - July 10
# 20958	5 Saturdays	12:00 PM - 12:50 PM	July 24 - August 21

ANIME, CARTOONING AND COMIC BOOK DESIGN

Cartooning is a great way to learn how to sketch and draw. You will learn to create your own characters as well as popular characters from Disney, Anime, and more! Learn about storylines, design, coloring, and lettering, as you create your very own comic book! **No class July 3rd**

Parker Anderson Enrichment

Fee: \$75

# 20955	5 Saturdays	1:00 PM - 1:50 PM	June 5 - July 10
# 20959	5 Saturdays	1:00 PM - 1:50 PM	July 24 - August 21

We also offer Science and Coding classes.
Visit us online at lavalley.augusoft.net for class descriptions.

Parker Anderson Enrichment

Fee: \$75

# 20962 (Coding)	5 Wednesdays	4:00 PM - 4:50 PM	June 9 - July 7
# 20964 (Coding)	5 Wednesdays	4:00 PM - 4:50 PM	July 28 - August 25
# 20963 (Science)	5 Wednesdays	5:00 PM - 5:50 PM	June 9 - July 7
# 20965 (Science)	5 Wednesdays	5:00 PM - 5:50 PM	July 28 - August 25

CLASSES FOR KIDS

YOUNG LEARNERS MATH

This Basic math workshop is aimed at improving your child's math skills to meet or exceed the standards for grade levels. This class covers multiplication, division, fractions, decimals and word problems, among other math subjects. Class limit: 12 Students. **No class July 2**

Brian King

Fee: \$75

# 20919 (Grades 3-4)	6 Fridays	4:00 PM - 5:00 PM	June 25 - August 6
# 20920 (Grades 5-6)	6 Fridays	5:00 PM - 6:00 PM	June 25 - August 6

YOUNG LEARNERS WRITING

This class is designed to help your child in his or her reading, writing skills, comprehension and vocabulary. Homework will be given, which each child is expected to complete on a weekly basis. The class will be based on the Language Arts Standards which are used in the L.A United School District. Class limit: 12 students.

Brian King

Fee: \$75

# 20921 (Grades 3-4)	6 Wednesdays	4:00 PM - 5:00 PM	June 30 - August 4
# 20922 (Grades 5-6)	6 Wednesdays	5:00 PM - 6:00 PM	June 30 - August 4

CULINARY ARTS

KNIFE SKILLS

Increase your enjoyment of cooking and speed in the kitchen by learning how to use a chef's knife properly. This class focuses on the needs of the non-professional cook helping them to feel comfortable with this often intimidating tool. You will learn about knife selection, sharpening, and safety as well as techniques for slicing, dicing, chopping, mincing, and various specialty cuts. **List of groceries/supplies needed will be provided upon registration.**



Carrie Bonfitto

Fee: \$30

# 20924	Thursday	7:00 PM - 9:00 PM	June 24
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HEALTHY COOKING 101

People who cook for themselves are less likely to become obese and suffer from diabetes or heart disease. In this six week course taught by certified nutrition consultant and culinary instructor, Carrie Bonfitto, students will learn how to make healthy food choices and prepare meals that will increase energy, improve health, and help with weight management. Teaching methods will include lecture, cooking demonstrations and hands-on cooking/participation and tasting. **List of groceries/supplies needed will be provided upon registration.**

Carrie Bonfitto

Fee: \$175

# 20923	Thursday	7:00 PM - 9:00 PM	July 8 - August 12
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Carrie Bonfitto, NC also teaches Fasting for Longevity.

This 3-week course is designed to help you safely increase fat burning, lose weight, and promote longevity with intermittent fasting. (page 17)

DANCE

BALLET FOR ADULTS (ADVANCED BEG. - INTERMEDIATE)

There is no better way to develop strength, flexibility, musicality, and stamina while practicing a fun and beautiful art form, dating back to the 15th century. You will enhance self-esteem and build self-confidence while getting in shape! Students should wear leotards and tights or leggings. Ballet slippers are required.



Claudine Mason-Marx
20925

8 Sundays

9:30 AM - 10:45 AM

Fee: \$87
July 11 - August 29

FITNESS

FLEXI-CORE WORKOUT

If you're serious about core training, add this challenging class to your existing workout regimen! You will feel the burn right away with the combined sequences of aerobics, pilates, and resistance training. We use loaded and resistant exercises in a progressive core series, while blending balance conditioning all together. A good combination of functional training and power core movements, this will challenge your Glutes and Abdominals in a steady-paced workout.

Michelle Fong
20926
20927

5 Tuesdays
4 Tuesdays

5:30 PM - 6:30 PM
5:30 PM - 6:30 PM

Fee: \$37.50; \$30
June 22 - July 20
August 3 - 24

TAI CHI

If you're serious about core training, add this challenging class to your existing workout regimen! You will feel the burn right away with the combined sequences of aerobics, pilates, and resistance training. We use loaded and resistant exercises in a progressive core series, while blending balance conditioning all together. A good combination of functional training and power core movements, this will challenge your Glutes and Abdominals in a steady-paced workout.

Michelle Fong
20928
20929

5 Fridays
4 Fridays

5:30 PM - 6:30 PM
5:30 PM - 6:30 PM

Fee: \$55; \$44
June 25 - July 23
August 6 - 27

HEALTH & WELLNESS

EMOTIONAL FREEDOM TECHNIQUE

Do you sometimes feel as though you are blocked from experiencing the best of life: higher income, better romance, improved health, less weight, more sleep? Are there negative things you'd like to be rid of once and for all so that you can enjoy your life more? If so, or even if you'd just like to improve your life further, come and learn this easy, all-natural technique. It's based on an ancient Easter healing system that's thousands of years old, and it's remarkably effective and fast-acting.

Frances M. O'Brien
20931

Saturday

1:00 PM - 3:00 PM

Fee: \$45
June 26

HEALTH & WELLNESS

FASTING FOR LONGEVITY

This 3-week course is designed to help you safely increase fat burning, lose weight, and promote longevity with intermittent fasting. This is not a starvation diet. You will be eating your regular food daily. You will learn how to shift meal timing and use your body's natural circadian rhythms to heal your cells, reduce risk of disease, and live longer.



Carrie Bonfitto

20930

3 Tuesda

7:30 PM - 8:30 PM

Fee: \$75

July 13 - 27

HOLISTIC HOMEOPATHY & ACUPRESSURE

Learn the basics of Chinese healing as it relates to acupressure massage. This class will focus on self and couple acupressure massage and specific points to use for common problems such as: lack of energy and mental clarity, low back pain, neck and shoulder pain, etc. You will learn approximately 16 acupressure points you can perform on yourself and others. You will also learn basic head and neck massage techniques. (No partner necessary for class. Please have available a small hand mirror and water-soluble marker for class.)



Randy Martin

20932

Sunday

3:00 PM - 4:30 PM

Fee: \$35

July 11

JUST SIT THERE - EASY MEDITATION

What if "meditation" was as easy as just sitting there? Or perhaps "just sitting there" seems impossible for you? Join Katie and learn easy tricks to relax your body, brain, and heart. She will demystify meditation and make it fun along the way. Each class—a blend of theory, discussion, and practice—suggests simple ideas from worldwide, timeless, and ancient experiences to settle into quiet. No prior experience necessary, or if you've tried one kind of meditation, and it didn't work for you, give this class a try! Wear comfortable clothes, find a cozy place in your home, and let meditation work its magic! Remote through Live Videoconferencing. Ages 14+.

Katie Kay

20933

4 Thursdays

7:00 PM - 8:00 PM

Fee: \$59

July 22 - August 12

STRESS AND ANXIETY RELIEF TECHNIQUES

We've all experienced stress, and these days it seems to be worse than ever! In this class, we'll learn what stress actually is (this, by itself, can be very helpful in dealing with it); we'll learn a few surprising facts about stress; we'll delve into why, specifically, it isn't good for us; and, finally, we'll experience several all-natural, very effective ways to reduce, eliminate or avoid it altogether. Many of these techniques are so quick and easy to do that you can use them anywhere you happen to be: home, work, or sitting in your car waiting for the light to change. Improve your life today! (Please dress comfortably, and bring a notebook and pen or pencil with you.) Taught by Frances M. O'Brien, Certified in Advanced Emotional Freedom Technique.

Frances M. O'Brien

20934

Saturday

1:00 PM - 3:00 PM

Fee: \$45

August 14

HEALTH & WELLNESS

ZENTANGLE

Zentangle® simply put, is meditative drawing. While the process may look intricate, it is a deceptively simple pathway to relaxation and inner focus. In fact, proponents of the practice note that it has multiple benefits including calming an anxious mind, increasing self-confidence, and cultivating moment-to-moment awareness in a similar way as mindfulness meditation (Psychology Today). An easy to learn relaxing and fun way to create beautiful images by drawing structured patterns. Best of all, no artistic talent is needed! You only need to be able to draw 5 elemental and simple strokes. Class registration will close 1 week before class start date to allow enough time for materials to be mailed out. Each participant will receive zoom link information via email a week before class start date. **Supply Fee: \$12**



Level 1 and \$10 Level 2.

Cynthia Gannon

Fee: \$25

# 20935 Level 1	Wednesday	1:00 PM - 3:00 PM	June 23
# 20937 Level 1	Wednesday	1:00 PM - 3:00 PM	July 7
# 20936 Level 2	Wednesday	1:00 PM - 3:00 PM	August 11

LANGUAGES

CIAO BELLA - BEGINNING ITALIAN (*Streaming from Venice, Italy*)

Learn Italian, the fourth most studied language in the world. Ciao Bella is a program designed for the complete beginner, with simple idiomatic phrases you'll be able to speak Italiano in no time. Divided into ten subject areas, Gio Lombardi will guide you through the different phases of learning the language: building your vocabulary, correct grammar and pronunciation. The program will cover ten subjects: 1) Greetings & Introductions 2) People and Family 3) Numbers and Plurals 4) Around the Home 5) Describing Things 6) Around the Town 7) At the Restaurant 8) Every Day Life 9) At Work 10) Socializing



Giovanni Lombardi

Fee: \$75

# 20938	6 Tuesdays	10:00 AM - 11:30 AM	June 22 - July 27
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READING AND WRITING SPANISH FOR CHILDREN

This class is for kids age 8-11 years who already know or understand Spanish, but want to learn to write and read in Spanish. We will be reading a book together, which can be purchased in advance from Amazon.

Teresa Hito

Fee: \$100

# 20940	8 Fridays	10:45 AM - 12:15 PM	June 25 - August 13
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MOVIES & LITERATURE (in) SPANISH

In this class we will watch movies, read short stories and discuss. For the **advanced level student** who has completed all grammar. This class focuses on conversation as well as culture.

Teresa Hito

Fee: \$100

# 20945	8 Mondays	7:00 PM - 8:30 PM	June 25 - August 13
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LANGUAGES

SPANISH

SPANISH FOR KIDS (Ages 7 - 12)

Introduce your child to the Spanish language and Latin American culture. We will begin with the Alphabet and the basics of Present Tense. Next, we will concentrate on the basics of Present and Future Tense. In each class your child will learn how to interact in Spanish through in-class exercises, role playing, games, videos, and fun activities.

Teresa Hito

20939

8 Fridays

9:00 AM - 10:30 AM

Fee: \$100

June 25 - August 13

BEGINNING SPANISH

This course will address selected concepts of the TL (Target Language) in order to be able to have a flowing conversation with someone. **First**, I will introduce you to the basics of the Spanish language beginning with the Alphabet to Present Tense. **Second**, we will address writing, speaking, listening, and comprehension with an introduction to the Latino American culture. Be ready to practice a lot in class !!. Class fee includes handouts. **No class July 3rd.**



Teresa Hito

20941

8 Saturdays

9:00 AM - 10:30 AM

Fee: \$100

June 19 - August 14

INTERMEDIATE SPANISH

Intermediate Spanish is for those who have completed the Beginners Spanish class. First, we will practice most of present tense and introduction to the past tense? The concentration will be in the Present Tense, review of the Future and introduction to the Past Tense. Students will have a better understanding of the language and Latin American culture while improving their proficiency in Spanish. Each week will consist of a small review in addition to learning new material. We will address writing, speaking, listening and comprehension with an introduction to the Latino American culture. Be ready to practice a lot in class. Class fee includes handouts. **No class July 3rd.**

Teresa Hito

20742

8 Saturdays

10:45 AM - 12:15 PM

Fee: \$100

June 19 - August 14

ADVANCED SPANISH

Advance Spanish is for those who have completed the Intermediate Spanish class. First, we will practice most the past tense and Future? The concentration will be in the Past Tense and introduction to the Future Tense. Students will have a better understanding of the language and Latin American culture while improving their proficiency in Spanish. Each week will consist of a small review in addition to learning new material. We will address writing, speaking, listening and comprehension with an introduction to the Latino American culture. Be ready to practice a lot in class. Class fee includes handouts. **No class July 3rd.**

Teresa Hito

20943 (Level 1)

8 Saturdays

12:30 PM - 2:00 PM

Fee: \$100

June 19 - August 14

20944 (Level 2)

8 Saturdays

2:15 PM - 3:45 PM

June 19 - August 14

MUSIC

BEGINNING GUITAR (14 yrs - Adults)

Introduction to the guitar for the complete beginner. Focus on the practical approach to modern guitar, hand positions and posture along with the guitar chord system, the basic chord progressions and the first major scale pattern. We will also cover the ABC's of strumming techniques and music notation. Students need to have their own guitar and are encouraged to have a notebook and pen to take notes.



Giovanni Lombardi

Fee: \$66

20946

6 Mondays

10:00 AM - 11:00 AM

June 21 - July 26

UKULELE

Learn fundamental skills to get you playing ukulele in this entertaining hands-on class. We will work on rhythm, strumming, patterns, and some finger picking. With a few basic chords you can play along with others and accompany yourself on a multitude of songs. Learn to find the right key for your voice and where the notes are on the keyboard. No previous experience needed. Bring your own ukulele.



Dale LaDuke

Fee: \$89

20950

5 Saturdays

10:00 AM - 11:00 AM

June 26 - July 24

THE BASICS OF HARMONY SINGING

In this fun class, you will discover and hone your own vocal sound, learn breath control, experiment working with different ranges, train your ear to better understand pitch, and enhance your singing diction. We'll start with simple popular songs and learn to sing the correct melodies and then the harmonies that go with them in a very easy low pressure environment. Each week you will be given reading and listening material to prepare for and discuss at the next class meeting. This class will help you find your voice.



Dale LaDuke

Fee: \$89

20948

5 Saturdays

11:30 AM - 12:30 PM

June 26 - July 24

TEACH WITH US!

Does teaching come naturally to you? Do you constantly get asked to tell other people how you do the things that you do? Teaching for LAVC Community Services may be just what you are looking for. A way to promote your craft, educate others, or bring lost arts back into the mainstream. Almost any topic is fair game, so share it with us. For more information on how to submit a course proposal give us a call at (818) 947-2577 x4172

Music

SONGWRITING



This songwriting workshop is taught in a supportive environment where students learn how song is crafted and the tools they can use to express their ideas effectively. The student will learn how to draw stories from daily life, song structure, the importance of song premise and title, use of vivid imagery, rhyme and meter, use of devices (metaphor, alliteration, repetition, contrast, etc.) melodic arc, harmonic structure and an understanding of basic music theory. Students will complete one song over the course of the class, each week building the song with the assigned steps. Playing an instrument is not a pre-requisite.

Anna Montgomery
20949

6 Tuesdays

6:30 PM - 8:00 PM

Fee: \$79
June 22 - July 27

FIND YOUR (SINGING) VOICE

This songwriting workshop is taught in a supportive environment where students learn how song is crafted and the tools they can use to express their ideas effectively. The student will learn how to draw stories from daily life, song structure, the importance of song premise and title, use of vivid imagery, rhyme and meter, use of devices (metaphor, alliteration, repetition, contrast, etc.) melodic arc, harmonic structure and an understanding of basic music theory.

Students will complete one song over the course of the class, each week building the song with the assigned steps. Playing an instrument is not a pre-requisite.

Anna Montgomery
20947

6 Tuesdays

5:00 PM - 6:30 PM

Fee: \$79
June 22 - July 27

MUSIC THERAPY AND SOUND HEALING

This is an online Instructor led course from ed2go.com/lavc. Learn the benefits of music therapy and sound healing in the health profession. The outcome of this certificate is for the learner to describe music therapy and sound healing and their effects on the brain, at the end of life, and with specific health conditions such as Alzheimer's disease. **Fee: \$97**

MUSIC THEORY AND KEYBOARD

This is an online Instructor led course from ed2com.com/lavc. If you enjoy music and would like to know more about what makes it work, this is the course for you. You'll gain a complete understanding of rhythm, melody, and harmony, and you'll be able to recognize pitches on the musical staff and on the keyboard. Each lesson will build on previous lessons, while also introducing new musical concepts. Music Made Easy! **Fee: 97**

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Please Note:

If you were hoping to register for Gymnastics, Rock Wall Climbing, Aquatics, or Tennis Classes, please be aware that we are unable to register these classes at this time due to the continuing campus closure from the ongoing COVID-19 pandemic.

However, as this situation is very fluid, please check our website at <https://lavalley.augusoft.net> or voice mail announcement for up to date information. Once we are all clear to re-open in person classes, we will email customers and place a notice on our website and voice mail.

We are looking forward to seeing everyone again when it is healthy to do so.

CAREER TRAINING ONLINE PROGRAMS



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With the Medical Billing and Coding (MBC) program, you'll gain the skills you need to enter one of the fastest-growing fields in allied health as a medical billing specialist, medical coder, or medical office manager. 240 hrs

Pharmacy Technician

Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected on-line program. 330 hrs

Certified Personal Trainer

Prepare for an in-demand career as a personal trainer as you earn a nationally-recognized W.I.T.S. Certification and gain real-life experience in an internship. 62 hrs

Travel Agent Training

Learn the basic skills needed to operate a computer reservation system for airlines, travel agencies, cruise lines, hotel, or as a home-based agent, and get started in a career in the travel industry. 250 hrs

Principles of Green Building

The Principles of Green Buildings (PGB) program explains the science that individuals in the building, remodeling, or trade industries need to know in order to make buildings perform more efficiently. 30 hrs

View more Career Training listings on-line at:

<http://careertraining.ed2go.com/lavcComEd/>

or give us a call at:

818-947-2577 ext. 4172

AutoCAD 3D 2018

Once you successfully complete the Training Program you will have learned AutoCAD's 3D tools and will be able to design three-dimensional models using AutoCAD 2018 software. 80 hrs

Human Resources Professional

Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR (Professional in Human Resources) certification exam. 120 hrs

Non-Profit Management

Examine the fundamental principles of nonprofit management, explore the roles and responsibilities of a nonprofit board of directors and the management team, discover the essential aspects of fundraising, and become acquainted with the fundamentals of the budgeting process. 300 hrs

Optician Certification Training

Master the skills you need for a successful career as an optician and prepare yourself to take the ABO certification exam. 150 hrs

Certified Wedding Planner

This comprehensive program covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business. 340 hrs

MONARCH CAMPS

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email: geoffrey@monarchcamps.com

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Registration for SUMMER Classes

Begin on June 1, 2021

For more information, please call

PHONE: (818) 947-2577,x4172

FAX: (818) 947-2930

WEB: <https://lavalley.augusoft.net>

Catalog available in alternative medias

SUMMER 2021

June - August 2021