

# LAVC COMMUNITY SERVICES

*a lifetime of learning*



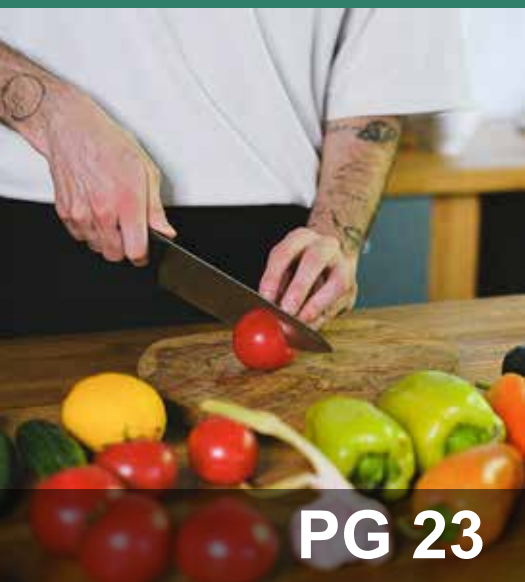
WINTER  
SPRING  
2023



LOS ANGELES  
VALLEY COLLEGE



<https://lavalley.augusoft.net>  
818-947-2577 x4172



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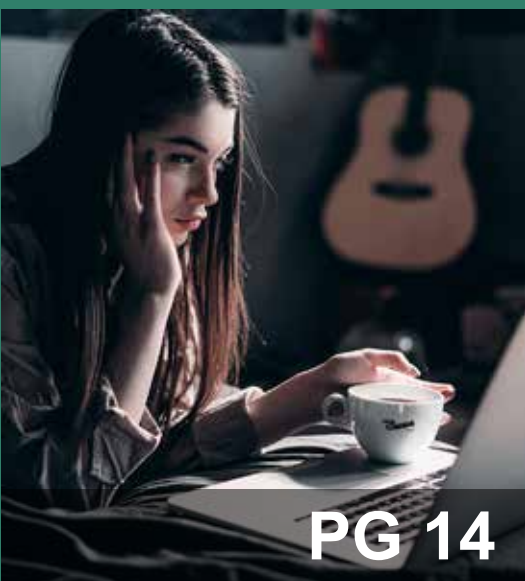
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### REFUND POLICY

There will be a \$10 charge for each refund OR transfer requested. Refund or transfer requests may be granted ONLY if presented in writing on a refund request form at least 5 working days before the first class meeting unless otherwise noted. This means that if you enroll less than 5 working days before the class begins, there will be no refunds. Please choose classes carefully, as refunds, transfers or credits CANNOT be granted once a class has begun. Refunds or credits WILL NOT be issued for absences or late registrations. If you miss some meetings of a class you cannot make them up in another class. Refunds are not made on the basis of not receiving a confirmation.

Aquatics classes and lessons are offered rain or shine unless: a) It is raining so hard that the bottom of the pool is not visible, b) There is lightning in the immediate vicinity, or c) It is so cold that ice forms on the pool deck. If these conditions are not present and you decide to not attend a swim class or lesson due to inclement weather, there will be no refund, make-up lesson or credit granted.

The Community Services Program is not responsible for lost or misdirected mail. There will be a \$10 charge to change a class. If you paid by credit card, your account will be credited. If you paid by cash, check or money order, you will receive a check refund (allow 4 - 6 weeks for processing). Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, NO REFUND will be given.

### WINTER/SPRING CLASS REGISTRATION BEGINS ON DECEMBER 1, 2022

### PARKING INFORMATION

Parking permits are not required at this time. You may park in Park in front of the Community Services South Entrance, Parking Lot F.



This catalog is published 3 times per year (fall, winter/spring and summer) by the Los Angeles Valley College Community Services Department. It is sent to residences in the nearby zip codes and is available on campus at several locations and at all City of Burbank and many Los Angeles County Public Libraries.

If you'd like to be added to our mailing list please contact us at 818-947-2577 x. 4172 or send an email to [comm\\_serv@lavc.edu](mailto:comm_serv@lavc.edu).

# GENERAL & REGISTRATION INFORMATION

## **LOS ANGELES COMMUNITY COLLEGE**

### **BOARD OF TRUSTEES**

Gabriel Buelna, Ph.D., President  
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### **DISTRICT ADMINISTRATION**

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Vacant, General Counsel  
Rueben C. Smith, D.C.S., Vice Chancellor/Chief Facilities Executive

### **VALLEY COLLEGE ADMINISTRATION**

Barry Gribbons, Ph. D., President  
Matthew Jordan, Ed.D., V. P. of Academic Affairs  
Sarah Song, V. P. of Admin. Services

### **COMMUNITY SERVICES PROGRAM STAFF**

Debra Erickson, Community Services Manager

### **DISCLAIMER POLICY**

The Los Angeles Community College District and Valley College have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice by the administration of the Los Angeles Community College District or Valley College for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the District and the College. The District and the College further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures. Note: Students enrolling in business and financial classes are responsible for making their own financial decisions.

### **COMMUNITY SERVICES**

Classes and workshops are offered to meet community interests. These classes are not given for academic credits and are not part of any degree or certificate program offered by Los Angeles Valley College. The Community Services Program is self-supporting, and classes are not given at taxpayers' expense. Unless indicated, class instructors and workshop leaders are not members of the Los Angeles Valley College faculty. Financial aid is not available for these classes.

### **ATTENDING FIRST SESSION**

Preregistration is required for all classes and workshops. If you register late, you must show your receipt to the teacher at the first class meeting. The teacher will verify the program number, date and the student's name. **Keep your receipt.** Only persons with an appropriate receipt will be considered.

### **REGISTER EARLY**

Minimum enrollment is necessary to maintain each class. Unless the minimum is reached before the first meeting of the class, it will be canceled. Some classes fill rapidly and the maximum may be reached before the final registration date. A \$2 per class nonrefundable registration fee as mandated by the Board of Trustees at their Dec. 11, 1985 meeting, is included in class fees.

**All information listed herein is subject to change at any time without prior notice.**

# REGISTRATION INFORMATION



## ONLINE

ANY TIME!

The easiest and quickest way to register is to visit us Online 24 hours a day at

<http://lavalley.augusoft.net>

where you can simply search for the class you want, add it to the cart then checkout as you would for other Online sites. Once completed, you will be able to print your receipt and confirmation immediately.



## WALK IN

Monday - Friday  
9:00 AM - 3:00 PM

Stop by our office in the south lobby of the Community Services Center Building during our office hours to register using a debit/credit card or exact cash is required.



## PHONE

Monday - Friday  
8:30 AM - 4:00 PM

Enrolling by phone is very simple. Just call (818) 947-2577, X. 4172 during our office hours and be sure to have your credit / debit card handy so we can help you quickly. Receipt and confirmation will be e-mailed once transaction is completed.

### SUPPLY/HANDOUT/MATERIAL FEES:

Please be aware that some Community Services classes have additional supply, handout or book fees. You **MUST** purchase the supplies necessary to take the class at the time you register. Supply fees are paid to the Community Services Department. You **WILL NOT** be able to participate in class unless you purchase the supplies. You will receive the supplies at the first class. Supply fees will only be refunded if class is canceled or the student withdraws from class at least 5 days prior to class start date.

Registration indicates that you (1) have read and understand the refund policy (2) understand that the Los Angeles Community College District has no insurance covering medical or hospital costs incurred by participants (3) recognize that there are risks inherent to participation in recreational activities and agree to release, indemnify and hold harmless the Los Angeles Community College District staff, employees, trustees and volunteers from and against any and all liability from bodily injury and/or property damage which may result from participation in the program. (4) fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary. (5) understand that photographs taken of Community Services programs may be used by the Community Services Department for promoting programs, classes, or events and agree that you will not seek compensation of any kind for use of photographic likeness. Receipt will be mailed.

Refund Requests must be presented in writing on the appropriate refund request form and accompanied by original receipt at least 5 working days before 1<sup>st</sup> class meeting unless otherwise noted. This means that if you enroll less than 5 working days before the class begins, there will be no refunds. No Refund after class begins. There will be a \$10 charge for each refund, credit or transfer.

### AMERICAN WITH DISABILITIES ACT (ADA) INFORMATION

All classes and events are wheelchair accessible. Individuals needing sign-language interpreters, assistive listening devices, large print or other alternative format materials, or other accommodations should contact the Community Services Office at 818.947.2577 x 4172 **at least two weeks prior to the date of 1<sup>st</sup> class or event.**

# GENERAL & REGISTRATION INFORMATION

## LAVC CAMPUS MAP



### Los Angeles Valley College

Abbreviations of buildings used in the class schedule

A	Art	E-14	LEVC IS A SMOKE-FREE CAMPUS
ACA	Administration & Career Advancement	B-9	
AHS	Allied Health & Sciences Center	H-4	
B	Bungalows 80-85	G-6	
BJ	Business Journalism	F-4	
BSC	Behavioral Science	D-6	
CC	Campus Center	E-9	
CDFC	Child Development & Family Complex	G-18	
CSC	Community Services Center	J-9	
E	Engineering	C-4	
EST	Emergency Services Training	F-6	
H	Humanities	B-7	
LARC	Library & Academic Resource Center	D-7	
M	Music	C-12	
M&O	Maintenance & Operations	B-15	
MAC	Monarch Athletics Center	G-14	
MP STD	Motion Picture Studio	K-8	
MS	Math Science	B-14	
NGYM	North Gym	E-4	
PLN	Planetarium	H-9	
SGYM	South Gym	D-4	
SSA	Student Services Annex	H-6	
SSC	Student Services Center	C-5	
SU	Student Union	B-6	
TV STD	Theater Arts	E-12	
	Kingsnek Media Arts Center	B-14	

<b>A</b>	Art Gallery & Patio	E-14	<b>CSC</b>	Community Services Office	J-8	<b>SSA</b>	Current/Transfer Center	C-5	<b>Parking (cont.)</b>	G-18
<b>ACA</b>	Academic Affairs Office	B-8	<b>Gymnastics Center (CSC GYM)</b>	J-8	<b>Counting</b>	C-5	<b>Swim. for Students with Disabilities</b>	C-5	<b>Lot D</b>	K-9
<b>Academic Senate Room</b>	B-8	<b>Administrative Services</b>	B-8	<b>Rock Wall (CSC MP1)</b>	J-8	<b>SSC</b>	Admissions & Records	B-6	<b>Lot E</b>	J-7
<b>CallWORKs</b>	B-8	<b>Computer Commons</b>	C-12	<b>LARC</b>	C-12	<b>IGPS / CARE / Guardian Scholars</b>	B-6	<b>Parking Structure</b>	<b>College Road South</b>	N-2
<b>Conference Center</b>	B-8	<b>General Tutoring</b>	C-12	<b>Library</b>	C-12	<b>OPS Center</b>	B-6	<b>College Road North</b>	<b>Archery Range</b>	H-11
<b>Continuing Ed. / Noncredit</b>	B-8	<b>Math Lab</b>	C-12	<b>M&amp;O</b>	C-12	<b>Mosaic Center</b>	B-6	<b>College Road North</b>	<b>Aquatics Center (POOL)</b>	A-15
<b>Cooperative Education</b>	B-8	<b>Print Development Ctr. / Media Svcs.</b>	C-12	<b>Music Recital Hall</b>	B-15	<b>Student Services Multipurpose Rm</b>	B-6	<b>College Road South</b>	<b>Baseball Field</b>	A-6
<b>Foundation / Institutional Effect. / PR</b>	B-8	<b>Receiving</b>	C-12	<b>M&amp;O Office</b>	B-15	<b>WELCOME Center</b>	B-6	<b>College Road South</b>	<b>Baseball Field</b>	H-4
<b>Madison</b>	B-8	<b>MAC</b>	K-8	<b>Receiving</b>	C-12	<b>SU</b>	Bookstore (Monarch Student Store)	F-12	<b>Baseball Field</b>	J-4
<b>Master Calendar Office</b>	B-8	<b>M&amp;O</b>	G-14	<b>MAC</b>	K-8	<b>Student Life Office / ASU</b>	Business Office	F-12	<b>Baseball Field</b>	M-8
<b>OMBUDSPERSON Office</b>	B-8	<b>NGYM</b>	H-14	<b>M&amp;O</b>	G-14	<b>WELCOME Center</b>	Cafeteria (Monarch Cafe Bar)	F-12	<b>Baseball Field</b>	L-4
<b>Personnel / Payroll</b>	B-8	<b>Adapted Physical Education Ctr. (APEC)</b>	G-8	<b>Receiving</b>	C-12	<b>TA</b>	Student Life Office / ASU	F-12	<b>Baseball Field</b>	K-2
<b>President's Office</b>	B-8	<b>Fitness Center (FC)</b>	H-7	<b>MAC</b>	K-8	<b>Parking</b>	Stylton Conference Rm.	F-12	<b>Baseball Field</b>	I-5
<b>Registries / Staff Services</b>	B-8	<b>Competition Gym</b>	H-6	<b>M&amp;O</b>	G-14	<b>Lot A</b>	Textbook Buyback Window	F-12	<b>Baseball Field</b>	D-9
<b>Honors Program / TAP</b>	B-8			<b>Receiving</b>	C-12	<b>Lot B</b>	Game Room (Lion's Den)	F-12	<b>Baseball Field</b>	D-10
<b>Workforce Development Ctr.</b>	B-8						VCH Student Health Center	F-12	<b>Baseball Field</b>	D-13
<b>CC</b>	Omego Black Scholars	E-8						F-12	<b>Baseball Field</b>	C-6, C-10, F-11
<b>Freemason Room</b>	E-8							F-12	<b>Baseball Field</b>	F-11
<b>Information Technology Office</b>	E-8							F-12	<b>Baseball Field</b>	
<b>Monarch Hall &amp; Patio</b>	E-8							F-12	<b>Baseball Field</b>	
<b>Multicultural Center</b>	E-8							F-12	<b>Baseball Field</b>	
<b>STEM Office</b>	E-8							F-12	<b>Baseball Field</b>	
<b>CDFC</b>	Child Development Center	G-17						F-12	<b>Baseball Field</b>	
<b>Family Resource Center (CDFC FRC)</b>	F-18							F-12	<b>Baseball Field</b>	

Last modified: September 2020

## DIRECTIONS TO LOS ANGELES VALLEY COLLEGE

Los Angeles Valley College is located at 5800 Fulton Avenue in Valley Glen, CA, 91401. The college is easily accessible from both the 170 and 101 freeways. From the 170 freeway exit at Oxnard Blvd. or Burbank Blvd. and head west. The college is located between Fulton Avenue and Ethel Avenue. From the 101 freeway, exit Coldwater Canyon Avenue and head north to Burbank Blvd. The college is at the corner of Coldwater Canyon Avenue and Burbank Blvd. (The Community Services Office is located on Ethel Avenue.)

# ACTING/PERFORMING ARTS

## INTRO TO IMPROV (IN PERSON)

Say "Yes and" to facing your fears of performing. "Walk on" to the stage and learn the basics of improv, conquer your fears, awaken your creativity, and make new friends while learning how the professionals make you laugh every week. "Wipe" away your hesitations for the most fun 2 hours of your week.

**Michael Heiman**

**Fee: \$129**

**# 21854**

6 Wednesdays

7:00PM - 9:00PM

Feb. 1 - Mar. 8

## INTRODUCTION TO VOICEOVERS (ONLINE)

### Personalized One-on-One Video Conference Class



Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on one, video-chat class! Upon registration you will be contacted by VFA to schedule your class for a day and

time of your convenience.

**Voices for All**

**Fee: \$49**

**# 21795**

After registration you will receive a call to set up a time that works best for you.

# ARTS & CRAFTS/HOBBIES

## BODY BUTTER (IN PERSON)

Don't you agree that the hurried, stressful pace of your daily life often makes it difficult to find ways to relax? Making your own body butter lotion is a simple process using the same tools you already have in your kitchen. Most body butter recipes include just a handful of ingredients – you can make them with whatever scent and therapeutic qualities you desire to add to make your unique product. Body butter is awesome in any form. It is so rich and luxurious that you just can't help but love it.

**Quayum Abdul**

**Fee: \$45**

**# 21858**

1 Sunday

3:00PM - 6:00PM

Mar. 26

**# 21859**

1 Sunday

10:00AM - 1:00PM

Apr. 30

**Supply fee: \$30**

## CANDLE MAKING (IN PERSON)

In this workshop you will learn how to make several different kinds of candles, tips to work with paraffin wax, essential oils and candle dyes and how to incorporate dried fruits and flowers into your candles. You will leave with several high-quality candles. This is a hands-on class and can be messy!



**Quayum Abdul**

**Fee: \$45**

**# 21853**

1 Sunday

10:00AM - 1:00PM

Feb. 26

**Supply fee: \$25**

## COLD PROCESS SOAP MAKING (IN PERSON)

This class will explain the A to Z of Cold Process Soap Making so that you can create beautiful handmade soaps right in your kitchen. Oh, and don't worry about your experience level, it really doesn't matter. Whether you are a complete novice or a soap making pro, stick around, have fun, and maybe you will learn something new about making soap at home. Class is hands - and can be messy, dress accordingly.

**Quayum Abdul**

**Fee: \$45**

**# 21857**

1 Sunday

6:30 PM - 9:30 PM

Mar. 26

**Supply Fee: \$30**



## ARTS & CRAFTS/HOBBIES

### FIZZY BATH BALLS (IN PERSON)

These bath bombs make fantastic gifts - they are just dropped into a hot bath and they fizz and dissolve releasing a beautiful fragrance! Surprisingly easy to make, let your imagination run WILD and experiment with different oils and colors - I also like to add dried rose petals, dried lavender and fine glitter... The possibilities are endless! When you are finished you will have dozens of effervescent treats in a variety of shapes and colors that will scent and soften bath water as they bubble.

**Quayum Abdul**

# 21861

1 Sunday

3:00 PM - 6:00 PM

**Fee: \$45**

Apr. 30

**Supply fee: \$25**

### BUY ONE - GET ONE HALF OFF!

Register for any two craft classes taught by **Quayum Abdul** and get the second class for ½ off! You must register for both classes at the same time over the phone or in person in order to get the discount. Online registration will not receive the discount.

### SOAP MAKING (IN PERSON)

Do you love the sensual pleasure of beautiful, aromatic soaps but hate the high prices shops charge?



Why not learn to make your own for a fraction of the retail cost? Custom-made soaps are perfect for gifts, bathroom decor and people with sensitive skin. You will create different kinds of soaps while learning how to layer colors, use molds, and add fragrances, herbs and toys. Express your creativity and join the fun! This is a hands-on workshop and can be messy, so dress accordingly.

**Quayum Abdul**

# 21855

1 Sunday

3:00 PM - 6:00 PM

**Fee: \$45**

Feb. 26

**Supply fee: \$25**

### FACE PAINTING I (IN PERSON)

This course is an introduction to face painting. Participants will learn freehand stroke skills necessary to create swirls, teardrops, curlicues, dots, and teardrop flowers. Topics will also include tools and makeup selection, loading your brush with multiple colors, using split cakes, and proper hygiene. The skills learned in this class can be used for children's parties, family gatherings, school events, or to make extra money as a face painter. Fee includes a certificate of completion.

**Carmen MacDonald**

# 21875

4 Thursdays

7:00 PM - 9:00 PM

**Fee: \$89**

Mar. 9 - Mar. 30

### INTRODUCTION TO HENNA ART (IN PERSON)

Ever wish you had the skills needed to create a beautiful henna tattoo? Whether training to become a professional or to develop a new hobby, this class will teach students about the different kinds of henna, how to mix henna, and most importantly, the techniques needed to use henna to create stunning body art on yourself or others.



**Rosemary May**

# 21863

5 Tuesdays

6:00 PM - 8:00 PM

**Fee: \$99**

Feb. 14 - Mar. 14

# ARTS & CRAFTS/HOBBIES

## MAKEUP TECHNIQUES WORKSHOP (IN PERSON)

Are you interested in updating your current look? Don't know where to start? This workshop will change the way you approach makeup! Moisturizer and sunscreen application, exfoliation, foundation, perfectors, primers, stenciled eyes, blending, brushes and more. This is a hands on workshop like no other! Raquel will teach you seasonal techniques and tips, including, contouring, stenciled eyes and silky foundation.

**Raquel Fournier**

**Fee: \$85**

# 21864

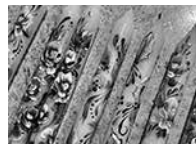
5 Saturdays

9:00 AM - 11:30 AM

Apr. 1 - May 6

## ONE STROKE PAINTING 1 (IN PERSON)

This course will teach you the basics of decorative painting techniques to create detailed flowers and leaves in just one stroke. Create beautiful paintings and take them home on canvas, a ceramic vase, glass, fabric, or greeting cards. Fee includes a certificate of completion.



**Carmen MacDonald**

**Fee: \$89**

# 21884

4 Wednesdays

7:00 PM - 9:00 PM

Mar. 8 - Mar. 29

## ONE STROKE PAINTING 1 (ONLINE)

**Carmen MacDonald**

**Fee: \$39**

# 21885

Tuesday/Thursday

10:00 AM - 11:30AM

Feb. 7 - Feb. 9

## OUTDOOR PORTRAIT PHOTOGRAPHY WORKSHOP (IN PERSON)



Learn to make beautiful outdoor portraits in daylight, with and without using flash.

Workshop will focus on posing your subject, picking locations, observing ambient light, and enhancing it. We'll start in the classroom to discuss fundamental principles of light, cameras, and flash for portraiture, then go outdoors for students to create portraits that look professional—with flattering light and a blurred background. Manual exposure camera options are recommended for this class.

**Nancy Kaye**

**Fee: \$35**

# 21876

1 Saturday

12:30PM - 4:30 PM

Feb. 11

## PAINTING WITH CHARCOAL 1 (IN PERSON)

This course is for beginner artists and creatives that want to learn beginner Charcoal painting. Charcoal art is a form of art used as a dry art medium. Shading techniques, types of strokes, and blending with your fingers, scumbling and masking! Learn the medium that is prized for its ability to produce an interplay between light and shadow known as chiaroscuro. Fee includes a certificate of completion.

**Carmen MacDonald**

**Fee: \$69**

# 21897

3 Wednesdays

7:00 PM - 9:00 PM

May 10 - May 24

## PAINTING WITH CHARCOAL 1 (ONLINE)

**Carmen MacDonald**

**Fee: \$39**

# 21898

Tuesday/Thursday

10:00 AM - 11:30AM

Mar. 14 - Mar. 16

## TEACH WITH US!

Does teaching come naturally to you? Do you constantly get asked to tell other people how you do the things that you do? Teaching for LAVC Community Services may be just what you are looking for. A way to promote your craft, educate others, or bring lost arts back into the mainstream. Almost any topic is fair game, so share it with us. For more information give us a call at (818) 947-2577 x4172

# ARTS & CRAFTS/HOBBIES

## PAINTING WITH ACRYLIC (IN PERSON)

This is a beginning level acrylic painting course. We will start at the very beginning, the basic skills like brushwork mechanics and how to apply acrylics to achieve the best fluid strokes. Then we will take it a step further by learn valuable color mixing theories, how to use values and end with light on form painting techniques. Fee includes a certificate of completion.

**Carmen MacDonald**

**Fee: \$89**

# 21883

4 Thursdays

7:00 PM - 9:00 PM

Feb. 2 - Feb. 23

## PAINTING WITH ACRYLIC 1 FLOWERS 3D (IN PERSON)

**Carmen MacDonald**

**Fee: \$69**

# 21896

3 Thursdays

7:00 PM - 9:00 PM

Apr. 13 - Apr. 27

## PAINTING WITH PASTELS 1 (IN PERSON)

Calling all beginner and creatives that want to learn pastel techniques! Pastel is a colored drawing medium made from pure colored pigment mixed with a binder to form a stick. The soft texture of these pastels can create smooth, smudgy lines and intense colors. Fee includes a certificate of completion.

**Carmen MacDonald**

**Fee: \$69**

# 21899

3 Thursdays

7:00 PM - 9:00 PM

May 11 - May 25

## PAINTING WITH PASTELS 1 (ONLINE)

**Carmen MacDonald**

**Fee: \$39**

# 21900

Tuesday/Thursday

10:00 AM - 11:30AM

Mar. 28 - Mar. 30

## PAINTING WITH WATERCOLOR LEVEL 1 (IN PERSON)

This course offers students instruction on basic watercolor techniques in order to bring out their artistic expression. Topics covered in class include: color mixing, color application, brush stroke techniques, plus much more. Fee includes a certificate of completion.



**Carmen MacDonald**

**Fee: \$69**

# 21886

3 Wednesdays

7:00 PM - 9:00 PM

Apr. 12 - Apr. 26

## PAINTING WITH WATERCOLOR LEVEL 1 (ONLINE)

**Carmen MacDonald**

**Fee: \$39**

# 21887

Tuesday/Thursday

10:00 AM - 11:30AM

Feb. 21 - Feb. 23

## PHOTOGRAPHY SHOOTING TO A THEME (IN PERSON)



Connect with others interested in photography in an informal, social learning environment. Participants will take photos on their own and on their own schedule, shooting to fit the same class-assigned themes. Class meetings will be held in the LAVC Community Center to share photographs. Enjoy the stimulation of seeing how others interpreted the theme, get teacher and peer feedback, view work by master photographers, and be inspired to do more photography. Any camera can be used.

**Nancy Kaye**

**Fee: \$29**

# 21903

2 Thursdays

10:00AM - 12:30PM

Feb. 16 - Mar. 16

# 21904

2 Thursdays

10:00AM - 12:30PM

Apr. 20 - May 18

## ARTS & CRAFTS/HOBBIES

### PHOTOGRAPHY: EXERCISES FOR CREATIVITY/FOCUS ON LIGHT (IN PERSON)

Learn to observe and use natural light to create photos with strong visual impact. Enjoy a variety of photography activities and stretch your creative eye see how the direction of light, shadow, and time of day contribute to the mood of an image. We'll split our time between shooting photos around the LAVC campus, discussing photo concepts, and reviewing images in the classroom. Any camera may be used. "Cameras don't take pictures, people (photographers) do" Anonymous

**Nancy Kaye**

**Fee: \$39**

**# 21902**

1 Saturday

1:00PM - 5:00PM

May 20

### PHOTOGRAPHY: EXERCISES FOR CREATIVITY/FOCUS ON COMPOSITION (IN PERSON)

**Nancy Kaye**

**Fee: \$39**

**# 21901**

1 Saturday

1:00PM - 5:00PM

Apr. 22

### SPECIAL EFFECTS 1 (IN PERSON)

Create awesome & gruesome facial effects in this hands-on special effects class. In just 4 short weeks students will learn to use professional tools and techniques to accomplish looks worthy of a scare! Topics include: products and tools, burns, wounds, bruising, bullet wounds, and zombies. Please request a list of required materials for this class at the time of registration. Fee includes a certificate of completion.



**Carmen MacDonald**

**Fee: \$89**

**# 21874**

4 Wednesdays

7:00 PM - 9:00 PM

Feb. 1 - Feb. 22

### UNLEASH YOUR LASHES: A LASH APPLICATION WORKSHOP (IN PERSON)

This fun and interactive class will give you the tools to apply your lashes correctly and in a natural manner. Raquel will cover basic lash application techniques, fitting string lashes, magnetic lash application, half lashes, doubles and safety. Students will receive the opportunity to practice and personalize their lash application..

**Raquel Fournier**

**Fee: \$39**

**# 21862**

1 Saturday

11:45AM - 2:15PM

May 6

## BUSINESS & CAREER TRAINING

### ANALYZING BUSINESS SUCCESS - HOW DID THEY GET HERE? (IN PERSON)

Financial statements tell so much more about a company than just whether it is profitable. How well is it managed? How strong is cash flow? Is it financially strong enough to keep paying the bills and buying goods? Taught by a banker with 40 years of experience, this introductory class will help CEO's, entrepreneurs, investors, and lenders to read the liquidity, efficiency, strengths and weaknesses revealed in financials. Key ratios used by bankers are well-defined. Materials provided by instructor, including analysis spreadsheet form.

**Jeff Cristol**

**Fee: \$129**

**# 21837**

4 Tuesdays

6:30 PM - 9:00 PM

Mar. 7 - Mar. 28



# BUSINESS & CAREER TRAINING

## BUSINESS ETIQUETTE SEMINAR (IN PERSON)

Are you looking for a new job? Are you changing career paths? This seminar will provide the knowledge needed to improve your social skills and feel confident and in control in any business environment.

Social skills are extremely important to on-going success; the way you interact with others, little things like interacting with small talk, greetings, listening and networking will make stronger relationships. Table manners in business settings, professional image and introductions will be covered among others in this seminar.

**Raquel Fournier**  
# 21842

1 Saturday

12:30 PM - 2:30 AM

**Fee: \$39**

May 13

## DMV AUTO WHOLE DEALER HOME BASED BUSINESS (ONLINE)

Learn how to make extra income by buying and selling wholesale cars as a home-based business; or, simply buy cars for your friends, family and co-workers at great wholesale prices. Learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. This class is DMV approved and students receive a DMV certificate of completion at the end of class. With the certificate, students are eligible to take the 40 question dealer license exam with the DMV.

**Ronald "Wayne" Williams**

**Fee: \$119**

# 21848

Monday/Tuesday

6:00 PM - 9:00 PM

Feb. 6 - Feb. 7

# 21849

Monday/Tuesday

6:00 PM - 9:00 PM

May 8 - May 9

**Fee includes materials and manual**

## ELECTRIC VEHICLE CHARGING STATION DESIGN, INSTALLATION, AND OPERATION (IN PERSON)

One of most growing businesses in USA and worldwide are electrical vehicle and EV charging station installation. Millions of electric cars, SUVs and trucks will be on the road by next 10 years. To offset the carbon load on the environment, the California Government is hoping to make 100% vehicles operating by battery powered by year 2035. This will require millions of charging stations to be installed at the garages, parking lots, roadside electric poles, etc. Therefore, we need millions of EVCS installers and service providers all over US and worldwide. This course will offer A to Z of EVCS design, Installation and operation, including troubleshooting the system. Class fee includes materials.

**Quayum Abdul**

**Fee: \$149**

# 21847

Tuesday/Thursday

6:30 PM - 9:30 PM

Apr. 4 - Apr. 13

## PURSUING A CAREER IN PROPERTY MANAGEMENT (IN PERSON)

A career in property management goes way beyond just free rent and apartments that are owned by mom/pop. Property Management is a career that pays well, offers great benefits and training, has many different career options and allows you the opportunity to work worldwide. You will learn what it takes to



get your foot in the door. This workshop will cover topics including your resume, interview skills and everything in-between. You will learn what leasing is, closing the deal, marketing surveys, setting appointments, setting up the leasing office, taking maintenance orders, resident retention and renewals. Fair Housing and state laws will be covered as well. You will be given the tools to help you in temporary-to-permanent job placement to start you on your new path.

**Christine Evans**

**Fee: \$74**

# 21826

2 Saturdays

9:00 AM - 1:00 PM

Feb. 4 - Feb. 11

# 21827

2 Saturdays

9:00 AM - 1:00 PM

Mar. 18 - Mar. 25

**Supply fee: \$16**

# BUSINESS & CAREER TRAINING

## NOTARY PUBLIC TEST PREPARATION: LIVE/REMOTE VIA ZOOM (ONLINE)

Remote through live video conferencing from the comfort of your home.



Government institutions, banks, real estate and other companies are seeking notaries. All prospective notaries must complete a course approved by the California Secretary of State. Our approved course will give you the most updated notary information and the knowledge you need to perform the duties correctly and to pass the state exam. Class fee includes certificate of completion, and sample forms notaries use every day. The instructor will provide information about testing during the class. **PREREQUISITES:** 18 years of Age – Proper Government ID (For example: Driver License – DMV Identification Card – Current Passport).

**Rosie Reed**

**Fee: \$120**

**# 21834**

1 Saturday

7:30 AM - 4:00 PM

Feb. 4

Before signing up for this class, check to see that you meet eligibility requirements for becoming a notary: visit [www.sos.ca.gov/notary](http://www.sos.ca.gov/notary) to check qualifications. Note: Due to strict State regulations, no one is admitted after class begins. Check-in begins at 7:30 AM and class must begin promptly at 8:00 AM. So have your current, official photo ID ready. Registration closes the day before class meets.

## NOTARY LOAN SIGNING AGENT: LIVE/REMOTE VIA ZOOM (ONLINE)

Remote through live video conferencing from the comfort of your home.

A Notary Signing Agent is a notary public who has specialized expertise in the handling of mortgage loan documents. With the housing market on the rebound, this will be an in-demand service for notary publics! This class covers: A) In depth information about the main documents that the Notary Loan Signing Agent will notarize, with a loan package hands-on approach; by having each student assemble a loan package. B) A Real Estate (R.E.) Section with a recap of the new types of R.E. sales & loans currently on the market. C) A Marketing and Customer Service Section with a list of potential Sources and practical information on how to start their new business.

**Rosie Reed**

**Fee: \$100**

**# 21835**

1 Saturday

9:30 AM - 3:30 PM

Feb. 11

## SOLAR PANEL DESIGN AND INSTALLATION (IN PERSON)

This Solar Photo voltaic panel design and installation class covers how solar PV energy works and how to assess if PV is feasible in a variety of situations. Topics include calculating and measuring PV power input and output, site assessment, system designing, permitting, battery and PV sizing, panels orientation and radiation calculation, electrical load calculation, system installation, troubleshooting and servicing, analyzing National Electrical Code (NEC), complete familiarization with equipment and installation, wire management and commissioning. Since the beginning of 2020, all new construction and renovation require solar permit and installation.



**Quayum Abdul**

**Fee: \$229**

**# 21846**

Monday/Wednesday.

6:00 PM - 10:00 PM

Feb. 21 - Mar. 16

**LEARN FROM THE COMFORT OF YOUR HOME!**  
**INSTRUCTOR LED NON-CREDIT ONLINE COURSES**  
**<http://www.ed2go.com/lavc/> - Prices start as low as \$99**  
**24 - Hour Access - Discussion Areas - 8 Week Format**

Our instructor-led on-line courses are informative, fun, convenient and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our web site (<http://ed2go.com/lavc>) to view the start dates for the courses that interest you.

**<http://www.ed2go.com/lavc/>**



# BUSINESS & CAREER TRAINING

## MEDICAL BILLING & CODING SERIES

Los Angeles Valley College Community Service Department will issue a certificate for the "Medical Insurance Billing Specialist" after the student has successfully completed **all three** classes: **Medical Terminology, Coding, and Medical Insurance Billing classes** (attendance & examination requirements must be met before each class ends). **There will be a \$5 charge for each additional or special request certificate.** After completing all 3 classes students are qualified to sit for the exams in either AHIMA or AAPC.

### MEDICAL TERMINOLOGY - CLASS 1 (ONLINE)

This introductory course is designed for individuals who want to pursue a career in or enhance their potential for advancement in the health care field. Key topics which will be presented, analyzed and discussed include the following: The rules and structure of medical terminology, anatomy, functions of the organ/system being studied, the etiology, diagnostic procedures and management of pathological conditions. There will be weekly quizzes given to keep track of students' progress.

***This course is a prerequisite for Medical Insurance Coding.***

**Required text: The Language of Medicine 10<sup>th</sup>, 11<sup>th</sup> or 12<sup>th</sup> Edition by Davi-Allen Chabner.**

**Purchase or Rent on your own. Instructor also suggests that students purchase a Medical Dictionary.**

**Arlyn "Glady" Tagomolila-Que**

**Fee: \$220**

**# 21843**

Monday/Friday

6:00 PM - 10:00 PM

Mar. 13 - Apr. 14

### CODING FOR MEDICAL INSURANCE BILLING - CLASS 2 (ONLINE)

Coding is required to bill insurance companies. It is also used in the medical records departments of different medical facilities. Students will learn the different rules in coding various diagnosis in ICD-10-CM format. Those same codes are used for billing insurance companies in order to get the best reimbursement. In CPT coding, the students will learn how to code the doctor's or the medical facilities reimbursement procedures/services.

***This course is a prerequisite for Medical Insurance Principles.***

**Two Books Required:**

- 1. ICD-10-CM for Physicians 2021 or 2022 (Professional or Expert) any publisher.\***
- 2. AMA Current Procedural Terminology Professional\***

**\*Older additions permitted up to 2018 if only to be used for practice. Current addition is to be used for current year's license exam.**

**Please purchase or rent books on your own. (These books are to be used for Medical Billing so you will not need to purchase additional books if you are taking Medical Coding through LAVC Community Services).**

**Arlyn "Glady" Tagomolila-Que**

**Fee: \$220**

**# 21844**

Monday/Friday

6:00 PM - 10:00 PM

Apr. 17 - May 19

### MEDICAL INSURANCE PRINCIPLES / BILLING - CLASS 3 (ONLINE)



Students will learn the basic principles of medical billing, recognize the different forms used by third party payers, create a clean claim (1500 form) and define insurance billing terminology and types of coverage. Students will learn the responsibilities of Medical Insurance specialist, the life cycle of an insurance claim, and the various templates.

Prerequisite: Medical Terminology & ICD-10-CM/CPT-HCPCS Coding.

**Purchase or rent text books on your own. (These are the same books used for Medical Coding.)**

**Arlyn "Glady" Tagomolila-Que**

**Fee: \$220**

**# 21845**

Monday/Friday

6:00 PM - 10:00 PM

May 22 - Jun. 26

# BUSINESS & CAREER TRAINING

## BLOGGING FOR FUN AND PROFIT (ONLINE)

Want to know why creators and marketers say a blog is the best type of website? Whether you want a website for personal or professional use, discover how a blog makes it easy to share your products, services, writing, pictures, and videos with family, friends, organizations, and customers. Find out the four most popular ways to use a blog to make money and how a blog makes your search and social media marketing easier! Topics include blogs for business, blog ads, blogs for marketing, and building blog communities.



**Bob Cohen**

**Fee: \$69**

**# 21822**

1 Tuesday

6:00 PM - 9:00 PM

Mar. 28

## CONTENT CREATION IN FIVE STEPS (ONLINE)

Do you want or need to create content for your website, newsletter, or social media but struggle to do so? In this class, you'll discover the five steps used by the pros to produce articles, blog posts, product descriptions, social media posts, and more. Starting with the basics, this class will show you the five essential steps to writing, formatting, choosing images, and creating a calendar for scheduling. You'll learn about writing, photography, audio, and video tools, along with posting content applications.

**Bob Cohen**

**Fee: \$69**

**# 21825**

1 Tuesday

6:00 PM - 9:00 PM

Apr. 4

## GOOGLE SEARCH, ADS, EMAIL, AND ECOMMERCE MARKETING (ONLINE)

We'll explore Search Engine Optimization (SEO) and Google Ads to help drive traffic to your site, how to find and use keywords, and why a landing page is valuable. Gain insight into why you should be using email marketing, what makes a successful opt-in newsletter, and how you can build one for pennies. Find out what the best e-commerce sites are for selling and your options. We'll compare search, social media, and email opt-in so you can understand what each offers for your Online marketing.



**Bob Cohen**

**Fee: \$69**

**# 21820**

1 Tuesday

6:00 PM - 9:00 PM

Mar. 21

## INTRODUCTION TO INTERNET MARKETING METHODS (ONLINE)

Learn the nine steps professionals use to market any business or organization Online. For beginners and others looking to improve, we'll cover the most popular Online tactics from SEO, advertising, social media, channels, affiliates, e-commerce, content marketing, and the #1 marketing approach recommended by Google and others. This course will help you get started and take your marketing up a level, help you learn how to do-it-yourself or hire and manage an agency do the work for you.

**Bob Cohen**

**Fee: \$69**

**# 21818**

1 Tuesday

6:00 PM - 9:00 PM

Mar. 7

## MAKE AN APP FOR THAT(ONLINE)

Apps for iPhones and Android are popular and in demand. Let Bob teach you to take your app idea from concept to market and turn it into income. Learn to develop your idea using new tools for making apps with little or no programming experience. Discover what makes a successful app, how to find a market for your application, get it on the iTunes or Google Play Store and promote and price your app to generate the most revenue.



**Bob Cohen**

**Fee: \$69**

**# 21821**

1 Thursday

6:00 PM - 9:00 PM

Mar. 23



# BUSINESS & CAREER TRAINING

## MARKETING WITH FACEBOOK AND SOCIAL MEDIA (ONLINE)

Learn how to use Facebook, Twitter, Instagram, and social media sites to market just about anything from businesses and non-profits to books and bands! Discover how Likes, follows, shares, and comments affect your organic marketing and how to use paid advertising. Find out the audience demographics for the most popular social media sites, and learn about tools like RSS that professionals use to automate their social media marketing.

**Bob Cohen**

**Fee: \$69**

**# 21819**

1 Tuesday

6:00 PM - 9:00 PM

Mar. 14

## CLASSES FOR KIDS

### BABYSITTERS TRAINING (AGES 11-17) (IN PERSON)

Learn basic care for infants, toddlers and young children, how to handle various difficult situations, how to be a professional, fun activities while babysitting, and ways to keep yourself and those under your care safe. Whether looking after younger siblings, or earning income helping other families, this course is a must to help you get the job done! For 11-17 year olds. If you pass the exam and wish to have a certificate (to be mailed later), the cost is \$15.00 payable to the instructor at class. Please bring a snack.

**Margaret Noji**

**Fee: \$75**

**# 21824**

2 Saturdays

10:00 AM - 12:30 PM

Mar. 18 - Mar. 25

**Supply Fee: \$5**

### HOME ALONE (AGES 11-15) (IN PERSON)



Develop skills to be confident and safer at home when adults are not present. This interactive course provides information, tools and drills covering topics such as: Answering the Door and Phone, Sudden Power Outages, Earthquake, Fire, Intruder, Kitchen Safety, Calling 911, and more. This course is exciting and highly recommended for any child who may spend time at home alone!

**Margaret Noji**

**Fee: \$48**

**# 21823**

1 Saturday

10:00 AM - 1:00 PM

Apr. 8

**Supply Fee: \$12**

### ROCK GUITAR 101 (AGES 10-17) (IN PERSON)

The guitar is the most popular musical instrument for Classic Rock music and if you are just starting out on guitar this class is for you! The course will teach the basic fundamentals of music, power chords and the notes on the guitar. You will be introduced to guitar tablature which will build the foundation for a lifetime of enjoyment making music. Come join this class and learn how to play songs and make music in no time flat. Students must bring their own guitar electric/acoustic to class.



**Dan Sindel**

**Fee: \$99**

**# 21860**

6 Saturdays

1:00PM - 2:00PM

Feb. 25 - Apr. 1

### WANT MORE CLASSES FOR KIDS?

SWIMMING PG. 29

DANCE & GYMNASTICS PG. 20

SPANISH PG. 26

TENNIS PG. 22

## **SUMMER CAMP OPEN HOUSE**

**Saturday, February 25th, 2PM-4PM  
& Sunday, March 5th 2PM-4PM**

**@Community Services Center  
5792 Ethel Ave.  
Sherman Oaks, CA 91401**

Drop by anytime during the open house to meet camp staff, tour our facilities and participate in question & answer sessions while your campers enjoy facepainting by Monarch Parties.

## **SINGLE DAY CAMP (7:30am TIL 5:30pm) February 20th & April 24th**

**Schools Out, Come to Camp!!.**

We offer full day of camp for pupil-free days & holidays when school is out. During the day campers will enjoy sports, Arts & Crafts Projects, Special Event Activities and swimming if weather permits.

## **SPRING BREAK CAMP Monday, April 3rd - Friday, April 7th**

If you and your kids are looking for fun things to do on their week off from School, sign up for Monarch Spring Camp! Five full days of fun-filled delight from 7:30 in the morning until as late as 5:30 at night! We will have on campus day camp with swimming, rockwall, sports, and etc, field trip on Wednesday, and culminating in our Friday Pizza Party and Egg-themed Scavenger Hunt! All groups are age separated (sometimes 2 grades together) and gender mixed.

# SUMMER DAY CAMP 2023

**JUNE 12TH -AUG. 11TH, 2023 MON-FRI 7:30AM-5:30PM**

## MONARCH CAMPS MISSION

Monarch Camps provides campers with a fun and enriching environment where growth is a natural outcome of participation. The sports and activities we offer facilitate the development of cooperation, creativity, motor skills and sportsmanship among campers. Camp traditions and inclusion are tools that we use to cultivate a family environment. We strive to be a positive influence on a camper's growth from childhood through their teen and adult years.

**REGISTRATION OPENS JUNE 22ND!**

**REGISTER AT [MONARCHCAMPS.COM](http://MONARCHCAMPS.COM)**

Registration closes when camp is full or the Thursday prior to each week.

**LIMITED SPACE and we fill up quickly.**

DAILY	Sibling Discount
<b>\$95</b>	<b>\$80</b>
Minimum 3 Days	Minimum 3 Days

## ABOUT OUR MOST POPULAR PROGRAM - CLASSIC DAY CAMP

This is where it all begins, with our longest running and most popular camp.

Campers participate in arts & crafts, special projects and play in a variety of sports (such as gymnastics, basketball, tennis, soccer and archery). We build a strong sense of camp tradition and community through singing, dancing, special dress-up and theme days with unique events. Groups are divided by grade level.

Camps We Offer	For Grades	Ages
Classic Day Camp	Kinder- Third	5-8
eXcursions Camp (Classic Day Camp)	Fourth - Seventh	9-13
All-Sports Camp	Third - Seventh	8-12
Theatre Arts Camp	Third - Seventh	8-12
Fine Art Camp	Second - Seventh	7-12
Dance Camp	Second - Seventh	7-12
Nature Camp	Second - Seventh	7-12
Aquatics Camp	Third - Seventh	8-12
Tumbling Camp	Kinder - Second	5-7
Gymnastics Camp	Second - Seventh	7-12
Soccer Camp	First - Seventh	6-12
Tennis Camp	Third - Seventh	8-12
Basketball Camp	Third - Seventh	8-12
Baseball Camp	Third - Seventh	8-12
Counselor In Training	Eighth - Ninth	13-14

# AFTER SCHOOL PROGRAM

EVERY DAY UNTIL 6:30PM PICK UP AT LAVC  
Kindergarten through Eighth Grade

**School Year 2022-2023**

- Pick-up students from school
- Homework assistance, completion and correction.
- Additional academic supplementation provided
- Fun Recreation Activities
- Swimming (seasonal)
- Daily Snack
- Open as late as 6:30 PM
- Optional Gymnastics & Swim Lessons available



**Monarch Camps After School Program has commercial passenger vans to pick up students at Colfax, Dixie Canyon, Kester, Monlux, Riverside and other area schools**

**\*Price reflects 5 day full week enrollment**

## MONARCH PARTIES

Monarch Camps makes parties fun!

Have an easier experience by having the party on campus. We decorate and will clean up after! You'll get the convenience of easy parking and the use of our party room with refrigerator, freezer, ice maker and sinks. • You can also have our experienced and background checked staff come to your location for a fun and memorable experience. Our rentals will enhance any party or event.



### PARTIES ON CAMPUS - CHOOSE ACTIVITIES

- Gymnastics
- Inflatables
- Sports
- Rock Wall

### WE HAVE SERVICES TO MAKE YOUR PARTY/EVENT MEMORABLE

- Airbrush Tattoo Artist
- Face Painting
- Food Catering
- Sports Coach

**Please visit [party@monarchcamps.com](mailto:party@monarchcamps.com) to request info., get fees, or book your party.**

## OPEN GYMNASTICS & ROCKWALL

Please check [monarchcamps.com/gymnastics](http://monarchcamps.com/gymnastics) for schedule.

**\$15 Single Day Pass**

**\$45 Monthly Membership**





# DANCE

## BALLET FOR ADULTS - ADVANCED BEG. - INTERMEDIATE (IN PERSON)

There is no better way to develop strength, flexibility, musicality, and stamina while practicing a fun and beautiful art form, dating back to the 15th century. You will enhance self-esteem and build self-confidence while getting in shape! Students should wear leotards and tights or leggings. Ballet slippers are required.

**Claudine Mason-Marx**

**Fee: \$69**

# 21810	5 Sundays	9:00 AM - 10:15 AM	Jan. 29 - Mar. 5
# 21811	5 Sundays	9:00 AM - 10:15 AM	Mar. 12 - Apr. 16
# 21812	5 Sundays	9:00 AM - 10:15 AM	Apr. 23 - May 21

## BEGINNER LYRICAL/JAZZ FOR ADULTS (IN PERSON)



This class style is a mix of jazz and ballet, implementing technique of traditional jazz along with intuitive feeling and personal expression. Class will consist of stretches, warm up, across the floor, center, and choreography. This dance style and art form is very therapeutic as it allows you to explore and experience movement to music with lyrics that inspire expression and emotion. Flexibility, coordination, technique, and performance will all be developed in this class, as we get our bodies moving through space with length and grace. Must have jazz shoes.

**Alison Haggerty**

**Fee: \$59**

# 21879	5 Tuesdays	7:00 PM - 8:00 PM	Jan. 31 - Feb. 28
# 21880	5 Tuesdays	7:00 PM - 8:00 PM	Mar. 14 - Apr. 11

## BEGINNER TAP FOR ADULTS (IN PERSON)

We will be focusing on the tap basics, developing proper tap technique, rhythm, and percussion. Classes will include a warm up, across the floor exercises, and center work. We will be learning choreography along with creativity and improvising tap techniques. This class will help build the elements of tap dance musicality, vocabulary, and individual style. The goal is to develop coordination and clarity with rhythm in a challenging, but fun way. Must have Tap shoes.

**Alison Haggerty**

**Fee: \$59**

# 21877	5 Thursdays	7:00 PM - 8:00 PM	Feb. 2 - Mar. 2
# 21878	5 Thursdays	7:00 PM - 8:00 PM	Mar. 16 - Apr. 13

## BEGINNING COUNTRY WESTERN LINE DANCING (IN PERSON)

If you want to learn Line Dancing or improve your technique, this is the class for you. Simple, slow to moderately paced line dances will be taught in a relaxed, pleasant atmosphere. Come have fun with us and get a great workout!. Two levels: Beginner & Intermediate. No partners required. Cowboy boots or good dancing shoes suggested - no sandals allowed.

**Linda Goldstein**

**Fee: \$89**

# 21813	8 Sundays	11:00 AM - 12:00 PM	Feb. 12 - Apr. 2
# 21814	6 Sundays	11:00 AM - 12:00 PM	Apr. 16 - May 21

**Fee: \$69**

## SALSA FOR BEGINNERS (IN PERSON)

This beginner class will teach you the basic steps and hip movements to this fun and exciting dance. Burn calories while having fun dancing! Get ready to move and groove to the best Latin music. Couple registration is not required.

**Linda Goldstein**

**Fee: \$89**

# 21815	8 Sundays	12:00 PM - 1:00 PM	Feb. 12 - Apr. 2
# 21816	6 Sundays	12:00 PM - 1:00 PM	Apr. 16 - May 21

**Fee: \$69**

# EXERCISE SPORTS & FITNESS

## TENNIS LESSONS

Learn tennis or improve your current game with our long-term teaching pro, Ray Finks. Ray is a member of the National Tennis Academy Professional Tennis Registry. He has played competitive and professional tennis for over 10 years. He has won several local tournaments.

### Levels:

**BEGINNER:** Very little to no previous experience in playing or lessons.

**INTERMEDIATE:** Dependable and accurate service placement and has some understanding of strategy in singles and doubles.

**ADVANCED:** Has high level of consistency and endurance.

EACH student must bring 2 unopened cans of tennis balls & racket.



### CHILDREN SATURDAY CLASSES

# 21798	Age 6 - 9	8 Saturdays	11:00 AM - 12:00 PM	Jan. 14 - Mar. 4	Fee: \$79
# 21799	Age 10 - 14	8 Saturdays	12:00 PM - 1:00 PM	Jan. 14 - Mar. 4	Fee: \$79
# 21804	Age 6 - 9	8 Saturdays	11:00 AM - 12:00 PM	Apr. 1 - May 27	Fee: \$79
# 21805	Age 10 - 14	8 Saturdays	12:00 PM - 1:00 PM	Apr. 1 - May 27	Fee: \$79

### ADULT SATURDAY CLASSES

# 21797	Beg-Adv	8 Saturdays	10:00AM - 11:00AM	Jan. 14 - Mar. 4	Fee: \$79
# 21796	Intermediate	8 Saturdays	9:00AM - 10:00AM	Jan. 14 - Mar. 4	Fee: \$79
# 21803	Beg-Adv	8 Saturdays	10:00AM - 11:00AM	Apr. 1 - May 27	Fee: \$79
# 21802	Intermediate	8 Saturdays	9:00AM - 10:00AM	Apr. 1 - May 27	Fee: \$79

### ADULT SUNDAY CLASSES

# 21800	Beginning	8 Sundays	9:00 AM - 11:00 AM	Jan. 15 - Mar. 5	Fee: \$159
# 21801	Advanced*	8 Sundays	11:00 AM - 1:00 PM	Jan. 15 - Mar. 5	Fee: \$159
# 21806	Beginning	8 Sundays	9:00 AM - 11:00 AM	Apr. 2 - May 28	Fee: \$159
# 21807	Advanced*	8 Sundays	11:00 AM - 1:00 PM	Apr. 2 - May 28	Fee: \$159

## PRIVATE TENNIS LESSONS

Dates and times for private tennis lessons **MUST be arranged with the Community Services Office.**

**Call 818-947-2577 x.4172 to book your private tennis lesson.** Minimum of 4 hours required. Can be eight 1/2 hour lessons or four 1 hour lessons.

**Raymond Finks, Tennis Pro**

**Fee is \$64/hour per person**

## ZUMBA GOLD (IN PERSON)



Are you 55 or older and looking for a good workout? Zumba Gold for older adults (ages 55+) blends Latin and International dance rhythms to give a fun, safe and different kind of work out for this age group. This is a great way to get in or stay in shape and meet new friends. It is required that participants wear supportive athletic shoes.

**Linda Goldstein**

**Fee: \$89**

# 21808 8 Saturdays 9:30 AM - 10:30 AM

Feb. 11 - Apr. 1

# 21809 6 Saturdays 9:30 AM - 10:30 AM

Apr. 15 - May 20

**Fee: \$89**

# EXERCISE SPORTS & FITNESS

## RESTORATIVE YOGA (IN PERSON)

Come and enjoy a gentle journey through the practice of Yoga. Participants can use props to support, balance, or advance a pose. The instructor will provide a series of options for each posture, allowing students to find their optimal balance between support and challenge. This class will explore alignment, strength, balance, flexibility, breath, and relaxation. Bring a yoga mat and a willing spirit. No prior Yoga experience is needed.



**Margie Thomas**

# 21881 Tuesday/Thursday 10:00 AM - 11:00 AM  
# 21882 Tuesday/Thursday 10:00 AM - 11:00 AM

**Fee: \$89**

Jan. 17 - Feb. 9  
Mar. 7 - Mar. 30

## COOKING

### SIMPLE, DELICIOUS, & NUTRITIOUS MEALS (IN PERSON)

Come learn from a recipe developer and food blogger how to cook healthy, vibrant plant-based recipes without too much effort or too much money. Students will learn how to prepare simple yet diverse dishes; Moroccan couscous, Thai red curry, Persian herb kuku, Palestinian hummus and many more. The objective of the class is to teach students to cook and prepare simple plant-based recipes in order to make them feel confident and excited about cooking and eating vegetables, herbs and spices.

**Shelly Gilad**

# 21865 5 Wednesdays 6:00 PM - 9:00PM

**Fee: \$145**

Jan. 25 - Feb. 22

## HEALTH & WELLNESS

### ACUPRESSURE TO REDUCE PAIN & STRESS (IN PERSON)

Learn the basics of Chinese healing as it relates to acupressure massage. This class will focus on self and couple acupressure massage and specific points to use for common problems such as: lack of energy and mental clarity, low back pain, neck and shoulder pain, etc. You will learn approximately 16 acupressure points you can perform on yourself and others. You will also learn basic head and neck massage techniques. (No partner necessary for class.) Please have a small hand mirror and water-soluble marker.

**Dr. Randy Martin, Ph. D, O.M.D.**

# 21841 1 Thursday 7:30PM - 9:00PM

**Fee: \$35**

Mar. 30

**Supply fee: \$3**

### AMERICAN RED CROSS CPR/AED (IN PERSON)

Learn or review the life-saving skill of CPR on adults, children and infants. This course includes instruction on how to use an AED, and what to do in the event of a Choking Emergency. This interactive and engaging course concludes with an exam. Upon passing, certification is available for an additional \$25, payable to the instructor in class. For ages 18 and above.



**Margaret Noji**

# 21836 1 Thursday 6:00 PM - 10:00 PM

**Fee: \$45**

Feb. 2

**Supply fee: \$5**

## HEALTH & WELLNESS

### AMERICAN RED CROSS FIRST AID (IN PERSON)

Learn or review the steps to give aid in Emergencies such as bleeding wounds, burns, and bone injuries; and how to respond to Sudden Illnesses such as stroke, seizure, allergic reaction, and much more. This course is highly recommended for parents, caregivers, coaches, athletes, and anyone willing to help others in a healthcare emergency. Upon passing the exam, certification is available for an additional \$28, payable to the instructor in class. For ages 18 and above.



**Margaret Noji**

**Fee: \$40**

**# 21839**

1 Thursday

6:00 PM - 9:00 PM

Feb. 9

### EARTHQUAKE PREPAREDNESS (IN PERSON)

It's always earthquake season in California! Learn what to do BEFORE, DURING, and AFTER an earthquake. Develop your Communication and Evacuation Plans. Build your checklist for an Emergency Supply Kit. Plan your Home Earthquake Drill. Gain peace-of-mind knowing that you are now prepared for the next earthquake.

**Margaret Noji**

**Fee: \$35**

**# 21840**

1 Thursday

6:00 PM - 8:00 PM

Mar. 9

## PERSONAL ENRICHMENT / FINANCE

### HOW TO LIVE, WORK OR RETIRE ABROAD AFFORDABLY (ONLINE)



Enjoy a higher standard of living while living your dream! Learn how you can make your dream of living in a foreign country possible. Find out how to stretch a fixed retirement income, or how to find work overseas that pays your room and board. Discover the top ten countries where you can live better abroad than in the U.S., and how you can do it. Get tips on evaluating your finances, figuring out how far your dollar will go, housing, transportation, food, government discount programs, access to healthcare, job opportunities and more.

**Bob Cohen**

**Fee: \$49**

### JUMP START YOUR CAREER OR START A NEW ONE CAREER TRAINING ONLINE PROGRAMS

**One-On-One Instructor Assistance - 24-Hour Access**

**All Materials and Books Included - 3-6 Months Of Instruction**

**Certificate Upon Successful Completion - Start Anytime**

Prepare for employment in some of today's hottest careers with an affordable and comprehensive self-paced on-line Career Training Program

Complete any of these Career On-line Programs entirely from your home or office and at any time of the day or night! For detailed objectives, outlines, demos, frequently asked questions, pricing and program ratings visit our website

**<http://careertraining.ed2go.com/lavcComEd/>**



# MUSIC

## BEGINNING GUITAR (IN PERSON)

In this hands on entertaining hands you will learn the fundamental skills for playing the guitar. With a few basic chords you can play along with others and accompany yourself on lots of songs. No previous experience needed. Bring your own Guitar.

**Dale LaDuke**

**Fee: \$99**

**# 21830**

5 Saturdays

12:00 PM - 1:00PM

Jan. 14 - Feb. 11

## THE BASICS OF HARMONY SINGING (IN PERSON)

In this fun class, you will discover and hone your own vocal sound, learn breath control, experiment working with different ranges, train your ear to better understand pitch, and enhance your singing diction. We'll start with simple popular songs and learn to sing the correct melodies and then the harmonies that go with them in a very easy low pressure environment. Each week you will be given reading and listening material to prepare for and discuss at the next class meeting. This class will help you find your voice.

**Dale LaDuke**

**Fee: \$99**

**# 21831**

5 Saturdays

1:00 PM - 2:00PM

Jan. 14 - Feb. 11

## ROCK GUITAR 101 (ADULTS) (IN PERSON)

The guitar is the most popular musical instrument for Classic Rock music and if you are just starting out on guitar this class is for you! The course will teach the basic fundamentals of music, power chords and the notes on the guitar. You will be introduced to guitar tablature which will build the foundation for a lifetime of enjoyment making music. Come join this class and learn how to play songs and make music in no time flat. Students must bring their own guitar electric/acoustic to class.

**Dan Sindel**

**Fee: \$99**

**# 21856**

6 Saturdays

2:00PM - 3:00PM

Feb. 25 - Apr. 1

## SONGWRITING (ONLINE)

Students will learn how to draw stories from daily life, song structure, the importance of song premise and title, use of vivid imagery, rhyme and meter, use of devices (metaphor, alliteration, repetition, contrast, etc...), melodic arc, harmonic structure and an understanding of basic music theory. Students will complete one song over the course of the class, each week building the song with the assigned steps. Students will share their assigned work in class and will be provided feedback and guidance in a participation driven master class setting.



**Anna Montgomery**

**Fee: \$99**

## BEGINNING UKULELE (IN PERSON)



Learn fundamental skills to get you playing ukulele in this entertaining hands-on class. We will work on rhythm, strumming, patterns, and some finger picking. With a few basic chords you can play along with others and accompany yourself on a multitude of songs. Learn to find the right key for your voice and where the notes are on the keyboard. No previous experience needed. Bring your own ukulele.

**Dale LaDuke**

**Fee: \$99**

**Level 1**

**# 21828**

5 Saturdays

10:00 AM - 11:00 AM

Jan. 14 - Feb. 11

**Level 2**

**Fee: \$99**

**# 21690**

5 Saturdays

11:00 AM - 12:00 PM

Jan. 14 - Feb. 11

# LANGUAGES

## CIAO VENEZIA - ITALIAN LIVE STREAM FROM VENEZIA, ITALY! (ONLINE)



Learn Italian directly from Venice, Italy!!! That's right, you'll now have the chance to learn the fourth most studied language in the world in the most authentic way! Our teacher, Mr. Lombardi will be in Venezia giving you the "real experience" no one else could! The class curriculum is designed for the complete beginner; with simple idiomatic phrases, you will be able to speak ITALIANO in no time. Divided into ten subject areas, Mr. Lombardi will guide you through the different phases of learning the language: building your vocabulary, grammar, and pronunciation.

The program will cover ear-training exercises: greetings and introductions, people and family, numbers and plural, around home, describing things, around town, at the restaurant, everyday life, at work and socializing.

**Giovanni Lombardi**

**Fee: \$75**

# 21852	6 Tuesdays	10:00 AM - 11:30 AM	Jan. 24 - Jan. 28
# 21850	6 Tuesdays	10:00 AM - 11:30 AM	Mar. 14 - Apr. 18
# 21851	5 Tuesdays	10:00 AM - 11:30 AM	May 2 - May 30

## SPANISH FOR CHILDREN (ONLINE)

Introduce your child to the Spanish language and Latin American culture. We will begin with the Alphabet and the basics of Present Tense. Next, we will concentrate on the basics of Present and Future Tense. In each class your child will learn how to interact in Spanish through in-class exercises, role playing, games, videos, and fun activities.



**Teresa Hito**

**Fee: \$100**

### Children's Class - Beginners level (9 - 13 yrs old)

# 21888	8 Saturdays	11:30AM - 12:30PM	Jan 21 - Mar. 11
# 21892	8 Saturdays	11:30AM - 12:30PM	Mar. 25 - May 27

### Children's Class- Intermediate level (9 - 13yrs old)

# 21889	8 Mondays	5:30 PM - 6:30 PM	Jan 23 - Mar. 20
# 21893	8 Mondays	5:30 PM - 6:30 PM	Mar. 27 - May 22

### Children's Class - Advanced level (9 - 13yrs old)

# 21890	8 Fridays	5:15 PM - 6:15 PM	Jan. 27 - Mar. 17
# 21894	8 Fridays	5:15 PM - 6:15 PM	Mar. 31 - May 26

### Conversation Spanish for High School Students

# 21891	8 Tuesdays	6:00 PM - 7:00 PM	Jan. 24 - Mar. 14
# 21895	8 Tuesdays	6:00 PM - 7:00 PM	Mar. 28 - May 16

## BEGINNING SPANISH (ONLINE)

In this course students will use reading, writing, speaking, and listening skills to develop a basic level of proficiency in the Spanish language. Each week will present a topic with grammatical points of interest by using games, drills, and videos to cover all aspects of language learning. General topics will be addressed depending on the what is covered that week such as: "All about me", "The weather".

**Teresa Hito**

**Fee: 100**

# 21866	8 Saturdays	8:00 AM - 9:30 AM	Jan. 21 - Mar. 11
# 21867	8 Saturdays	8:00 AM - 9:30 AM	Mar. 25 - May 27



# LANGUAGES

## INTERMEDIATE SPANISH (ONLINE)

In this course students will use reading, writing, speaking, and listening skills to develop a basic level of proficiency in the Spanish language. Each week will present a topic with grammatical points of interest by using games, drills, and videos to cover all aspects of language learning. General topics will be addressed depending on the what is covered that week such as: "Giving a order to a child" "Say what you did yesterday".

**Teresa Hito**

**Fee: 100**

# 21868	8 Saturdays	9:45 AM - 11:15 AM	Jan. 21 - Mar. 11
# 21869	8 Saturdays	9:45 AM - 11:15 AM	Mar. 25 - May 27

## ADVANCED SPANISH (ONLINE)

Advance Spanish is for those who have completed the Intermediate Spanish class. In this course students will use reading, writing, speaking, and listening skills to develop a basic level of proficiency in the Spanish language. Each week will present a topic with grammatical points of interest by using games, drills, and videos to cover all aspects of language learning. General topics will be addressed depending on the what is covered that week such as: "Talk about what you did in your last vacation."

**Teresa Hito**

**Fee: \$100**

**Level 1**

# 21870	8 Saturdays	12:45PM - 2:15 PM	Jan. 21 - Mar. 11
# 21873	8 Saturdays	12:45PM - 2:15 PM	Mar. 25 - May 27

**Level 2**

**Fee: \$100**

# 21871	8 Tuesdays	7:00 PM - 8:30 PM	Jan. 24 - Mar. 14
# 21872	8 Tuesdays	7:00 PM - 8:30 PM	Mar. 28 - May 16

# OPEN RECREATION ACTIVITIES

Open Recreation (drop-in) activities are open to adults ages 18 and up in the community. Days and times are subject to change due to location availability. There is no instruction for Open Recreation activities. Coaching/teaching at any open recreation activity is prohibited. We currently offer the following activities: Royal Scottish Dance and Track. All Open Recreation activities fees are \$8.00 per visit. SAVE MONEY-BUY A PASS! 10 visits to any Open Recreation activity for \$50.00! Passes are available at the Community Services Office (818) 947-2577, Ext. 4172 by phone with a credit card, by mail or on-line at: <http://lavalley.augusoft.net>. No refunds on Open Recreation passes will be issued. Lost or stolen cards will not be replaced.

DAY	TIME	PROGRAM	LOCATION
Monday	7:30-10:00 PM	Scottish Dance	CSC MPR 2
Saturday	6:00-9:00 AM	Track	Stadium Track
Friday	7:00-11:00 PM	Badminton	North Gym
Sunday	2:00-5:00 PM	Adv. Badminton	North Gym

Please check our website [lavalley.augusoft.net](http://lavalley.augusoft.net) regularly for updates

# SWIMMING & AQUATICS

## SWIM LESSON POLICIES AND REGISTRATION PROCEDURE

### Classes

- Swim classes are not confirmed until payment is received.
- If you miss a group lesson, there will be no make-up scheduled. If the Community Services Office cancels a class due to inclement weather\*, instructor's schedule, etc. We will provide a make-up class at a mutually agreeable date and time. OR we will provide a class credit or refund.
- Please read our refund policy on Page 4.



### Private Lessons

- Swim lessons are not confirmed until payment is received.
- We will do our best to honor requests for instructors but cannot guarantee this.
- If the Community Services Office cancels a class due to inclement weather\*, instructor's schedule, etc. We will provide a make-up class at a mutually agreeable date and time or a credit.
- Participants in current month private swim lessons have priority registration over all others. -Private Lesson Priority registration for the next month begins on the 1st day of the current month and continues until the Monday immediately after the 3rd Sunday of the month.
- Please read our refund policy on Page 4.

\*All classes will be held rain or shine; except in case of thunderstorms, ice on the pool deck or if it is raining so hard that lifeguards cannot see the bottom of the pool. Call 818-778-5644 approximately 30

## ADULT SWIM CLASSES (18 YEARS OLD AND UP)

### SHALLOW WATER AEROBICS

This class is for anyone who wants to improve strength, flexibility, and cardiovascular endurance with minimal impact and stress on joints. For beginner to intermediate level

M/W/F	9:00 AM - 9:55 AM	\$95/month
M/W/F	10:00 AM - 10:55 AM	\$95/month

### AQUA FIT

A combination of water aerobics, swimming, and more for a varied, challenging, and fun workout! If you want to get back into shape, keep yourself in shape, or are just looking for something different, then this is the class for you! Class held in deep water.

T/TH	4:00 PM - 4:45 PM	\$80/month
T/TH	6:00 PM - 6:45 PM	\$80/month

### AQUA TABATA

Enjoy the benefits of a HIIT workout without the impact! Tabata training was developed in Japan and is a 20-second high-intensity work interval followed by a 10-second rest, repeated eight times in a row. High Intensity Please note: All participants must be comfortable and water safe in deep water.

M/W:	4:00 PM - 4:45 PM	\$80/month
M/W:	6:00 PM - 6:45 PM	\$80/month

### ADULT LAP SWIM (18 and over)

Open to all adults 18 and up for lap swimming. Lap passes have 10 entries. Purchase one pass for \$45, 2 passes for \$70, 3 passes for \$100. No refunds will be given for lap swim passes. Lost or stolen passes will not be replaced. **(ALL registrations must be done at the Community Services Office)**

Monday - Thursday:	6:00 PM - 8:00 PM
Friday:	5:00 PM - 8:00 PM

Note: Purchase of the LAVC Community Services Lap Swim Pass does not guarantee that there will be lap space in the pool at all times during our regular lap swim hours. Please understand that we will try our best to find accommodations for lap swimmers but there may be times when it is not possible. Please also be aware that the Aquatic Staff and Lifeguards have the authority to move patrons as necessary.

# SWIMMING & AQUATICS

## WE OFFER SWIMMING AND AQUATICS CLASSES YEAR ROUND

ALL registrations must be done at the Community Services Office

### PRIVATE SWIM LESSONS (YOUTH & ADULT)

25 minutes of one-on-one instruction once a week. \$120-\$150 per month based on number of weeks in the month. Children must be at least 4 years old and toilet trained. Call Community Services (818.947.2577 extension 4172) for times or to schedule a lesson. Lessons are available every half hour, Monday through Thursday from

### CHILDREN'S SWIM CLASSES

#### SMALL GROUP LESSONS

Our smaller group lessons offer flexible scheduling and are for children of all swimming abilities. Learn to swim or get better with your strokes! For ages 4 through 16½. Group sizes are 4-8 students and are 30-45 minutes long.

**Assessment required for Levels 3 or higher.**

**Assessments are by appointment only.**

**Contact Community Services at (818)947-2577 Ext.4172 to schedule an appointment.**



#### LEVEL 1 - CLASS SIZE: 4 x 1 - 30 min

Mon. / Wed.	3:50 PM - 4:20 PM	\$75/month
Tue. / Thu.	3:50 PM - 4:20 PM	\$75/month
Tue. / Thu.	5:55 PM - 6:25 PM	\$75/month

#### LEVEL 2 - CLASS SIZE: 4 x 1 - 30 min

Mon. / Wed.	4:25 PM - 4:55 PM	\$75/month
Tue. / Thu.	4:25 PM - 4:55 PM	\$75/month
Tue. / Thu.	6:30 PM - 7:00 PM	\$75/month

#### LEVEL 3

Mon. / Wed.	4:00 PM - 4:45 PM	\$95/month
Mon. / Wed.	5:00 PM - 5:45 PM	\$95/month
Tue. / Thu.	4:00 PM - 4:45 PM	\$95/month
Tue. / Thu.	5:00 PM - 5:45 PM	\$95/month

#### LEVEL 4

Mon. / Wed.	5:00 PM - 5:45 PM	\$95/month
Tue. / Thu.	5:00 PM - 5:45 PM	\$95/month
Tue. / Thu.	6:00 PM - 6:45 PM	\$95/month

#### LEVEL 5

Mon. / Wed.	5:00 PM - 5:45 PM	\$95/month
Mon. / Wed.	6:00 PM - 6:45 PM	\$95/month
Tue. / Thu.	5:00 PM - 5:45 PM	\$95/month

### ADVANCED AQUATICS (LEVEL 6)

A group lesson for intermediate to advanced swimmers who are looking to learn/improve all their strokes, proper lap techniques, and have fun while increasing their strength and endurance. **Tryout is required.**

Ages 6 – 16.

Mon. / Wed.	6:00 PM - 6:55 PM	\$85/month
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**PLEASE NOTE:** We advance children to the next level based on Instructors recommendation and availability of the class. We cannot guarantee that the next level of class will always be available on your requested day/time, or at all.

# FREE ENGLISH AS A SECOND LANGUAGE & CITIZENSHIP

## CONTINUING EDUCATION NON-CREDIT DEPARTMENT

**Free ESL, Citizenship and Computer Classes**  
**All classes are FREE and are Open-Entry/Open-Exit**

### **How to register**

You pay no tuition and begin most classes at any time during the semester. If you never attended LAVC or if you stopped attending for two or more semesters, you will need to complete an admissions application. You can complete it online [www.lavc.edu](http://www.lavc.edu). After completing the admissions process, you may enroll in classes.

### **Easy Enrollment**

1. New students may enroll online at [www.lavc.edu](http://www.lavc.edu) or in-person in the ACA building room 1401.
2. Returning students receive a registration appointment and then may enroll in the Continuing Education office ACA 1401, by phone 818 778-5594 or online [www.lavc.edu](http://www.lavc.edu).

### **Before Enrolling in ESL Classes**

ESL students take the noncredit ESL placement test. To find out more about course replacement, go to ACA 1401 or call 818 778-5594.

### **Naturalization Preparation Services**

Assistance with filling for naturalization is provided during office hours Monday – Friday from 8:00a.m. – 3:00p.m. For more information, contact Lily Gevorgian at 818 778-5614.

### **On campus Contact Information**

For more information call 818 778-5594. We are open Monday – Thursday from 8:00 a.m. – 3:00 p.m. and Friday from 8:00 a.m.-1:00 p.m.

**FOR MORE INFORMATION**  
**visit the Continuing Education Office in ACA 1401**  
**call (818)778-5594**  
**[www.lavc.edu/continuinged](http://www.lavc.edu/continuinged)**

# FREE ENGLISH AS A SECOND LANGUAGE & CITIZENSHIP

## **English as a Second Language**

**Students Learn Speaking, Listening, Reading and Writing Skills**

- ESL 001CE, English as a Second Language – Beginning I (Reading/Writing)
- ESL 002CE, English as a Second Language – Beginning II (Reading/Writing)
- ESL 006CE, English as a Second Language – 0: Literacy Level
- ESL 007CE, English as a Second Language – 1: Beginning Low
- ESL 008CE, English as a Second Language – 2: Beginning
- ESL 009CE, English as a Second Language – 3: Beginning High
- ESL 015CE, English as a Second Language – 4: Intermediate Low
- ESL 016CE, English as a Second Language – 5: Intermediate
- ESL 017CE, English as a Second Language – 6: Intermediate High

## **English as a Second Language**

**Students Focus on Speaking and Listening Skills**

- ESL 023CE, English as a Second Language – Speech I
- ESL 024CE, English as a Second Language – Speech II

## **English as a Second Language**

**Students Learn English along with U.S. History and Government for Citizenship**

- ESLCVCS 10CE, ESL and Civics - 1: Beginning Low
- ESLCVCS 11CE, ESL and Civics - 2: Beginning
- ESLCVCS 12CE, ESL and Civics - 3: Beginning High
- ESL/CVCS 13CE, ESL and Civics - 4: Intermediate Low
- ESL/CVCS 14CE, ESL and Civics - 5: Intermediate
- ESL/CVCS 15CE, ESL and Civics - 6: Intermediate High

## **Computer Literacy**

**Students Learn Microsoft Office 2019 (Word, Excel, PowerPoint, Internet and Keyboarding)**

- Voc Ed 114CE, Word, Internet and Keyboard
- Voc Ed 114CE, Excel and PowerPoint

**FOR MORE INFORMATION**  
**visit the Continuing Education Office in ACA 1401**  
**call (818)778-5594**  
**[www.lavc.edu/continuinged](http://www.lavc.edu/continuinged)**

# ADULT EDUCATION / NONCREDIT COURSES AND PROGRAMS (CERTIFICATES OF COMPLETION)

## COMMUNITY HEALTH WORKER

Successfully passing both courses in the program will provide students with a noncredit Certificate of Completion. The program coursework will provide students with a better understanding of student basic needs and a strong knowledge base of various supportive resources available in the college and the broader community. Students will gain insight into the diversity of perspectives and experiences involved in accessing social service systems and become equipped with the skills needed to independently research and gain access to services. Additionally, students will build on mental health management skills. Upon program completion, students will be better self-advocates and well-positioned to advocate for others.

### VOC ED 554CE- Community Health Workers I - Introduction and Background

#24652	LEC	9:40am - 10:30am	MW	Starts 02/06/2023 Ends 06/05/2023	CC 104
#24655	LEC	2:05 hrs./week	TBA	Starts 02/06/2023 Ends 06/05/2023	INTERNET

### VOC ED 555CE- Community Health Workers II - Foundations, Ethics, and Best Practice

#24661	LEC	9:40am - 10:30am	TTh	Starts 02/06/2023 Ends 06/05/2023	CC 104
#24664	LEC	2:05 hrs./week	TBA	Starts 02/06/2023 Ends 06/05/2023	INTERNET

## PARENTING

Successfully passing both noncredit Parenting courses will provide students with a Certificate of Completion on their college transcripts. Prospective employers will be assured that the student will have learned concepts and applications leading to an understanding of the complexities of lives for families.

### PARENT 021CE- Family Development and Communication

#18081 *	LEC	4:30pm - 5:45pm	Tuesday	Starts 02/06/2023 Ends 04/02/2023	INTERNET
#24607	LEC	4:30pm - 5:55pm	Thursday	Starts 02/06/2023 Ends 04/02/2023	CDFC FRC

\* This class requires students to be online and interact with their instructor during the times shown in class schedule in addition to completing assignments.

### PARENT 022CE- School, Work, and Family Balance

#18082 *	LEC	4:30pm - 5:45pm	Tuesday	Starts 04/10/2023 Ends 06/05/2023	INTERNET
#24608	LEC	4:30pm - 5:45pm	Thursday	Starts 04/10/2023 Ends 06/05/2023	CDFC FRC

\* This class requires students to be online and interact with their instructor during the times shown in class schedule in addition to completing assignments.

## INSURANCE

Successfully passing both Insurance courses will provide students with a noncredit Certificate of Completion. By combining the skills gained and specialized industry know-how from the Introduction to Insurance as well as the Fundamentals of Insurance - Property/Casualty and Health coursework, students will be fully prepared to be successful in pursuing a career in Insurance. The experience will also inform students about opportunities for additional training required in the industry

### VOC ED 423CE- Introduction to Insurance

#24636 *	LEC	6:00 pm - 8:10 pm	Tuesday	Starts 02/27/2023 Ends 04/02/2023	INTERNET
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### VOC ED 424CE- Fundamentals of Insurance - Property/Casualty and Health

#24640 *	LEC	6:00 pm - 8:10 pm	Tuesday	Starts 04/10/2023 Ends 05/14/2023	INTERNET
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\* These classes require students to be online and interact with their instructor during the times shown in class schedule in addition to completing assignments.



# ADULT EDUCATION / NONCREDIT COURSES AND PROGRAMS (CERTIFICATES OF COMPLETION)

## 21ST CENTURY EMPLOYABILITY SKILLS

These classes are based on employer-driven essential 21st Century Employability Skills identified by New World of Work (NWoW) and the Foundation for California Community Colleges. The coursework is aligned with the NWoW curriculum such that students can gain competencies for successful completion of each course in addition to certificates of completion (Basic, Basic/ Intermediate, Intermediate, Intermediate/Advanced, and Advanced).

### Basic Skills BSISKL 109CE- 21st Century Employability Skills: Analysis/Solution Mindset

#24914	LEC	1:05 hrs./week	TBA	Starts 02/06/2023 Ends 03/29/2023	INTERNET
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### BSISKL 110CE- 21st Century Employability Skills: Empathy

#18079	LEC	1:15 hrs./week	TBA	Starts 04/10/2023 Ends 05/21/2023	INTERNET
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### BSISKL 112CE- 21st Century Employability Skills: Diversity Awareness

#18080	LEC	1:15 hrs./week	TBA	Starts 04/10/2023 Ends 05/21/2023	INTERNET
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### BSISKL 114CE- 21st Century Employability Skills: Self-Awareness

#18073	LEC	1:15 hrs./week	TBA	Starts 04/10/2023 Ends 05/21/2023	INTERNET
#24915	LEC	0:50 hrs./week	TBA	Starts 04/10/2023 Ends 06/05/2023	INTERNET

### BSISKL 115CE- 21st Century Employability Skills: Resilience

#18074	LEC	1:15 hrs./week	TBA	Starts 04/10/2023 Ends 05/21/2023	INTERNET
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### BSISKL 116CE- 21st Century Employability Skills: Communication

#24606	LEC	1:15 hrs./week	TBA	Starts 04/10/2023 Ends 05/21/2023	INTERNET
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### BSISKL 117CE- 21st Century Employability Skills: Digital Fluency

#18075	LEC	1:15 hrs./week	TBA	Starts 04/10/2023 Ends 05/21/2023	INTERNET
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## BILINGUAL GED PREPARATION

This series of courses prepares adult speakers of other languages for the General Educational Development (GED) exam, which will support reaching their academic and employment goals. Language Arts and Social Studies courses are offered in the same session to strengthen / contextualize critical thinking competencies. Similarly, Math and Science are offered in the same session to strengthen / contextualize quantitative reasoning and critical thinking competencies.

### BSISKL 129CE- Bilingual GED Preparation: Literature and Language Arts

#25070	LEC	11:20 am - 12:45 pm	MW	Starts 02/06/2023 Ends 06/05/2023	ACA 2604
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### BSISKL 130CE- Bilingual GED Preparation: Social Studies

#25071	LEC	01:00 pm - 2:25 pm	MW	Starts 02/06/2023 Ends 06/05/2023	ACA 2604
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### BSISKL 131CE- Bilingual GED Preparation: Mathematics

#25074	LEC	11:20 am - 12:45 pm	TTh	Starts 02/06/2023 Ends 06/05/2023	ACA 2604
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### BSISKL 132CE- Bilingual GED Preparation: Science

#25075	LEC	01:00 pm - 2:25 pm	TTh	Starts 02/06/2023 Ends 06/05/2023	ACA 2604
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# ADULT EDUCATION / NONCREDIT COURSES AND PROGRAMS (CERTIFICATES OF COMPLETION)

## GIG ECONOMY CAREERS IN ENTERTAINMENT

Successfully passing all four Gig Economy Careers in Entertainment courses will provide students with a noncredit Certificate of Completion. By combining the skills gained and specialized industry know-how from the Development Department, First Assistant Director, Post production, and Business Aspects coursework, students will be fully prepared to be successful in the world of entertainment. The experience will also create opportunities for exposure and professional networking that led to steady employment.

### VOC ED 152CE- Gig Economy Careers in Entertainment - The Development Department

#24631	LEC	10:30 am - 2:45 pm	Saturday	Starts 02/27/2023 Ends 03/12/2023	ACA 1807
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### VOC ED 153CE- Gig Economy Careers in Entertainment: The First Assistant Director

#24633	LEC	10:30 am - 2:45 pm	Saturday	Starts 03/13/2023 Ends 03/26/2023	ACA 1807
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### VOC ED 154CE- Gig Economy Careers in Entertainment: Post-Production

#18067	LEC	10:30 am - 2:45 pm	Saturday	Starts 04/10/2023 Ends 04/23/2023	ACA 1807
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### VOC ED 155CE- Gig Economy Careers in Entertainment: Business Aspects

#24068	LEC	10:30 am - 2:45 pm	Saturday	Starts 04/24/2023 Ends 05/07/2023	ACA 1807
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FOR QUESTIONS AND  
ASSISTANCE  
REGARDING  
ADULT EDUCATION /  
NONCREDIT  
ENROLLMENT...



ENROLL HERE!



#### CONTACT:

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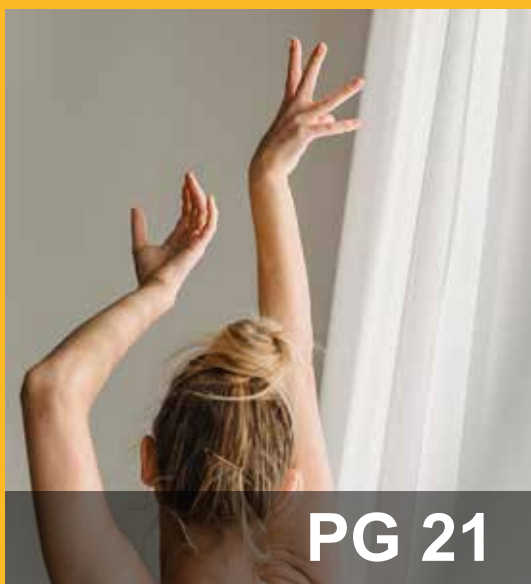
STEPHANIE MEZA  
ADULT EDUCATION COUNSELOR  
[MEZABS@LAVC.EDU](mailto:MEZABS@LAVC.EDU)  
(818) 778-5830

#### NEW STUDENTS:

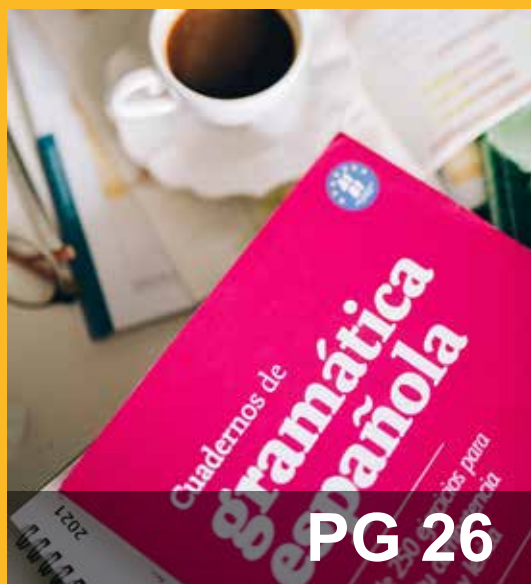
Scan the QR code above or visit [www.lavc.edu](http://www.lavc.edu) and click "Apply."

#### CONTINUING STUDENTS:

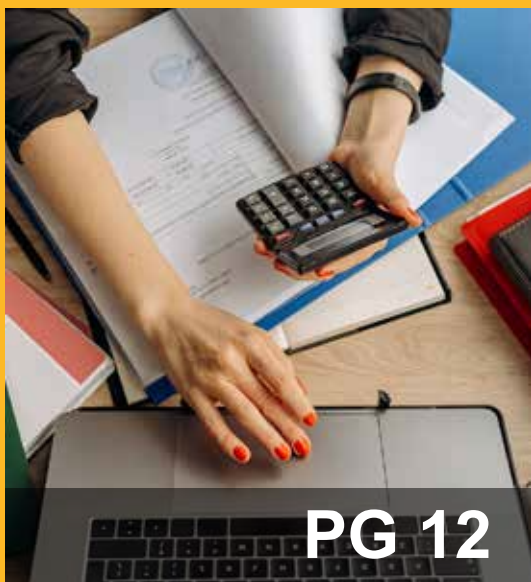
Enroll through your student portal.



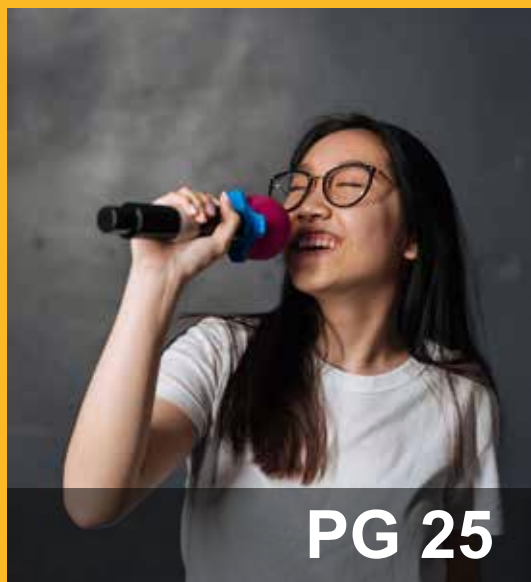
PG 21



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PG 12



PG 25



PG 22



PG 29

**LOS ANGELES VALLEY COLLEGE  
COMMUNITY SERVICES DEPARTMENT  
5800 Fulton Avenue  
Valley Glen, CA 91401-4096**

**Non-Profit  
Organization  
US Postage  
PAID  
Van Nuys, CA  
Permit No. 29**

**ECRWSS EDDM  
Residential Customer**

**Winter/Spring Classes**

**January-May 2023**

**Registration begins on December 1, 2022**

**PHONE: (818) 947-2577,x4172**

**FAX: (818) 947-2930**

**WEB: <https://lavalley.augusoft.net>**

**Catalog available in alternative medias**